

Iron Butt Challenge

Finished 1000 miles in 19 hours





AGENDA

- What I know about IBA (Iron Butt Association)
- Day of riding
- Lessons learned
- How I prepared myself
- Dos & Don'ts
- Why I did it & what I received
- Riding moments



KNOW EVERYTHING ABOUT IBA DO I

- IBA is based in USA but globally recognized, and rides can be done in any geographic location, e.g., IBA India, IBA UK, etc.
- To be a member of Iron Butt/join the club is to accomplish one of their long-distance endurance motorcycle riding challenges
- There are more than 100 types of rides in USA and 250+ worldwide
- Most popular ride certifications <https://ironbutt.org/rides/>
 - ✓ SaddleSore 1000 (1,000 miles in less than 24 hours) also called SaddleSore Series
 - Bun Burner 1500 (1,500 miles in less than 36 hours) also called Bun Burner Series
 - ❖ 48 States in 10 days (48 States in 10 days series)
 - ❖ National Parks Tour Series (Visit at least 50 National Parks in at least 25 States, within a year)

SADDLESORE 1000 MILES

(<24 HOURS)

&

BUN BURNER 1500 MILES

(<36 HOURS)

Follow 3 simple steps **(IMPORTANT)**

Step 1: Choose a safe route (use Google map)

Step 2: Update ride log with photos of gas receipts with odometer reading

Step 3: Submit below documents via email and pay via PayPal (later)

- a) Copy of ride log with checklist, application & package option
- b) Photo of gas receipts and odometer photo receipts
- c) Screenshot of Google map showing the route

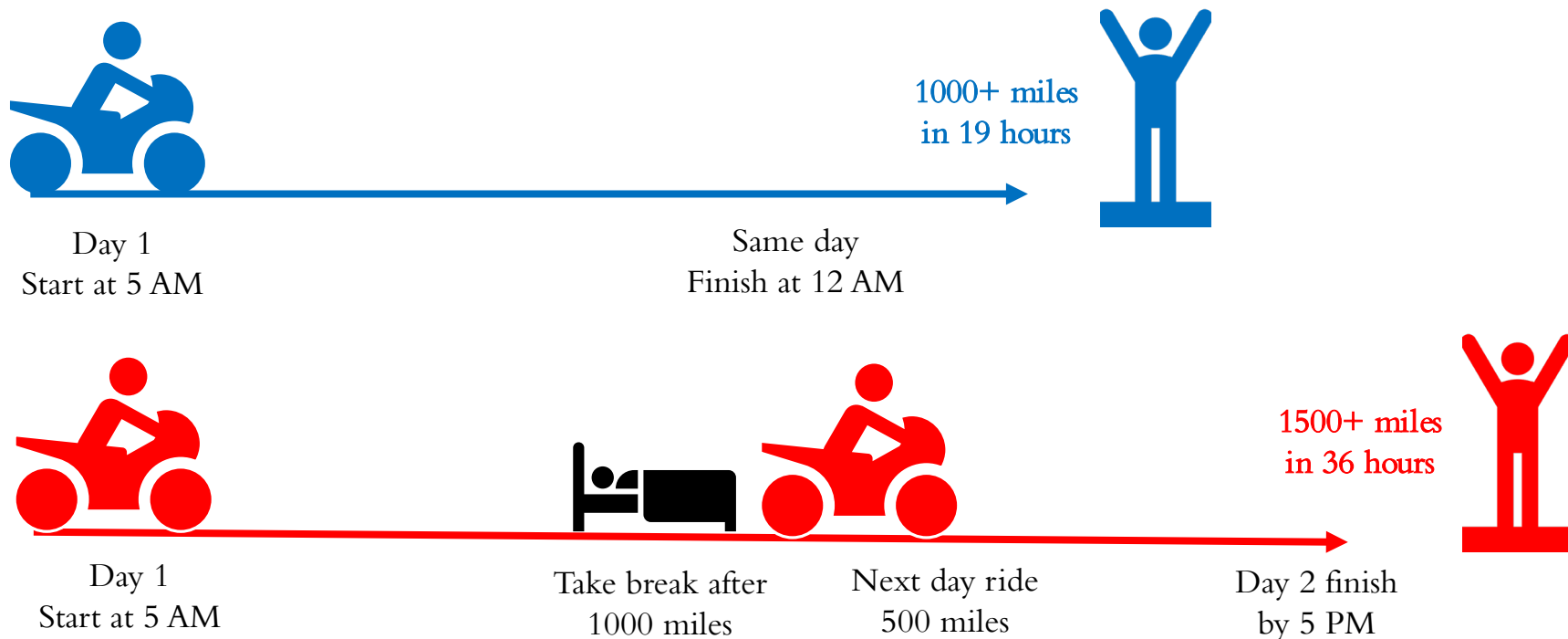


SADDLESORE 1000 MILES

(<24 HOURS)

BUN BURNER 1500 MILES

(<36 HOURS)



DAY OF RIDING (IMPORTANT)

- 1) Left home at 5:30 AM
- 2) 1st starting point — gas station close to my house (to get electronic receipt)
- 3) Enabled Google map tracking in phone
- 4) Set the GPS with the first stop
- 5) Brought food from home to save time
- 6) Quick access to phone, pen, printout of ride log, a bag clip to hold the receipt for odometer photo reading
- 7) Ziploc bag to keep the gas receipts and mark them with numbers (gas 1, gas 2, etc.)

DOCUMENTS (IMPORTANT)

①

QUIKTRIP #00472
8293 W Lake Pleasant
Peoria, AZ

Invoice # 0000000
Date 09/12/20
Time 05:35AM
Auth # 01952D

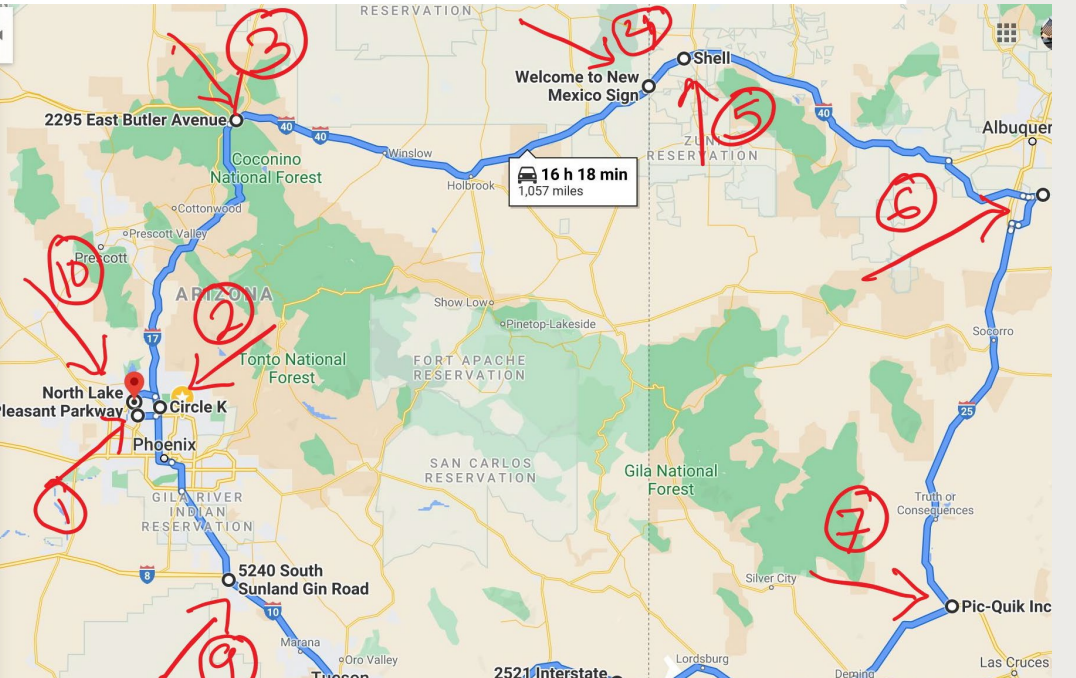
Acct #
440066XXXXXX7726

Pump	Gallons	Price
08	1.450	\$2.879

Product	Amount
PREMIUM	\$4.17
Total Sale	\$4.17

Thank You for Shopping QuikTrip!
Please Come Back Again!!

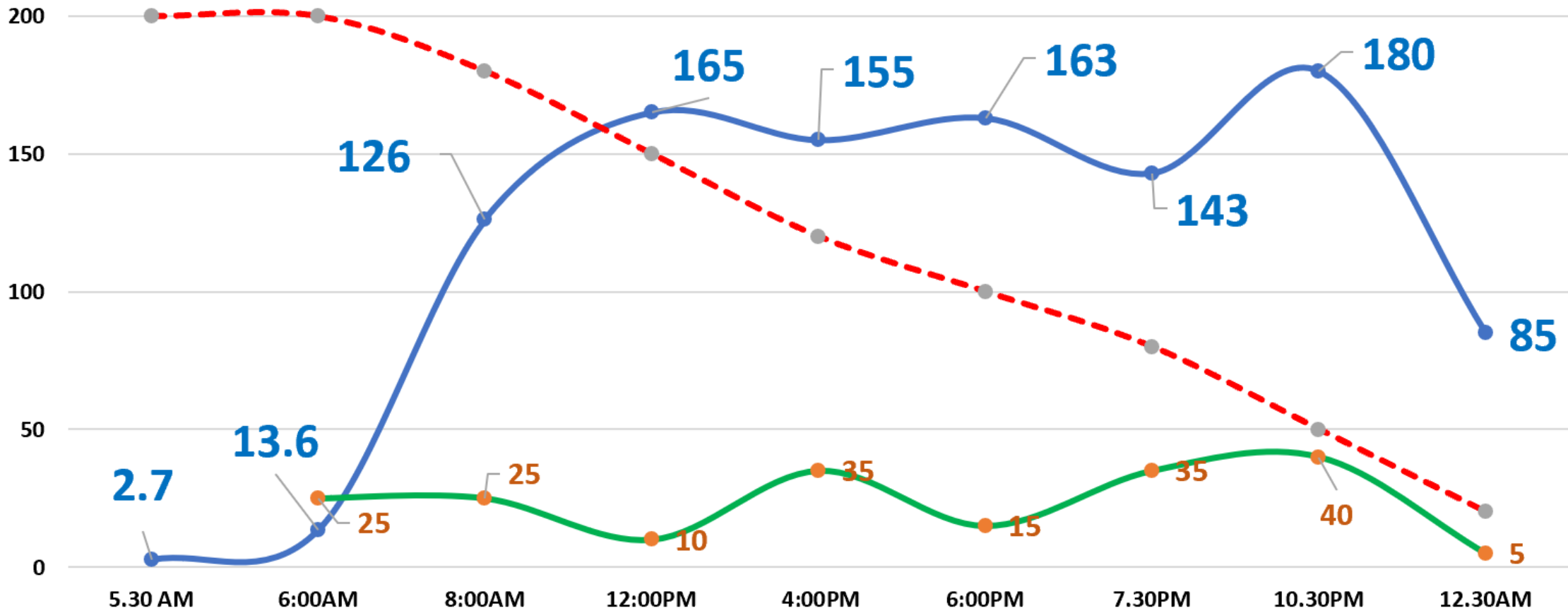
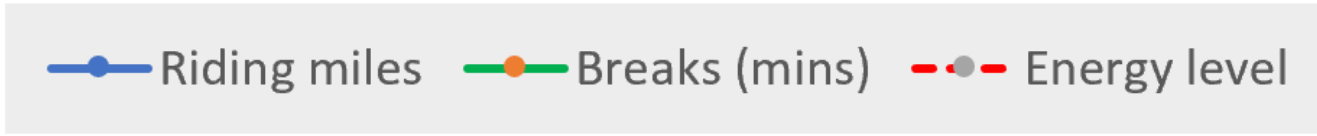
Date	Time	Time Zone	Motorcycle Odometer	GPS Odo	Location
Sep 12th 2020	5:36 AM	MST	6555	2.7 miles from home	Break Gas 1: PEORIA
Sep 12th 2020	5:50 AM	MST	6566	11	Break Waiting I was
Sep 12th 2020	6:06 AM	MST	6569	13.6	Break Arrived Manjit
Sep 12th 2020	8:11 AM	MST	6691	126	Break Gas 2: Great
Sep 12th 2020	11:42 AM (Day Light Time)	MDT	6848	165	Break Welcome Took
Sep 12th 2020	12:07 PM	MDT			
Sep 12th 2020	12:12 PM	MDT			
Sep 12th 2020	3:54 PM	MDT			
Sep 12th 2020	6:19 PM	MDT			
Sep 12th 2020	7:30 PM (Standard Time)	MST			
Sep 12th 2020	10:30 PM	MST			
Sep 13th 2020	12:31 AM	MST			
Sep 13th 2020	12:45 AM	MST			



LESSONS LEARNED

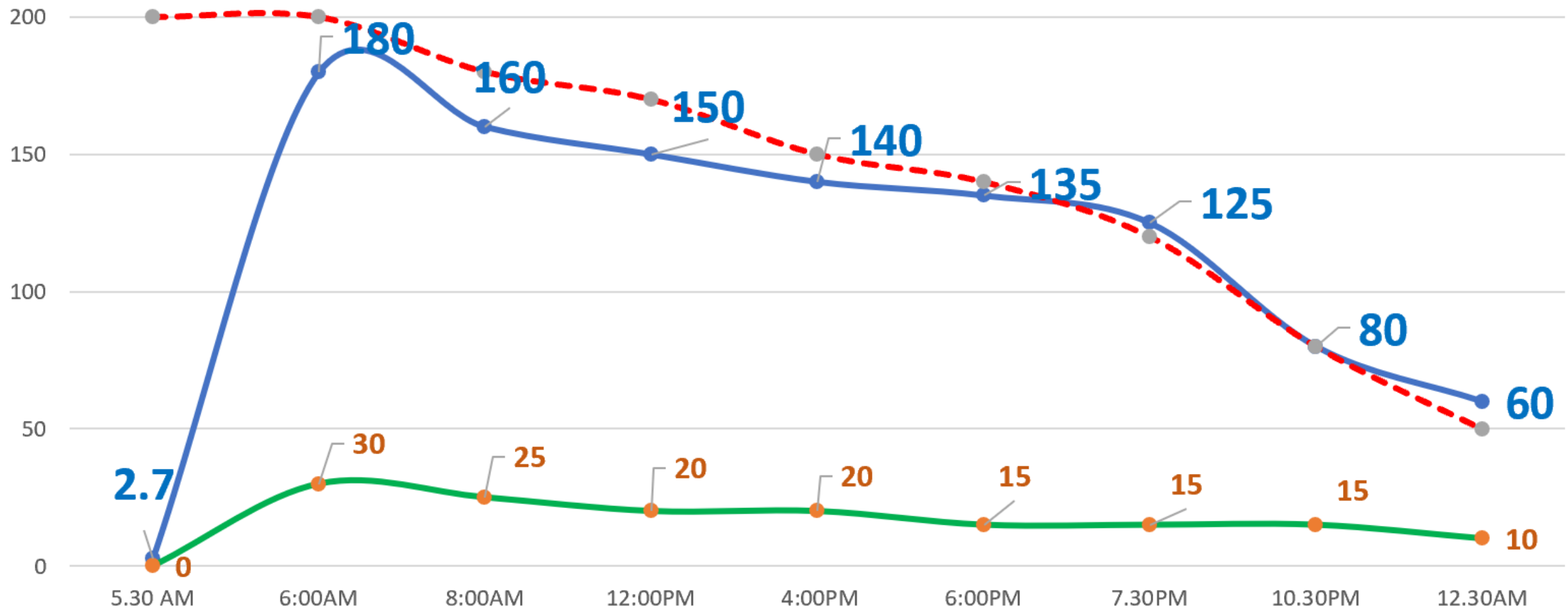
1. Breaks were too long
2. Riding miles at the start were shorter than at the end
3. The last 100 miles felt like there was 1000 miles still to cover
4. Sprint riding helped to pass the time
5. Early start is a key
6. Well prepared & equipped with all needed items (e.g., food, drinks, and stationary items)
7. Well chosen route and good weather on day of riding are essential
8. **Good luck played a big factor:** Due to pandemic, there was a less traffic; no issues with new motorcycle; and had a great companion (Manjit)

Actual Riding Graph



Location	Home	Start	Happy Valley	Flagstaff	Mexico Sign	LOS LUNAS	HATCH	SAN SIMON AZ	ELOY AZ	End	Home	Total
Time	5.20 AM	5.30 AM	6:00AM	8:00AM	12:00PM	4:00PM	6:00PM	7.30PM	10.30PM	12.30AM	12.45 AM	18 hours 30 mins
Gas #	n/a	Gas 1	n/a	Gas 2	Gas 3	Gas 4	Gas 5	Gas 6	Gas 7	Gas 8		8 stops
Distance (Miles)		2.7	13.6	126	165	155	163	143	180	85		1033.3
Break (mins)			25	25	10	35	15	35	40	5		3 hours 10 mins

Improved Ride Graph



HOW I PREPARED MYSELF

Self evaluation & motorcycle stress testing

- Started riding for the first time in US road in Jan 2020
 - ✓ Get to know my bike & ensure she handles more miles in one go
 - ✓ Improved my riding skills
 - ✓ Made a habit of riding in a good mood
 - ✓ List down dos and don'ts after every ride
 - ✓ Installed 8000 lumens auxiliary light for night ride
 - ✓ Proper clothes for long distance and things to carry
 - ✓ Rode every Saturday between 200 to 250 miles (Jan 20 – Jun 20)
 - ✓ Gradually started riding 400 to 600 miles (Jun 20 – Sep 20)
- Ride 7 - 2020 Jun 27th: Payson, Sedona & Flagstaff (400 miles)
Ride 8 - 2020 Jul 4th: Payson, Wood Canyon Lake & Globe (400 miles)
Ride 9 - 2020 Jul 18th: Wickenburg, Jerome, Pine & Payson (325 Miles)
Ride 10 - 2020 July 24th: Roosevelt Lake & Globe (300 Miles)
Ride 11 - 2020 Aug 1st: Pine top, Showlow & Payson (430 Miles)
Ride 12 - 2020 Aug 9th: Morenci Alpine & Globe (600 Miles)
Ride 13 - 2020 Aug 15th: Flagstaff, Winslow & Payson (400 Miles)
Ride 14 - 2020 Aug 29th: Jerome & Holbrook (500 Miles)
Ride 15 - 2020 Sep 5th: Monument Valley (630 Miles)

Refer to my blog - <https://psp23in1.wixsite.com/parth/blog>



PREPARATION

It can only lead to success



DOS & DON'TS



Fill and get an electronic receipt from closest gas station to your house



In the beginning, cover more miles



Stop if you feel tired or demotivated



Do not take more than a 30 min break and gradually decrease the break time as you stop



Don't race



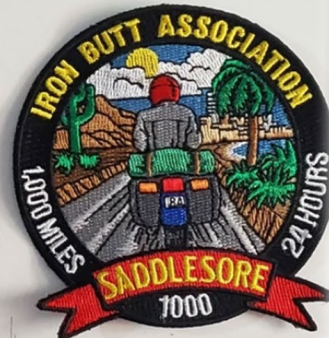
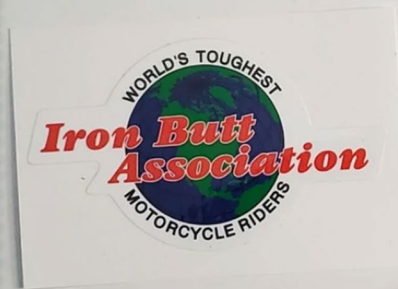
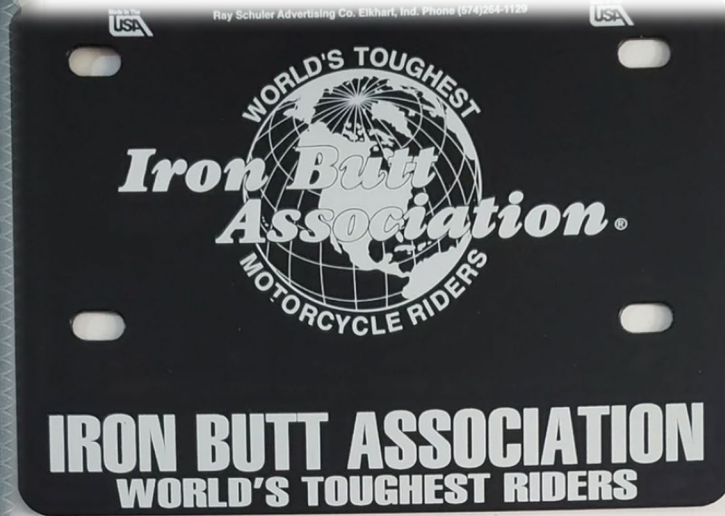
Don't loose receipts and don't forget to take photo of the odometer reading

WHY I DID IT

- The most prestigious ride challenges on the planet
- To be in the [Certified Ride Finishers](#) list/IBA website among 60,000+ members world-wide
- Show off and something to talk about when you have a scotch in your hand
- A patch in the vest, certificate hanging on garage wall, and a license plate screams that I am an Iron Butt toughest rider...a big accomplishment!
- SaddleSore 1000 mile ride motivates for other extreme riding challenge



WHAT I RECEIVED



🏠 ironbutt.org/certified.htm#SaddleSore1000

SaddleSore 1000 Finishers (1,000 miles in less than 24 Hours):

Name	Hometown	Date	Motorcycle
Vicki Hill (passenger)		09/12/20	Honda Gold W
Matthew Maple	Edwards, IL	09/12/20	Triumph Thun
Brian Walters	Washington, IL	09/12/20	H-D Street G
Alex Stover	San Jose, CA	09/12/20	Suzuki V-Str
Michael Mitchell	Ashton, ID	09/12/20	BMW K1600GL
Jean M. Eagleton-Mitchell (passenger)		09/12/20	BMW K1600GL
St.Petersburg Ring Road Insanity			
Sergey Kurshev	St.Petersburg, RUSSIA	09/12/20	H-D Fat Bob
Ekaterina Selivanova	Moscow, RUSSIA	09/12/20	BMW R1200
Parth Parida	Peoria, AZ	09/12/20	Indian Chief
Brian A Drake	Newport, WA	09/12/20	Honda Gold W
Jay Luo	Vienna, VA	09/12/20	BMW R1200RT
	* * * Jay is 65 years young on this ride		
Joshua Hansmeier	Phoenix, AZ	09/12/20	BMW F800GS

THINGS TO REMEMBER (IMPORTANT)

- 1) A safe ride should be your primary goal
- 2) Keep in mind, 24 hours is wall clock time, *not* riding time
- 3) SaddleSore 1000 and Bun Burner 1500 can be done together
- 4) No pre-registration is needed for the SaddleSore or Bun Burner rides series
- 5) IBA 25 Long-Distance Riding Tips <https://ironbutt.org/25tips.html>
- 6) Avoid the route that has less speed limit
- 7) Do NOT depend on your own odometer readings for official mileage
- 8) If you choose a circular route, you will need to obtain a dated receipt at each "corner" to show that you did not take a short-cut
- 9) Rider and passenger can do the challenge together and both name will be there in the certificate and NO additional charge for a passenger
- 10) Your ride starts from the location of your first computer generated receipt (preferably fuel)
- 11) The computer time stamp will be your official ending time
- 12) Stop at least once every 350 miles for gas (this is purely for documentation for your ride). IBA we will not accept a claim for greater distance ride

RIDING MOMENTS



THANK YOU

PARTH

