

VET MALE TEAM

	NUMBER	STAGE	RUNNER	GENDER	CLUB	TEAM	CATEGORY	FINISH TIME	RUN TIME	TEAM TIME
1	53	A	Robert Pritchard	M	Llisbury Runners	Sticky toffee pudding club	Vet Male (160+)	0:10:59	0:10:59	0:41:51
	53	B	Toby Jones	M	Llisbury Runners	Sticky toffee pudding club	Vet Male (160+)	0:21:27	0:10:28	0:41:51
	53	C	Eddie Campbell - Adam's	M	Llisbury Runners	Sticky toffee pudding club	Vet Male (160+)	0:31:53	0:10:26	0:41:51
	53	D	Lloyd Cottrell	M	Llisbury Runners	Sticky toffee pudding club	Vet Male (160+)	0:41:51	0:09:58	0:41:51
2	37	A	Andrew Stamp	M	Griffithstown Harriers	Griffs Relay Rockets	Vet Male (160+)	0:11:45	0:11:45	0:46:24
	37	B	Shane Roberts	M	Griffithstown Harriers	Griffs Relay Rockets	Vet Male (160+)	0:23:39	0:11:54	0:46:24
	37	C	Craig Cheedy	M	Griffithstown Harriers	Griffs Relay Rockets	Vet Male (160+)	0:34:53	0:11:14	0:46:24
	37	D	Gareth Knight	M	Griffithstown Harriers	Griffs Relay Rockets	Vet Male (160+)	0:46:24	0:11:31	0:46:24
3	13	A	Leighton Everett	M	Caerleon RC	Scrambled Legs	Vet Male (160+)	0:12:42	0:12:42	0:46:44
	13	B	Matt Tooby	M	Caerleon RC	Scrambled Legs	Vet Male (160+)	0:24:20	0:11:38	0:46:44
	13	C	Matt Turner	M	Caerleon RC	Scrambled Legs	Vet Male (160+)	0:35:37	0:11:17	0:46:44
	13	D	Tom Newman	M	Caerleon RC	Scrambled Legs	Vet Male (160+)	0:46:44	0:11:07	0:46:44
4	80	A	James Arnold	M	Pont-y-Pwl & District	Tricky Ricci's	Vet Male (160+)	0:13:28	0:13:28	0:47:41
	80	B	Andrei Arcana	M	Pont-y-Pwl & District	Tricky Ricci's	Vet Male (160+)	0:25:01	0:11:33	0:47:41
	80	C	Adam Grey	M	Pont-y-Pwl & District	Tricky Ricci's	Vet Male (160+)	0:36:23	0:11:22	0:47:41
	80	D	Ricci Watts	M	Pont-y-Pwl & District	Tricky Ricci's	Vet Male (160+)	0:47:41	0:11:18	0:47:41
5	40	A	Jon Lewis	M	Griffithstown Harriers	The Team to Beat	Vet Male (160+)	0:13:08	0:13:08	0:49:34
	40	B	Ben Chard	M	Griffithstown Harriers	The Team to Beat	Vet Male (160+)	0:25:29	0:12:21	0:49:34
	40	C	Mark Burchell	M	Griffithstown Harriers	The Team to Beat	Vet Male (160+)	0:37:51	0:12:22	0:49:34
	40	D	John Williams	M	Griffithstown Harriers	The Team to Beat	Vet Male (160+)	0:49:34	0:11:43	0:49:34
6	79	A	Shane Baker	M	Pont-y-Pwl & District	Baker's not quite dozen	Vet Male (160+)	0:12:31	0:12:31	0:52:05
	79	B	Dan Mutlow	M	Pont-y-Pwl & District	Baker's not quite dozen	Vet Male (160+)	0:25:37	0:13:06	0:52:05
	79	C	Adrian Murkin	M	Pont-y-Pwl & District	Baker's not quite dozen	Vet Male (160+)	0:38:56	0:13:19	0:52:05
	79	D	Lee Harvey	M	Pont-y-Pwl & District	Baker's not quite dozen	Vet Male (160+)	0:52:05	0:13:09	0:52:05
7	77	A	Nathan Maloney	M	Pont-y-Pwl & District	Archie's Ard Un's	Vet Male (160+)	0:12:03	0:12:03	0:52:21
	77	B	Aaron Bainton	M	Pont-y-Pwl & District	Archie's Ard Un's	Vet Male (160+)	0:27:50	0:15:47	0:52:21
	77	C	Archie Davies	M	Pont-y-Pwl & District	Archie's Ard Un's	Vet Male (160+)	0:39:39	0:11:49	0:52:21
	77	D	Dave Richardson	M	Pont-y-Pwl & District	Archie's Ard Un's	Vet Male (160+)	0:52:21	0:12:42	0:52:21
8	75	A	Martin Hamm	M	Yate & Sodbury Striders	YASS Gentlemen Athletes	Vet Male (160+)	0:12:29	0:12:29	0:52:58
	75	B	Graham Bath	M	Yate & Sodbury Striders	YASS Gentlemen Athletes	Vet Male (160+)	0:27:11	0:14:42	0:52:58
	75	C	Dale Webb	M	Yate & Sodbury Striders	YASS Gentlemen Athletes	Vet Male (160+)	0:40:45	0:13:34	0:52:58
	75	D	Chris Britten	M	Yate & Sodbury Striders	YASS Gentlemen Athletes	Vet Male (160+)	0:52:58	0:12:13	0:52:58
9	18	A	Ian Davies	M	Caerleon RC	Caerleon Cadence Crusaders	Vet Male (160+)	0:13:31	0:13:31	0:55:53
	18	B	Paul Adams	M	Caerleon RC	Caerleon Cadence Crusaders	Vet Male (160+)	0:28:00	0:14:29	0:55:53
	18	C	Phil Cummings	M	Caerleon RC	Caerleon Cadence Crusaders	Vet Male (160+)	0:42:12	0:14:12	0:55:53
	18	D	Gareth Hart	M	Caerleon RC	Caerleon Cadence Crusaders	Vet Male (160+)	0:55:53	0:13:41	0:55:53
10	50	A	Nicholas Walsh	M	Griffithstown Harriers	Double Century	Vet Male (160+)	0:13:29	0:13:29	0:56:05
	50	B	Adrian Parry Welson	M	Griffithstown Harriers	Double Century	Vet Male (160+)	0:26:56	0:13:27	0:56:05
	50	C	Thomas Guy	M	Griffithstown Harriers	Double Century	Vet Male (160+)	0:41:23	0:14:27	0:56:05
	50	D	Paul Watkins	M	Griffithstown Harriers	Double Century	Vet Male (160+)	0:56:05	0:14:42	0:56:05

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11	46 A		Mark Prosser	M	Fairwater Runners	Fairwater Male Runners 1	Vet Male (160+)	0:14:04	0:14:04	0:56:15
	46 B		Peter Jones	M	Fairwater Runners	Fairwater Male Runners 1	Vet Male (160+)	0:29:27	0:15:23	0:56:15
	46 C		Matthew Lloyd	M	Fairwater Runners	Fairwater Male Runners 1	Vet Male (160+)	0:42:20	0:12:53	0:56:15
	46 D		Stuart Ball	M	Fairwater Runners	Fairwater Male Runners 1	Vet Male (160+)	0:56:15	0:13:55	0:56:15
12	48 A		Stephen Smith	M	Fairwater Runners	Fairwater Male Runners 3	Vet Male (160+)	0:13:03	0:13:03	0:56:21
	48 B		Stephen Williams	M	Fairwater Runners	Fairwater Male Runners 3	Vet Male (160+)	0:26:49	0:13:46	0:56:21
	48 C		Richard Bowie	M	Fairwater Runners	Fairwater Male Runners 3	Vet Male (160+)	0:42:42	0:15:53	0:56:21
	48 D		Ryan Martin	M	Fairwater Runners	Fairwater Male Runners 3	Vet Male (160+)	0:56:21	0:13:39	0:56:21
13	6 A		Keith Davies	M	Islwyn RC	Islwyn F	Vet Male (160+)	0:15:16	0:15:16	0:57:03
	6 B		Craig Ward	M	Islwyn RC	Islwyn F	Vet Male (160+)	0:29:29	0:14:13	0:57:03
	6 C		Dai Hamm	M	Islwyn RC	Islwyn F	Vet Male (160+)	0:42:33	0:13:04	0:57:03
	6 D		Aled Wynne	M	Islwyn RC	Islwyn F	Vet Male (160+)	0:57:03	0:14:30	0:57:03
14	54 A		Richard Jones	M	Griffithstown Harriers	The Legion Of Doom	Vet Male (160+)	0:12:37	0:12:37	0:57:08
	54 B		Josh Reynolds	M	Griffithstown Harriers	The Legion Of Doom	Vet Male (160+)	0:25:48	0:13:11	0:57:08
	54 C		Paul Hancox	M	Griffithstown Harriers	The Legion Of Doom	Vet Male (160+)	0:42:17	0:16:29	0:57:08
	54 D		Reg King	M	Griffithstown Harriers	The Legion Of Doom	Vet Male (160+)	0:57:08	0:14:51	0:57:08
15	33 A		Martin Croucher	M	RuNNewport	RuNNewport 2	Vet Male (160+)	0:14:58	0:14:58	0:57:46
	33 B		Julian Taylor	M	RuNNewport	RuNNewport 2	Vet Male (160+)	0:30:12	0:15:14	0:57:46
	33 C		Morian Williams	M	RuNNewport	RuNNewport 2	Vet Male (160+)	0:44:41	0:14:29	0:57:46
	33 D		Iestyn Perham	M	RuNNewport	RuNNewport 2	Vet Male (160+)	0:57:46	0:13:05	0:57:46
16	26 A		Terry White	M	Griffithstown Harriers	Thigh Anxiety	Vet Male (160+)	0:14:15	0:14:15	0:58:48
	26 B		Adrian Orringe	M	Griffithstown Harriers	Thigh Anxiety	Vet Male (160+)	0:27:56	0:13:41	0:58:48
	26 C		Peter Welbirg	M	Griffithstown Harriers	Thigh Anxiety	Vet Male (160+)	0:42:24	0:14:28	0:58:48
	26 D		Barrie Parham	M	Griffithstown Harriers	Thigh Anxiety	Vet Male (160+)	0:58:48	0:16:24	0:58:48
17	47 A		Rob Symons	M	Fairwater Runners	Fairwater Male Runners 2	Vet Male (160+)	0:13:27	0:13:27	0:59:33
	47 B		Stewart Seaborne	M	Fairwater Runners	Fairwater Male Runners 2	Vet Male (160+)	0:29:50	0:16:23	0:59:33
	47 C		Phillip Allsopp	M	Fairwater Runners	Fairwater Male Runners 2	Vet Male (160+)	0:44:33	0:14:43	0:59:33
	47 D		Andy Baker	M	Fairwater Runners	Fairwater Male Runners 2	Vet Male (160+)	0:59:33	0:15:00	0:59:33
18	41 A		Christopher Hill	M	Llswerry Runners	The Tantive IV	Vet Male (160+)	0:17:39	0:17:39	1:07:12
	41 B		Steve Crowther	M	Llswerry Runners	The Tantive IV	Vet Male (160+)	0:35:44	0:18:05	1:07:12
	41 C		Ian Macrory	M	Llswerry Runners	The Tantive IV	Vet Male (160+)	0:53:01	0:17:17	1:07:12
	41 D		Mark Breese	M	Llswerry Runners	The Tantive IV	Vet Male (160+)	1:07:12	0:14:11	1:07:12