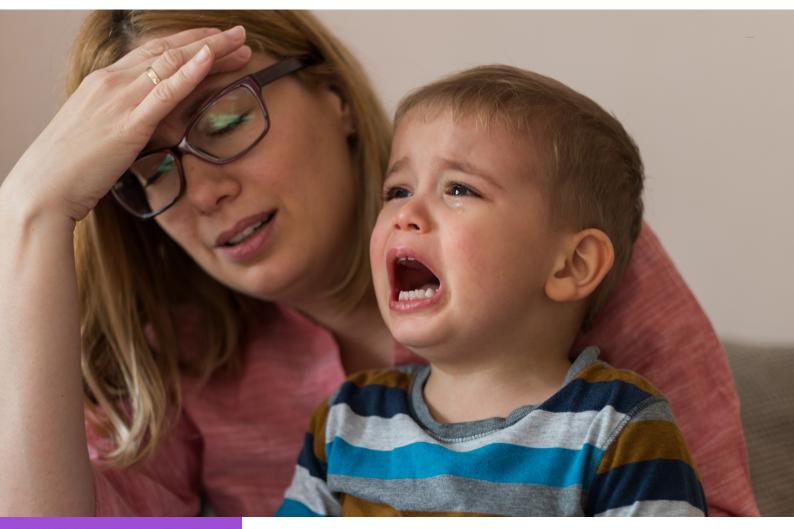
FAMILY CONNECTION



INSIDE LOOK

GREAT EXPECTATIONS: HOW SETTING EXPECTATIONS IMPROVES BEHAVIOR

JOIN OUR PARENTING PITFALLS WEBINAR OCTOBER 14

FAMILY TIPS - ON WSFL CHANNEL 39 - INSIDE SOUTH FLORIDA

BOOKWORMS STORYTIME ON FACEBOOK LIVE

PARENTING PITFALLS

SUPPORT FOR STRESSED
OUT MOMS AND DADS







JOIN ELC'S ALLISON METSCH FOR LIVE PARENTING TIPS

click here for a video preview

Early Learning Coalition of Broward & Broward Mom Collective Webinar

PARENTING PITFALLS

Thursday 10/14/21 - 8pm



- FIND 5 MINUTES OF PEACE
- TAKE CONTROL
- TALK TO KIDS TO ENCOURAGE
 COOPERATION AND LESS FUSSING





Expect the Unexpected

How **Settings Expectations** Improves Behavior

By Allison Metsch, Senior Director of Quality & Education, Broward ELC

- When you go into the **grocery store** with your daughter, **do you tell her what is expected of her beforehand?** For example, "Lakeisha, I am going to put you in the cart. Please keep your hands inside and when we get to the cereal aisle you can choose I cereal". Do you think she would behave differently without the plan and understanding what her limits are? Yes, of course she would.
- Without a plan, you will constantly react. Intentionally setting the tone, limits and behaviors is the way to teach.
- When giving your son a snack, don't ask what he wants. Offer him two choices. Would you like juice or milk? Would you like pretzels or crackers? This lets him feel some control.
- Haven't been to the dentist yet or in a while? Here's a way to start by setting your expectations. Pretend you are going and brush your teeth and have a check-up.
 Parents pretend to be the dentist and give a check up and then switch. Let your child be the dentist and examine you. Go to the library and get the book Daniel Goes to the Dentist.
 Look at the pictures and tell the story. Either way your child will know what is expected.
- Having a playdate with a friend? Talk to your child first about which toys he or she is
 okay with sharing. If there is a toy that is super special, put it away until the playdate is
 over.
- For more tips please register for:
- Parenting Pitfalls Webinar
- Thursday, October 14, 2021 8pm

Want fun & easy tips for the family?

Catch ELC on WSFL Channel 39 INSIDE SOUTH FLORIDA







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Join us for story time on Facebook Live Mondays, Wednesdays and Fridays at 9:30 am

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ENGLISH: MONDAYS & FRIDAYS | SPANISH: WEDNESDAYS HAITIAN CREOLE: FIRST FRIDAY OF EVERY MONTH

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Live Chat 8 am - 4:30 pm Weekdays https://www.elcbroward.org/live-chat

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