

2025 WLI CONFERENCE

JUNE 10, 2025 • GHEENS LODGE • LOUISVILLE, KY



Meet Kristin Meschler of AssuredPartners, a seasoned expert in wellness, employer health & productivity solutions. With over a decade of experience in corporate wellness, Kristin partners with organizations of all sizes to enhance employee well-being and drive down healthcare costs. Kristin's presentation dives into the power of positive psychology—because a little positivity goes a long way (and might just lower your blood pressure too)!

Meet Vitale Buford Hardin—a transformational leader, nationally recognized speaker and the powerhouse CEO of Vitale & Company. With 20 years of corporate experience and over 100 organizations impacted, Vitale helps leaders ditch perfectionism and lead with authenticity, resilience and heart. She's not just talking the talk—her personal journey and groundbreaking research prove she walks (and occasionally powerwalks) the walk.



DRESS FOR SUCCESS® LOUISVILLE

The Dress for Success vision is a world where women do not live in poverty; are treated with dignity and respect; and are strengthening their families and shaping their communities. **LADIES: Clean out your closets... it is time to help this wonderful cause. All career appropriate clothing donations MUST be laundered/dry-cleaned and ready to wear. No donations should be in need of repair.**

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Schedule of Events

8:00am	Registration
8:30–9:30 am	Exhibitor Hall/Continental Breakfast Dress for Success Collection
9:30 am	Welcome
10:00–10:45 am	Unlocking Happiness: The Transformative Power of Positive Psychology Kristin Meschler
11:00am–12:15pm	Unleashing Your Professional Confidence: Overcoming Perfectionism in the Workplace Vitale Buford Hardin
12:15–1:15pm	Lunch
1:30– 3:00pm	The Presence Framework: Living with Intention, Awareness and Impact Vitale Buford Hardin
3:00 pm	Closing Remarks