

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tiger	Ages 3-5		4:00-4:30		4:00-4:30		11:10-11:40
Dragon	Ages 6-7	4:55-5:25		4:55-5:25			9:00-9:30
Child Beginner	Ages 8-13 White-Yellow Belt		5:10-5:55		5:10-5:55		9:35-10:20
Child Intermediate	Ages 8-13 Orange - Purple	5:35-6:20		5:35-6:20			10:25-11:10
Child Advanced	Ages 8-13 Brown -Black Belt		6:05-6:50		6:05-6:50		10:25-11:10
Teen	Ages 14-17	4:00-4:45		4:00-4:45		4:00-4:45	
Family	All Ages/Belts Families Only		7:00-7:45		7:00-7:45		11:50-12:40
Adult	Evening 18 & Up	7:25-8:15	7:55-8:40	7:25-8:15	7:55-8:40	7:00-7:50	
Adult	Day 18 & Up		10:00-10:45 am		10:00-10:45 am		
Senior	Day 55 & Up	10:00-10:45 am		10:00-10:45 am			
Sparring	Ages 4-13 Orange & Up					5:00-5:50	
Sparring	Ages 14& Up Orange & Up					6:00-6:50	
Elite/Event	Invite Only	6:25-7:20		6:25-7:20		3:10-4:00	

Executive & Private Lessons are by appointment only.

