

### Coity Results 2016 (anti clockwise)

Position	Time	Number	Name	Category	Club	Prize
1	40.35	188	Ben Sinclair	SM	Pont-y-Pwl	1st Overall
2	40.49	198	Richie Johnson	M40+	Mynydd Du	2nd Overall
3	41.22	191	Alun Wood	SM	Mynydd Du	3rd Overall
4	42.18	187	Mark Burley	SM	M.D.C	
5	43.57	174	Donovan Williams-Hale	SM	Bridgend AC	
6	43.59	197	Steve Davies	M50	Pont-y-Pwl	1st MV50
7	45.00	240	Thomas Mollekin	SM	Mynydd Du	
8	45.03	176	John Aggleton	M60+	MDC	1st MV60
9	45.27	190	Evan Ryan	SM		
10	45.41	248	Andrew Dickens	M40+	Mynydd Du	1st MV40
11	46.27	186	Simon Davies	M40+		2nd MV40
12	46.35	244	Michael Vaughan	SM		
13	46.55	173	Dave Austin	M40+	Chepstow Harriers	3rd MV40
14	47.42	194	Andrew Jones	M40+	Parc Bryn Bach	
15	47.51	249	Lou Summers	F40	Pont-y-Pwl	1st Overall
16	49.33	189	Sammi Toop	SF	Pont-y-Pwl	
17	49.57	175	Lisa Erickson	SF	Pont-y-Pwl	
18	52.48	195	Keith Langley	M60+	Pont-y-Pwl	2nd MV60
19	53.14	183	Anne Marie Harris	F40	Mynydd Du	1st FV40
20	53.51	192	Paul Grainger Jones	M40+	Mynydd Du	
21	53.54	247	Steven Hepton	SM		
22	53.59	241	Martyn Jenkins	M50	Fairwater	2nd MV50
23	54.16	242	Fraser Stephens	M40+	SWOC	
24	54.19	184	Dean Arnold	M40+	Pont-y-Pwl	
25	54.45	236	Carl Roberts	SM	Pont-y-Pwl	
26	55.53	237	David Lewis	M50		3rd MV50
27	56.00	239	Jeanette Jenkins	F50	Fairwater	1st FV50
28	56.01	245	Duncan Innes	M50	SWOC	
29	56.15	246	Christine Farr	M40+	SWOC	
30	56.35	200	Wyn Davies	M50	Mynydd Du	
31	56.46	172	Nicola Smith	F50	Pont-y-Pwl	2nd FV50
32	57.43	243	Alex McCartly	SM		
33	57.50	182	Nigel Baker	M70	Pont-y-Pwl	1st MV70
34	57.54	181	Paul Symons	M50		
35	58.08	196	Katie Allen	F40	Pont-y-Pwl	2nd FV40

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36	64.27	193	Becca Gledhill	SF	Pont-y-Pwl	
37	65.08	178	Denise Hadikate	F40	Islwyn	3rd FV40
38	65.37	177	Vicki Jones	F40	Islwyn	
39	67.22	179	James Davies	SM		
40	69.22	185	Les Pugh	M60+	M.D.C	3rd MV60
41	70.03	238	Jenny Price	SF	Pont-y-Pwl	
42	70.10	199	Matt Levan	SM		
43	70.54	180	Chris Davies	M50		