



Hello, my name is Rachel. I am one of the ladies at The Women's Refuge of STJO, a ministry in St. Augustine. I want to thank you for taking the time to read this letter. If you already support us, we appreciate you greatly.

I am going to start by telling you a little bit about myself. I am a faithful believer in Jesus Christ. I am 28 years old and I am a mother of three kids ages 3, 5 and 10. I have been at the Refuge since March 2, 2020. The Refuge is a regeneration program where ladies can come and let the Holy Spirit work in us without distraction or worries of the world. Prior to coming here, I let drugs take hold of my life and have been in and out of jail. God spoke to me for a year and a half about coming to the refuge until my life got so crazy and became so broken that I could not turn anywhere else but to God. From that point I surrendered my heart, mind, and soul to him. This is the first time I have ever sought God and help. The Holy Spirit is renewing and transforming my mind. I am so thankful for a second chance at life and for Gods tender love, mercy, and grace.

The Women's Refuge program focuses on renewing our minds. We study Gods word, learn His promises, learn Gods love, the law, and His forgiveness. We face and work through all of our hurts. The final phase of the program is a transition phase. The transition phase is where we can begin to practice all that we have studied and learned over the past 6 – 9 months. It allows us to have a job and experience freedom with trials and temptation in a safe environment at a pace we can keep up with. It allows us to really establish walking in step with the spirit, so at the end of each day we can evaluate with the Holy Spirit and let Him guide us so that we do not get overwhelmed and resort back into our old patterns. It will allow us to establish our own program so to speak - a routine of incorporating God into our daily lives, such as daily inventory, prayer, devotion, serving and studying Gods word before truly going back out into the world. I am still learning his teachings and promises. I acknowledge and am practicing His word every day. I am a work in progress. I truly want to be the best mother I can be. The mother God intended me to be. I only have one chance at this - my kids are growing up fast. I strongly feel and agree the transition house is crucial to my success and the success of future women. As of right now, we do not have a location or a structure for a transition home. Please put The Women's Refuge, the transition house, and volunteers on your prayer list. I ask your prayers as I pray BIG to see what God can do. If God has put anything on your heart to do what you can for this ministry, you can give through the website below, or please share this letter. We truly, sincerely thank you from the bottom of our hearts. I am free.



-Rachel-

*“Even though I walk through the darkest valley,
I will fear no evil, for **You** are with me;
Your rod and Your staff, they comfort me.”
~Psalm 23:4~*