HAPPY HALLOWEEN!

For the Busy Moms

Welcome to Halloween!

Halloween is celebrated each year on October 31st. You probably enjoy getting dressed up in a costume and going trick-or-treating in the hopes of receiving lots of candy! Have you ever wondered about how Halloween began?

The Halloween tradition began with the ancient Celtic festival of Samhain. This was a festival that marked the end of the harvest and the start of a new year. People lit bonfires and wore costumes to scare off ghosts since this was considered to be when the space between the living and the dead was the closest.

After Pope Gregory III designated November 1 as a time to honor the saints, All Saints Day followed some of the traditions of Samhain. On "All Hallows Eve" which means "hallowed evening", people went door to door dressed up as saints. Over time, Halloween has evolved into a day of activities like trick-or-treating, wearing costumes and eating treats!

Family Activities

We all may be celebrating Halloween a little differently this year. While a trick-ortreat outing may not be in your plans, here are some other options to consider:



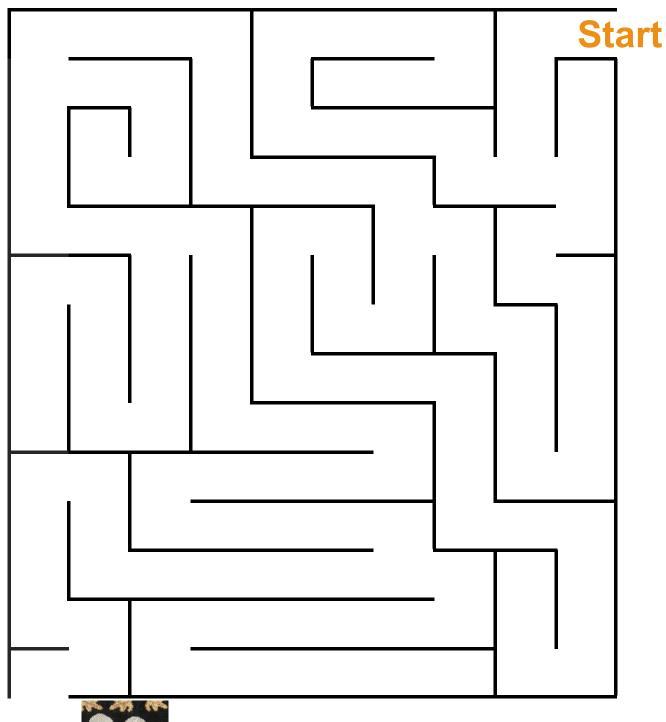
- 1. Set up a Halloween candy hunt around the house or yard for the kids. You can be creative and use some Easter eggs to place the candy in as well.
- 2. How about entertaining the kids with a Halloween pinata? The event makes for a fun-filled evening with a candy (or small toys or healthy treats) as the prize! You can purchase one or if you are feeling creative, try making your own pinata from the instructions at: https://www.wikihow.com/Make-a-Pinata
- 3. Save the pumpkin carving for Oct 31 and then enjoy some ice cream or sweet candy treats after the carving.
- 4. Let your kids enjoy the fun-filled activities in this Halloween packet!

Halloween Word Scramble

| 1. Obo | | 6. vadyearrg | |
|----------|-----------------------|--------------|--|
| 2. rtate | | 7. tosmuce | |
| 3. pelap | | 8. ramvipe | |
| 4. arecs | | 9. wowreefl | |
| 5. dacyn | | | |
| 10. ta | nhude soueh (2 words) | | |

Haunted Halloween Maze





Finish

Forthebusymoms.com

Halloween Word Search

| V | M | F | С | 0 | S | Т | U | M | Е |
|---|---|---|---|---|---|---|---|---|---|
| Н | Α | L | L | 0 | W | Ε | Ε | Ν | Q |
| Α | V | Α | M | Р | Ι | R | Ε | K | L |
| U | M | S | K | Е | L | Ε | Т | 0 | N |
| N | Α | Н | Р | U | M | Р | K | Ι | N |
| Т | S | L | В | 0 | R | R | Н | J | С |
| Ε | K | Ι | В | Р | 0 | V | D | Н | Α |
| D | Р | G | Н | Α | В | K | W | В | Ν |
| K | G | Н | 0 | S | Т | Ν | Υ | 0 | D |
| W | Ι | Т | С | Н | Α | I | 0 | R | Y |
| Α | С | F | M | U | M | M | Y | W | Р |

| Halloween | Ghost | Pumpkin |
|-----------|------------|---------|
| Costume | Witch | Candy |
| Skeleton | Flashlight | Spooky |
| Vampire | Mask | Mummy |
| Bat | Moon | Haunted |