

VET MALE TEAM

	NUMBER	STAGE	RUNNER	GENDER	CLUB	TEAM	CATEGORY	RUN TIME	TEAM TIME
1	83	A	Josh Fitton	M	Lliswerry Runners	3 old gits and a newly wed	Vet Male (160+)	0:10:28	0:42:58
		B	Eddie Campbell-Adams	M	Lliswerry Runners			0:10:54	
		C	Richard Jones	M	Lliswerry Runners			0:10:30	
		D	Jeff Wherlock	M	Lliswerry Runners			0:11:06	
2	88	A	Luke Downing	M	San Domenico RC	San Domenico C	Vet Male (160+)	0:11:02	0:46:10
		B	Hywel Edwards	M	San Domenico RC			0:11:41	
		C	Phil Rees	M	San Domenico RC			0:12:19	
		D	Neil Williams	M	San Domenico RC			0:11:08	
3	27	A	Douglas Briggs	M	Chepstow Harriers	Chepstow Harriers	Vet Male (160+)	0:11:49	0:46:21
		B	Andy Hughes	M	Chepstow Harriers			0:12:10	
		C	James Tucker	M	Chepstow Harriers			0:11:27	
		D	James Blore	M	Chepstow Harriers			0:10:55	
4	40	A	Steven Duggan	M	Parc Bryn Bach RC	PBBRC Mens B	Vet Male (160+)	0:11:32	0:48:00
		B	Oliver Bracey	M	Parc Bryn Bach RC			0:11:59	
		C	Huw Steadman	M	Parc Bryn Bach RC			0:12:09	
		D	Martin Thomas	M	Parc Bryn Bach RC			0:12:20	
5	45	A	Patrick Jarvis	M	Parc Bryn Bach RC	PBBRC Paddy's extras	Vet Male (160+)	0:11:01	0:48:23
		B	Jason Nash	M	Parc Bryn Bach RC			0:12:51	
		C	Spencer Clease	M	Parc Bryn Bach RC			0:13:30	
		D	Daniel Bodman	M	Parc Bryn Bach RC			0:11:01	
6	53	A	Mark Burchell	M	Pontypool Triathlon and Endurance Club	Wrinkly runners	Vet Male (160+)	0:12:43	0:49:24
		B	Derek Paginton	M	Pontypool Triathlon and Endurance Club			0:14:21	
		C	David Jenkins	M	Pontypool Triathlon and Endurance Club			0:10:51	
		D	Hopkins Craig	M	Pontypool Triathlon and Endurance Club			0:11:29	
7	77	A	Thomas Rees-Gralton	M	Safran RCC	Safran Team 3	Vet Male (160+)	0:12:01	0:51:08
		B	Harish Rama	M	Safran RCC			0:13:43	
		C	Richard Hopcraft	M	Safran RCC			0:14:03	
		D	Tom Jeffery	M	Safran RCC			0:11:21	
8	41	A	Mark Griffiths	M	Parc Bryn Bach RC	PBBRC Mens D	Vet Male (160+)	0:13:09	0:51:55
		B	Steve Wiles	M	Parc Bryn Bach RC			0:13:54	
		C	Nick Osman	M	Parc Bryn Bach RC			0:12:39	
		D	Karl Coughlin	M	Parc Bryn Bach RC			0:12:13	
9	34	A	Spencer Clease	M	Parc Bryn Bach	PBBRC Mens C	Vet Male (160+)	0:12:36	0:52:46
		B	Christian Murphy	M	Parc Bryn Bach			0:12:27	
		C	Stephen Price	M	Parc Bryn Bach			0:14:08	
		D	Scott Greaves	M	Parc Bryn Bach			0:13:35	
10	69	A	Neil Profit	M	Islwyn RC	Islwyn C	Vet Male (160+)	0:12:27	0:53:03
		B	Dai Hamm	M	Islwyn RC			0:13:29	
		C	Dan Rees	M	Islwyn RC			0:12:10	
		D	Matt Clark	M	Islwyn RC			0:14:57	
11	21	A	Josh Green	M	Lliswerry Runners	Lliswerry C	Vet Male (160+)	0:14:29	0:53:56
		B	Chris Potter	M	Lliswerry Runners			0:12:37	
		C	John Foster	M	Lliswerry Runners			0:13:18	
		D	Rob Davies	M	Lliswerry Runners			0:13:32	
12	32	A	Matthew Lloyd	M	Fairwater Runners	Cwmbran Younger Men	Vet Male (160+)	0:12:33	0:55:20
		B	Ieuan Kingston	M	Fairwater Runners			0:14:20	
		C	Stuart Ball	M	Fairwater Runners			0:13:17	
		D	Ian Smith	M	Fairwater Runners			0:15:10	

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	NUMBER	STAGE	RUNNER	GENDER	CLUB	TEAM	CATEGORY	RUN TIME	TEAM TIME
13	62	A	Andrew Spencer	M	Griffithstown Harriers	Griff 6	Vet Male (160+)	0:14:24	0:57:41
		B	Colin Wilmott	M	Griffithstown Harriers			0:14:19	
		C	Paul Watkins	M	Griffithstown Harriers			0:14:06	
		D	John Doolan	M	Griffithstown Harriers			0:14:52	
14	29	A	Alan Legge	M	Fairwater Runners	Cwmbran Men	Vet Male (160+)	0:14:07	0:58:18
		B	Mike Skyrme	M	Fairwater Runners			0:13:43	
		C	Danny	M	Guest of Fairwater Runners			0:14:20	
		D	Andy Baker	M	Fairwater Runners			0:16:08	
15	44	A	James Langridge-Thomas	M	Parc Bryn Bach RC	PBBRC Mens E	Vet Male (160+)	0:17:09	0:58:40
		B	Jason Lewis	M	Parc Bryn Bach RC			0:13:13	
		C	Ian Line	M	Parc Bryn Bach RC			0:13:46	
		D	Matthew Berryman	M	Parc Bryn Bach RC			0:14:32	
16	48	A	Martin Croucher	M	RUNNewport	RUNNewport 2	Vet Male (160+)	0:14:11	0:59:29
		B	Morian Williams	M	RUNNewport			0:14:36	
		C	Rhys Thurstson	M	RUNNewport			0:13:48	
		D	Michael Waters	M	RUNNewport			0:16:54	
17	3	A	Tom Annetts	M	Chepstow Harriers	Sweat and Tears	Vet Male (160+)	0:14:31	0:59:35
		B	Andrew Wall	M	Chepstow Harriers			0:14:40	
		C	Christopher Cox	M	Chepstow Harriers			0:15:05	
		D	Joff Phelps	M	Chepstow Harriers			0:15:19	
18	31	A	Phillip Allsopp	M	Fairwater Runners	Cwmbran Older Men	Vet Male (160+)	0:14:56	0:59:35
		B	Richard Bowie	M	Fairwater Runners			0:16:35	
		C	Rob Symons	M	Guest of Fairwater Runners			0:13:01	
		D	Stephen Williams	M	Fairwater Runners			0:15:03	
19	64	A	Craig Ward	M	Islwyn RC	Islwyn E	Vet Male (160+)	0:14:22	1:01:29
		B	Paul Brookes	M	Islwyn RC			0:14:15	
		C	Neill Parker	M	Islwyn RC			0:16:11	
		D	Simon Johnson	M	Islwyn RC			0:16:41	
20	43	A	Matthew Harvey-Knowles	M	Parc Bryn Bach RC	PBBRC Mens F	Vet Male (160+)	0:16:05	1:03:10
		B	Vincent Gregory	M	Parc Bryn Bach RC			0:15:41	
		C	Bob Craft	M	Parc Bryn Bach RC			0:15:17	
		D	Gareth Williams	M	Parc Bryn Bach RC			0:16:07	
21	81	A	Kerry Morgan	M	Safran RCC	Safran Team 5	Vet Male (160+)	0:16:22	1:04:09
		B	Prasanth Sripathi	M	Safran RCC			0:14:06	
		C	Vikram Vhanmane	M	Safran RCC			0:17:12	
		D	Mark Williams	M	Safran RCC			0:16:29	
22	82	A	Stuart Jones	M	Safran RCC	Safran Team 6	Vet Male (160+)	0:18:19	1:08:00
		B	David Llewellyn	M	Safran RCC			0:17:55	
		C	Pedro Davies	M	Safran RCC			0:15:13	
		D	Remi Blanc	M	Safran RCC			0:16:33	
23	23	A	Chris Hill	M	Lliswerry Runners	Lliswerry E	Vet Male (160+)	0:18:30	1:09:41
		B	Ken Goodger	M	Lliswerry Runners			0:18:42	
		C	Ian Macrory	M	Lliswerry Runners			0:16:33	
		D	Mike Williams	M	Lliswerry Runners			0:15:56	