

VET MIXED TEAM

	NUMBER	STAGE	RUNNER	GENDER	CLUB	TEAM	CATEGORY	RUN TIME	TEAM TIME
1	6	A	Tom Newman	M	Caerleon RC	Suicide quads	Vet Mixed 2x2 (150+)	0:10:54	0:48:13
		B	Emily Laing	F	Caerleon RC			0:12:35	
		C	Matt Turner	M	Caerleon RC			0:11:59	
		D	Lowenna Huggins	F	Caerleon RC			0:12:45	
2	13	A	Andy Creber	M	Almost Parc Bryn Bach	Unfinished business - Three swifts and a cuckoo	Vet Mixed 2x2 (150+)	0:13:31	0:48:24
		B	Clare Patterson	F	Parc Bryn Bach RC			0:12:20	
		C	Kani Hinshelwood	F	Parc Bryn Bach RC			0:12:18	
		D	Jon Like	M	Parc Bryn Bach RC			0:10:15	
3	1	A	Cherry Fowler	F	Chepstow Harriers	Chepstow Mixed Oldies	Vet Mixed 2x2 (150+)	0:12:24	0:50:57
		B	Paul Dodd	M	Chepstow Harriers			0:12:14	
		C	Jan Morris	F	Chepstow Harriers			0:14:34	
		D	Tony Marshall	M	Chepstow Harriers			0:11:45	
4	9	A	Matthew Mulcahy	M	Caerleon RC	Caerleon Titans	Vet Mixed 2x2 (150+)	0:13:05	0:56:33
		B	Liz Sims	F	Caerleon RC			0:15:08	
		C	Abbie Thomas	F	Caerleon RC			0:14:51	
		D	Philip Hyatt	M	Caerleon RC			0:13:29	
5	17	A	Thomas Riddington	M	Chepstow Harriers	Loony Legs	Vet Mixed 2x2 (150+)	0:14:03	0:57:19
		B	Andrew Oliver	M	Chepstow Harriers			0:13:45	
		C	Louise Crockett	F	Chepstow Harriers			0:15:20	
		D	Jane Roscoe	F	Chepstow Harriers			0:14:11	
6	58	A	Sarah Roberts	F	Griffithstown Harriers	Griff 3	Vet Mixed 2x2 (150+)	0:14:28	0:59:32
		B	Shane Roberts	M	Griffithstown Harriers			0:12:11	
		C	Shane Matthews	M	Griffithstown Harriers			0:14:53	
		D	Jo Paling	F	Griffithstown Harriers			0:18:00	
7	11	A	Aneulu Cornel Pirvu	M	Caerleon RC	Caerleon Centurions	Vet Mixed 2x2 (150+)	0:14:50	0:59:37
		B	Emily Taylor	F	Caerleon RC			0:17:28	
		C	Siwan Purkis	F	Caerleon RC			0:14:06	
		D	Christian Ford	M	Caerleon RC			0:13:13	
8	89	A	Niall Hughes	M	San Domenico RC	San Domenico D	Vet Mixed 2x2 (150+)	0:14:46	1:00:39
		B	Hannah Withers	F	San Domenico RC			0:16:25	
		C	Armanda Rees-Van-Wolferen	F	San Domenico RC			0:16:07	
		D	Ben Gooding	M	San Domenico RC			0:13:21	
9	10	A	Phil Cummings	M	Caerleon RC	Caerleon gladiators	Vet Mixed 2x2 (150+)	0:14:18	1:01:38
		B	Yangi Vundamina	F	Caerleon RC			0:15:43	
		C	Tammy Fry	F	Caerleon RC			0:14:25	
		D	Gulesh Kumar	M	Caerleon RC			0:17:12	
10	26	A	Cheryl Jones	F	Lliswerry Runners	Lliswerry H	Vet Mixed 2x2 (150+)	0:16:39	1:02:48
		B	Zoe Elver	F	Lliswerry Runners			0:17:09	
		C	John Maloney	M	Lliswerry Runners			0:16:00	
		D	Michael Hajdon	M	Lliswerry Runners			0:13:00	
11	18	A	Denise Evans	F	Chepstow Harriers	A&E	Vet Mixed 2x2 (150+)	0:16:06	1:03:32
		B	Michael Evans	M	Chepstow Harriers			0:15:03	
		C	Barry Evans	M	Chepstow Harriers			0:14:56	
		D	Brenda Avery	F	Chepstow Harriers			0:17:27	
12	33	A	Sheree Mann	F	Fairwater Runners	Cwmbran Mixture	Vet Mixed 2x2 (150+)	0:19:17	1:05:38
		B	Mark Prosser	M	Fairwater Runners			0:14:39	
		C	Stephen Smith	M	Fairwater Runners			0:13:50	
		D	Alison Davis	F	Fairwater Runners			0:17:52	

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13	78	A	Julian Guy	M	Safran RCC	Safran Team 1	Vet Mixed 2x2 (150+)	0:16:55	1:07:57
	B	Claire Rennie	F	Safran RCC	0:18:30				
	C	Alex Medicke	M	Safran RCC	0:13:16				
	D	Natalie Tanner	F	Safran RCC	0:19:16				
14	50	A	Clare Roberts	F	RUNNewport	RUNNewport 4	Vet Mixed 2x2 (150+)	0:17:03	1:08:34
	B	Nicola Dando	F	RUNNewport	0:16:59				
	C	Lee Oakey	M	RUNNewport	0:17:41				
	D	Julian Taylor	M	RUNNewport	0:16:51				
15	55	A	Sarah Gunn	F	Caldicot Running Club	Goldilocks and the 3 Queers	Vet Mixed 2x2 (150+)	0:18:51	1:13:05
	B	Alasdair Stewart	M	Caldicot Running Club	0:16:38				
	C	Hannah Bradley	F	Caldicot Running Club	0:20:04				
	D	Borja Lazaro Toralles	M	Caldicot Running Club	0:17:32				
16	7	A	Steve Dance	M	Caerleon RC	Caerleon Trojans	Vet Mixed 2x2 (150+)	0:20:08	1:13:45
	B	Ffion Morgan	F	Caerleon RC	0:16:29				
	C	Dave Davies	M	Caerleon RC	0:18:44				
	D	Charlotte Leigh	F	Caerleon RC	0:18:24				
17	79	A	Phil Hopkins	M	Safran RCC	Safran Team 2	Vet Mixed 2x2 (150+)	0:18:03	1:14:46
	B	Lisa Fotune	F	Safran RCC	0:21:13				
	C	Nick Monk	M	Safran RCC	0:14:52				
	D	Jessica Hargrave	F	Safran RCC	0:20:38				
18	92	A	Helen Clancy	F	Chepstow Harriers	Tail Runners	Vet Mixed 2x2 (150+)	0:19:38	1:24:21
	B	Sean Clancy	M	Chepstow Harriers	0:26:49				
	C	Graham Taylor	M	Chepstow Harriers	0:17:54				
	D	Rebecca Lane	F	Chepstow Harriers	0:20:00				
19	2	A	Geoff Bayliss	M	Chepstow Harriers	296 and still counting	Vet Mixed 2x2 (150+)	0:26:11	1:24:30
	B	Jane Bayliss	F	Chepstow Harriers	0:19:48				
	C	Margret Griffiths	F	Chepstow Harriers	0:22:31				
	D	Paul Griffiths	M	Chepstow Harriers	0:16:00				