

VET FEMALE TEAM

	NUMBER	STAGE	RUNNER	GENDER	CLUB	TEAM	CATEGORY	RUN TIME	TEAM TIME
1	14	A	Sarah Bell	F	Chepstow Harriers	Chepstow Harri-dans	Vet Female (140+)	0:12:30	0:51:31
		B	Niki Morgan	F	Chepstow Harriers			0:12:52	
		C	Lisa Jeffrey	F	Chepstow Harriers			0:13:44	
		D	Kathy Stringer	F	Chepstow Harriers			0:12:25	
2	37	A	Kani Hinshelwood	F	Parc Bryn Bach RC	PBBRC Womens B	Vet Female (140+)	0:12:15	0:53:17
		B	Sarah Jeremiah	F	Parc Bryn Bach RC			0:13:53	
		C	Jo Kilby	F	Parc Bryn Bach RC			0:14:14	
		D	Kimberley Price	F	Parc Bryn Bach RC			0:12:55	
3	5	A	Elizabeth Richards	F	Caerleon RC	Caerleon warriors	Vet Female (140+)	0:13:55	0:54:03
		B	Avisa Talemi	F	Caerleon RC			0:13:53	
		C	Lauren Williams	F	Caerleon RC			0:13:23	
		D	Jade Wakley	F	Caerleon RC			0:12:52	
4	67	A	Melissa Morgan	F	Islwyn RC	Islwyn B	Vet Female (140+)	0:13:30	0:56:50
		B	Billie Mcgourlick	F	Islwyn RC			0:13:03	
		C	Sarah Davies	F	Islwyn RC			0:15:29	
		D	Michelle Johnson	F	Islwyn RC			0:14:48	
5	46	A	Julia Bajjada	F	Chepstow Harriers	The Harlyn Trotters	Vet Female (140+)	0:13:40	1:00:01
		B	Kim Carwardine	F	Chepstow Harriers			0:16:03	
		C	Ruth Richardson	F	Chepstow Harriers			0:14:55	
		D	Bridget Davies	F	Chepstow Harriers			0:15:23	
6	97	A	Marissa Benjamin	F	Pontypool & District	Pooler Ladies Vet 2	Vet Female (140+)	0:14:51	1:00:32
		B	Louise Bright	F	Pontypool & District			0:15:26	
		C	Michelle Deal	F	Pontypool & District			0:12:44	
		D	Tracy Baker	F	Pontypool & District			0:17:31	
7	25	A	Jacqueline Davidge	F	Lliswerry Runners	Lliswerry G	Vet Female (140+)	0:15:37	1:02:17
		B	Karen Day	F	Lliswerry Runners			0:14:56	
		C	Jane Lewis	F	Lliswerry Runners			0:15:47	
		D	Leanne Westacott	F	Lliswerry Runners			0:15:57	
8	30	A	Megan Jackson	F	Fairwater Runners	Cwmbran Ladies	Vet Female (140+)	0:15:24	1:02:27
		B	Meghan Brickley	F	Fairwater Runners			0:16:02	
		C	Laura Grey	F	Fairwater Runners			0:15:59	
		D	Leonie Roberts	F	Fairwater Runners			0:15:02	
9	38	A	Sarah Aylett	F	Parc Bryn Bach RC	PBBRC Womens C	Vet Female (140+)	0:15:14	1:03:24
		B	Maria Meredith	F	Parc Bryn Bach RC			0:15:58	
		C	Samantha Bills	F	Parc Bryn Bach RC			0:14:52	
		D	Laura Pinney	F	Parc Bryn Bach RC			0:17:20	
10	4	A	Antoinette Burrows	F	Chepstow Harriers	Haphazard Harriers	Vet Female (140+)	0:16:08	1:05:25
		B	Jennifer Harding	F	Chepstow Harriers			0:18:12	
		C	Lindsey Coode	F	Chepstow Harriers			0:16:46	
		D	Charlotte Giles	F	Chepstow Harriers			0:14:19	
11	96	A	Michelle Gooch	F	Pontypool & District	Pooler Ladies Vet 1	Vet Female (140+)	0:14:48	1:05:50
		B	Karen Southgate	F	Pontypool & District			0:15:09	
		C	Sarah Hiron	F	Pontypool & District			0:19:30	
		D	Kate Black	F	Pontypool & District			0:16:23	
12	66	A	Fiona Wakley	F	Islwyn RC	Islwyn D	Vet Female (140+)	0:18:13	1:05:58
		B	Louise Saddler	F	Islwyn RC			0:16:01	
		C	Kelly Hall	F	Islwyn RC			0:16:03	
		D	Sheryl Clark	F	Islwyn RC			0:15:41	

VET FEMALE TEAM

	NUMBER	STAGE	RUNNER	GENDER	CLUB	TEAM	CATEGORY	RUN TIME	TEAM TIME
13	98	A	Marian Grace	F	Yate & Sodbury Striders	Yate & Sodbury Striders	Vet Female (140+)	0:15:00	1:06:02
		B	Caroline Lavis	F	Yate & Sodbury Striders			0:15:26	
		C	Vanessa Israel	F	Yate & Sodbury Striders			0:18:05	
		D	Liz Lewis	F	Yate & Sodbury Striders			0:17:31	
14	68	A	Kirsty Hotham Morgan	F	Islwyn RC	Islwyn F	Vet Female (140+)	0:17:47	1:07:10
		B	Lauren Holtham Morgan	F	Islwyn RC			0:16:42	
		C	Emma Larson	F	Islwyn RC			0:16:05	
		D	Amanda Horton	F	Islwyn RC			0:16:36	
15	60	A	Helen Wilcox	F	Caldicot Running Club	The Hot Flashes	Vet Female (140+)	0:17:38	1:09:30
		B	Angela Phillips	F	Caldicot Running Club			0:17:53	
		C	Keila Mayo	F	Caldicot Running Club			0:16:42	
		D	Sue Pant	F	Caldicot Running Club			0:17:17	
16	16	A	Jane Rymer	F	Chepstow Harriers	All tapped out	Vet Female (140+)	0:19:18	1:10:54
		B	Lisa Riddington	F	Chepstow Harriers			0:18:30	
		C	Pam Suter	F	Chepstow Harriers			0:16:04	
		D	Jenni Bell	F	Chepstow Harriers			0:17:02	
17	95	A	Eigen Halpin	F	Pontypool & District	Pooler Super Sue's Club	Vet Female (140+)	0:18:15	1:11:39
		B	Susan Lawrence	F	Pontypool & District			0:20:04	
		C	Wendy Morgan	F	Pontypool & District			0:18:07	
		D	Marrisa Benjamin	F	Pontypool & District			0:15:13	
18	56	A	Anna Wilkinson	F	Griffithstown Harriers	Griff 1	Vet Female (140+)	0:17:04	1:11:45
		B	Rachel Jones	F	Griffithstown Harriers			0:17:02	
		C	Mikiko Minty	F	Griffithstown Harriers			0:15:47	
		D	Gaynor Watkins	F	Griffithstown Harriers			0:21:52	
19	42	A	Ceri Caswell	F	Parc Bryn Bach RC	PBBRC Womens E	Vet Female (140+)	0:17:06	1:12:32
		B	Sian Steadman	F	Parc Bryn Bach RC			0:18:59	
		C	Beth James	F	Parc Bryn Bach RC			0:18:36	
		D	Jessica James	F	Parc Bryn Bach RC			0:17:51	
20	51	A	Joanne Smith	F	RUNNewport	RUNNewport 5	Vet Female (140+)	0:18:14	1:12:43
		B	Gillian Lewis	F	RUNNewport			0:19:16	
		C	Lynne Williams	F	RUNNewport			0:16:55	
		D	Katrina Soper	F	RUNNewport			0:18:18	
21	39	A	Kath Wiles	F	Parc Bryn Bach RC	PBBRC Womens D	Vet Female (140+)	0:16:53	1:15:08
		B	Cath Price	F	Parc Bryn Bach RC			0:17:29	
		C	Cheryl Cross	F	Parc Bryn Bach RC			0:22:00	
		D	Sarah Eaton	F	Parc Bryn Bach RC			0:18:46	
22	8	A	Barbara Maddison	F	Chepstow Harriers	Sole Sisters	Vet Female (140+)	0:16:59	1:17:50
		B	Corinna Tannian	F	Chepstow Harriers			0:19:37	
		C	Wendy Briggs	F	Chepstow Harriers			0:19:55	
		D	Kate Webster	F	Chepstow Harriers			0:21:19	
23	15	A	Anne Jenner	F	Chepstow Harriers	MADGe	Vet Female (140+)	0:20:54	1:18:48
		B	Deb Franklin	F	Chepstow Harriers			0:20:26	
		C	Michelle Treacy	F	Chepstow Harriers			0:17:53	
		D	Gill Ellis	F	Chepstow Harriers			0:19:35	
24	20	A	Suzanne Taylor	F	Lliswerry Runners	Lliswerry B	Vet Female (140+)	0:23:51	1:19:58
		B	Jo Voisey	F	Lliswerry Runners			0:20:09	
		C	Bernadette Wilkinson	F	Lliswerry Runners			0:18:08	
		D	Diane Potter	F	Lliswerry Runners			0:17:50	

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NUMBER	STAGE	RUNNER	GENDER	CLUB	TEAM	CATEGORY	RUN TIME	TEAM TIME
12	A	Liz Downham	F	Chepstow Harriers	Run Steady Crew	Vet Female (140+)	0:17:11	1:22:17
	B	Vicki Vowles	F	Chepstow Harriers			0:22:18	
	C	Carrie Williams	F	Chepstow Harriers			0:22:26	
	D	Sonia Unsted	F	Chepstow Harriers			0:20:22	