LIFTED DELIVERIES | ROUTE SCHEDULE

WESTERN WASHINGTON • Pickup & Delivery Days • North / Peninsula / Seattle

ROUTE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NORTH SOUND	Arlington / Bothell / Camano Island / Custer / Everett / Granite Falls / Kenmore / Lake Forest Park / Lake Stevens / Lynnwood / Marysville / Monroe / Mountlake Terrace / Mukilteo / Seatac / Snohomish / Stanwood / Tukwila	Arlington / Camano Island / Custer / Everett / Granite Falls / Kenmore / Lake Forest Park / Lake Stevens / Lynnwood / Marysville / Monroe / Mountlake Terrace / Mukilteo / Seatac / Snohomish / Stanwood / Tukwila	Arlington / Bothell / Camano Island / Custer / Everett / Granite Falls / Kenmore / Lake Forest Park / Lake Stevens / Lynnwood / Marysville / Monroe / Mountlake Terrace / Mukilteo / Seatac / Snohomish / Stanwood / Tukwila	Arlington / Camano Island / Custer / Everett / Gold Bar / Granite Falls / Kenmore / Lake Forest Park / Lake Stevens / Lynnwood / Marysville / Monroe / Mountlake Terrace / Mukilteo / Seatac / Snohomish / Stanwood / Tukwila	Arlington / Bothell / Camano Island / Custer / Everett / Granite Falls / Kenmore / Lake Forest Park / Lake Stevens / Lynnwood / Marysville / Monroe / Mountlake Terrace / Mukilteo / Seatac / Snohomish / Tukwila	—
FAR NORTH	—	Bellingham / Blaine / Demming / Everson / Ferndale / Lynden / Maple Falls	—	Bellingham / Blaine / Darrginton / Demming / Everson / Ferndale / Lynden / Maple Falls	—	—
SR 9	Woodinville	—	—	Sultan / Woodinville	—	—
WHIDBEY	—	Anacortes / Burlington / Concrete / Freeland / Greenbank / Mount Vernon / Oak Harbor / Sedro Woolley	—	Anacortes / Burlington / Concrete / Freeland / Greenbank / Mount Vernon / Oak Harbor / Sedro Woolley	—	—
ISLANDS	—	—	—	—	—	Eastsound / Friday Harbor / Vashon / Vashon Island
PENINSULA	Allyn / Bainbridge Island / Belfair / Bremerton / Chimacum / Gig Harbor / Kingston / Port Angeles / Port Hadlock / Port Orchard / Port Townsend / Poulsbo / Sequim / Silverdale	—	Allyn / Bainbridge Island / Belfair / Bremerton / Chimacum / Forks / Gig Harbor / Kingston / Port Angeles / Port Hadlock / Port Orchard / Port Townsend / Poulsbo / Sequim / Silverdale	—	Allyn / Bainbridge Island / Belfair / Bremerton / Chimacum / Gig Harbor / Kingston / Port Angeles / Port Hadlock / Port Orchard / Port Townsend / Poulsbo / Sequim / Silverdale	—
SEATTLE	Burien / Edmonds / Seattle / Shoreline	Burien / Edmonds / Seattle / Shoreline	Burien / Edmonds / Seattle / Shoreline	Burien / Edmonds / Seattle / Shoreline	Edmonds / Seattle / Shoreline	—

LIFTED DELIVERIES | ROUTE SCHEDULE

WESTERN WASHINGTON • Pickup & Delivery Days • South / Central / Coast

ROUTE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
I90	—	Cashmere / Chelan / Cle Elum / East Wenatchee / Ellensburg / Ephrata / George / Mattawa / Moses Lake / Peshastin / Quincy / Roslyn / Soap Lake / Wenatchee	—	Cashmere / Chelan / Cle Elum / Dryden / East Wenatchee / Ellensburg / Ephrata / George / Mattawa / Moses Lake / Peshastin / Quincy / Roslyn / Soap Lake / Wenatchee	—	George / Mattawa / Moses Lake / Quincy / Roslyn / Soap Lake
HWY 18	Auburn / Bellevue / Covington / Issaquah / Kent / Kirkland / Maple Valley / North Bend / Pacific / Preston / Redmond / Renton / Snoqualmie	—	Auburn / Bellevue / Covington / Issaquah / Kent / Kirkland / Maple Valley / North Bend / Pacific / Preston / Redmond / Renton / Snoqualmie	—	Auburn / Bellevue / Covington / Issaquah / Kent / Kirkland / Maple Valley / North Bend / Preston / Redmond / Renton / Snoqualmie	—
SOUTH SOUND	Bonney Lake / Buckley / Fife / Graham / Lakewood / Puyallup / Spanaway / Tacoma / University Place	Bonney Lake / Des Moines / Federal Way / Fife / Lakewood / Puyallup / Spanaway / Tacoma / University Place	Bonney Lake / Buckley / Fife / Lakewood / Puyallup / Spanaway / Tacoma / University Place	Bonney Lake / Des Moines / Federal Way / Fife / Lakewood / Puyallup / Spanaway / Tacoma / University Place	Bonney Lake / Buckley / Fife / Graham / Lakewood / Puyallup / Spanaway / Tacoma / University Place	—
CAPITAL	Centralia / Chehalis / Elma / Lacey / Olympia / Rochester / Tenino / Tumwater / Yelm	—	Centralia / Chehalis / Elma / Lacey / Olympia / Rochester / Tenino / Tumwater / Yelm	—	Centralia / Chehalis / Elma / Lacey / Olympia / Rochester / Tenino / Tumwater / Yelm	—
FAR SOUTH	Battle Ground / Castle Rock / Kalama / Kelso / La Center / Longview / Morton / Mossyrock / Ridgefield / Toledo / Vancouver / Washougal / Winlock / Woodland	—	Battle Ground / Castle Rock / Kalama / Kelso / La Center / Longview / Morton / Mossyrock / Ridgefield / Toledo / Vancouver / Washougal / Winlock / Woodland	—	Battle Ground / Castle Rock / Kalama / Kelso / La Center / Longview / Morton / Mossyrock / Ridgefield / Toledo / Vancouver / Washougal / Winlock / Woodland	—
SR 14	—	Bingen / Carson / Cathlamet / Goldendale / Ilwaco / Seaview / Stevenson	—	—	—	—
COAST	—	—	Aberdeen / Hoquiam / Ocean Shores / South Bend / Tokeland / Shelton	—	—	—

LIFTED DELIVERIES | ROUTE SCHEDULE

EASTERN WASHINGTON • Pickup & Delivery Days • All routes

ROUTE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SPOKANE	Airway Heights / Cheney / Liberty Lake / Millwood / Otis Orchards / Ritzville / Spokane Valley	Airway Heights / Cheney / Liberty Lake / Millwood / Otis Orchards / Ritzville / Spokane Valley	Airway Heights / Cheney / Liberty Lake / Millwood / Otis Orchards / Ritzville / Spokane Valley	Airway Heights / Cheney / Liberty Lake / Millwood / Otis Orchards / Ritzville / Spokane Valley	Airway Heights / Cheney / Liberty Lake / Millwood / Otis Orchards / Ritzville / Spokane Valley	—
SR 395	Addy / Chewelah / Clayton / Colville / Kettle Falls / Loon Lake / Nine Mile Falls / Spokane / Valley	Spokane	Ione / Newport / Spokane	Spokane	Addy / Chewelah / Clayton / Colville / Kettle Falls / Loon Lake / Nine Mile Falls / Spokane / Valley	—
HWY 97	—	Brewster / Davenport / Electric City / Methow / Okanogan / Omak / Oroville / Republic / Rock Island / Tonasket / Twisp / Winthrop	—	Brewster / Davenport / Electric City / Methow / Okanogan / Omak / Oroville / Republic / Rock Island / Tonasket / Twisp / Winthrop	—	—
I82	—	Kennewick / Lyle / Moxee / Pasco / Prosser / Richland / Sunnyside / Union Gap / West Richland / Yakima	—	Kennewick / Lyle / Moxee / Pasco / Prosser / Richland / Sunnyside / Union Gap / West Richland / Yakima	—	—
SR 195	—	Clarkston / Dayton / Othello / Prescott / Pullman / Walla Walla	—	Clarkston / Dayton / Othello / Prescott / Pullman / Walla Walla	—	Othello