



2/02/2013 - 2/22/2014

God used The Refuge to change my life forever. I came broken and destroyed only to find hope and eternal blessings. God used The Refuge to save my life. I was able to fear not and let go of my past. I was able to see freedom instead of bondage. Ms. Joan and Mr. Ed along with Debbie Morales and Linda loved me when I couldn't love myself. God opened doors for me when I learned to seek him. He reunited me with my daughter and allowed my family to see hope and trust in me. I view things with a new vision. A vision that changed my life forever. He taught me that without Him, I am nothing. He forgave me and I was able to forgive myself. **I now know I can do all things through Christ who strengthens me. (Phil.4:13).**



Alyssa



09/07/2019 - 06/07/2020

A lifetime of depression, fear, feelings of worthlessness and shattered family relationships had finally pushed me to try to put myself into permanent darkness. I had no hope. However, God had other plans for me, and after my second attempt to end it all, I wound up here at The Women's Refuge of St. Johns County. Seven months later, I find myself renewed and recharged - I have come to know Jesus personally. The One who always felt so distant from me is now my best friend. Being in His Word, the studies and the teachings here have transformed me. My family relationships are being restored, my beliefs, attitudes and desires are now connected to what God wants for/from me. I am forever grateful to this place for believing in me, for giving me the opportunity to know that no matter what, we have a HOPE and a FUTURE!



Cathy

**"God said, 'Let there be light, and there was light.
God saw that the light was good.'"
Genesis 1:3**