



CARIBBEAN DOULA
for the bare necessities

Doula Services

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Birth Packages

\$350

5 WEEK PLANNED EDUCATIONAL SESSIONS

- Access to reading material during pregnancy
- Access to support equipment during pregnancy & labour
- Professional, in person, support during labour and birth with no time restrictions
- Bare Necessities Birth Memory Packet
- 2 Postpartum Home Visits

LABOUR SUPPORT ONLY

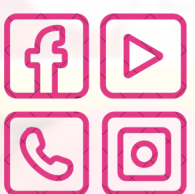
- Professional, in person, support during labour and birth with no time restrictions
- Access to support equipment during labour
- Bare Necessities Birth Memory Packet

\$150

Virtual Services

- Consultation (30 minutes) \$10
- Google Meet Video Chat (1 hour session) \$25
- Whatsapp Chat Companion (Monthly) \$20

Appointments Available on Website
Prices Quoted in US Currency



@caribbeandoula



www.caribbeandoula.com