

BRYCE CANYON NATIONAL PARK

For the Busy Moms

Welcome to Bryce Canyon National Park!

Bryce Canyon became a National Park in 1928 and is located in southwestern Utah.

Bryce Canyon is a misleading name as the park is actually a series of natural amphitheaters rather than a canyon.

Bryce Canyon is famous for the largest collection of geographic features known as hoodoos in the world.



Hoodoos are tall, reddish rock spires which look a little like totem poles. They are formed by rain, erosion and frost-wedging. This is where the rock is split by water freezing overnight and expanding. You can read more about the hoodoos at <https://www.nps.gov/brca/learn/nature/hoodoos.htm>

In 2019, Bryce Canyon was designated as an International Dark Sky Park. This means it has an exceptional quality of starry nights and has a protected nocturnal environment.

Fun fact: on a clear night, 7,500 stars are visible from Bryce Canyon!

Interesting fact: The rocks in Bryce Canyon date back 65 million years to the Cretaceous period.

Make Your Own Hoodoos

Get creative and design your own amphitheater of hoodoos. See page two of this packet for ideas.



Family Activities

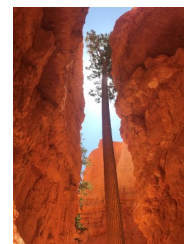
Get outside and go for a walk or a hike! If you are able to travel to Bryce Canyon for real, hike the Rim trail, Queens Garden trail, Mossy Cove trail or Bristle Cone Loop trail which are kid friendly.

Build a fort. You can use couch cushions, kitchen chairs or your bed and pillows with a big blanket to make your fort. Or you can come up with your own fort idea!

Books to read: *Vivian and the Legend of the Hoodoos* by Terry Jennings (Fiction, ages 4-8) and *Bryce Canyon National Park* by Jennifer Hackett (ages 6-7).

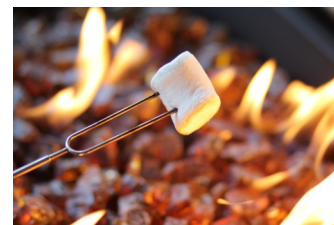
Go for a bike ride! By biking at home, you'll be ready for the 5 mile biking/walking trail located within Bryce Canyon National Park.

Watch some cool 3D virtually reality videos and get a cool view of the hoodoos at www.forthebusymoms.com.



S'mores!

For dessert tonight, plan on making some s'mores! You'll need marshmallows, a chocolate bar and some graham crackers. You'll also need a skewer or stick to help roast the marshmallows. Before you start, lay out two graham cracker halves and place a piece of chocolate on one of the halves. Get a fire burning in a fire pit, fireplace, or gas stove. Put a marshmallow on your stick and sit back, relax, and roast the marshmallow until it is lightly browned. Carefully remove the marshmallow from the stick as it will be hot! Place the marshmallow on top of the piece of chocolate and cover with the second graham cracker half. Enjoy your s'mores by sitting outside on a picnic blanket or putting a blanket on your living room floor to bring the outdoors inside! Other cooking options include 1. a toaster oven. Place a marshmallow and chocolate chips on a graham cracker on a foil lined tray and then toast until the chocolate chips melt. 2. Microwave a marshmallow for 10 seconds and then place it between two graham crackers with chocolate.



MAKE YOUR OWN HOODOOS

While the tall, red rock spires known as hoodoos in Bryce Canyon National Park were formed over time, you can make your own hoodoos in just a few minutes!

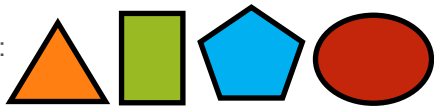
Get creative and think about some materials you can use to make your hoodoos. Some ideas include: rocks, playdough, mud and wet sand.

You can stack the rocks on top of each other. Form the playdough into tall columns. Get your mud or sand really wet and then keep dripping it in a column to make a cool looking hoodoo!



SHAPE PATTERN MAZE

Shape pattern:



Follow the shape pattern to find your way along the trail from the Hike the Hoodoos sign to the s'more! You'll need to follow the shape pattern left, right, up or down (but not diagonal) to navigate the trail.



WORD SEARCH

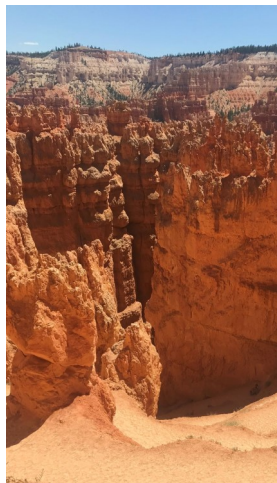
- Hike
- Hoodoos
- Bryce
- Bike
- Canyon
- Smores
- Utah
- Trails
- Stars
- Rim
- Mossy Cove
- Camping

K	H	L	P	B	I	K	E	F
Z	O	H	K	R	Y	M	D	S
M	O	S	S	Y	C	O	V	E
I	D	M	T	C	A	V	U	K
R	O	O	J	E	M	T	T	I
I	O	R	D	G	P	M	A	H
Y	S	E	R	M	I	B	H	R
V	W	S	C	A	N	Y	O	N
S	T	A	R	S	G	T	Q	I
O	T	R	A	I	L	S	C	D

DID YOU KNOW?

EVERY KID OUTDOORS Fourth Grade Pass

Are you in the fourth grade? If so, you can get into 100s of parks and other public lands for free during your fourth grade year up until August 31st. You'll need to complete an online activity first to earn your voucher which can be exchanged at the park for your pass. Check out www.everykidoutdoors.gov for more information!



You can become a JUNIOR RANGER!

If you have a chance to visit Bryce Canyon National Park, you can pick up a free Junior Ranger activity book. Once you complete the book, you can receive your own Junior Ranger Badge!

