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|---|----------------------|--|
| Today's Date: _____ | | |
| Last Name: _____ | First Name: _____ | Middle _____ |
| Main Phone # (_____) _____ | EMAIL*: _____ | |
| <small>*We do NOT give, rent, or sell your information to anyone, EVER. We send out special announcements and life hacks to help you stay well.</small> | | |
| Street Address: _____ (apt #) _____ | | |
| City: _____ | State: _____ | Zip: _____ |
| Date of Birth: _____ | Gender (m) (f) | (optional) Weight: _____ Height: _____ |
| Marital Status: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> D <input type="checkbox"/> W | | |

I am here for the following services

- Chiropractic
- Acupuncture
- Dry Needling

Other add-ons include: Trigger point and Electrical Therapy as needed.

Today's fee is \$98 for treatment and evaluation. OTHER FEES MAY APPLY)

(We accept cash, check, debit, FSA, HSA, credit card, and Venmo)

We do not accept insurance for payment*. You may be able to send in statements for reimbursement.

-This visit/treatment is related to a motor vehicle or work related injury*. **(There's more paperwork!)**

Complete health information next...

General health info:

Page 1 of 5 **NAME:** _____

| | |
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| 1. Do you have trouble getting to sleep? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 2. Do you have trouble sleeping through the night? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 3. Do you have trouble getting up in the morning? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 4. Are you tired in the day?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 5. Do you exercise?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 6. Do you stretch?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 7. Do you meditate?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 8. Do you read (not online)..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 9. Do you spend time working?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 10. Do you get outdoors?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 11. Do you have headaches?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 12. Do you catch colds/flu easily?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 13. Do you have palpitations?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 14. Do you have respiratory troubles?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 15. Do you get winded/out of breath?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 16. Do you have constipation?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 17. Do you strain at going to the toilet?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 18. Do you have acid reflux?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 19. Do you have abdominal cramps?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 20. Do you get bloated?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 21. Do you have the feeling you have to urinate?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 22. Do you have pain when you move your bowels? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 23. Do you have urinary leaking?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 24. Do you have trouble with greasy foods?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 25. Do you have trouble digesting meats?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 26. Do you feel tired after eating?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 27. Are you thirsty often?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 28. Do you feel dizzy?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 29. Do you get allergies?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 30. Do you get frustrated easily?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 31. Do you cry easily?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 32. Are you afraid?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 33. Are you worried?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 34. Do you feel sad?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 35. Do you feel depressed ?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 36. Do you feel hope?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 37. Do you feel anxious?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 38. Does your mind race?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 39. Do you overthink?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 40. Do you have trouble concentrating?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 41. Do you have trouble focusing?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 42. Do you drink alcohol?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 43. Do you smoke or chew nicotine?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 44. Do you use CBDs?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 45. Do you crave salt?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 46. Do you crave sugar?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 47. Do you crave stimulants (caffeine, nicotine) | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 48. Do you have pain that wakes you at night?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 49. Do you have numbness?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |

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| 50. Do you have tingling in arms or legs?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 51. Do you get muscle spasms?..... | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 52. Do you have lower back pain? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 53. Do you have tension between your shoulders? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 54. Do you have neck pain? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 55. Do you have Shoulder pain? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 56. Do you have elbow pain? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 57. Do you have wrist pain? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 58. Do you have hip pain? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 59. Do you have knee pain? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 60. Do you have ankle pain? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 61. Do you have foot or heel pain? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 62. Do you have jaw pain? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 63. Do you have muscle soreness? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 64. Do you get sore when the weather changes? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 65. Do you sit at a desk at work? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 66. Do you drive more than ½ hour at a time? | <input type="checkbox"/> Always <input type="checkbox"/> Often <input type="checkbox"/> Sometimes <input type="checkbox"/> Never |
| 67. Do you have high blood pressure? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 68. Do you have LOW blood pressure? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 69. Do you take any <u>over the counter</u> medications <u>daily</u> ? Aspirin, Tylenol, etc. | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 70. Do you take any <u>prescription</u> medications? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 71. Do you have cholesterol problems? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 72. Unexpected weight changes in last 6 months: | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 73. Do you have other digestive issues: Indigestion, Crohn's, Ulcerative Colitis, IBS, etc. | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 74. Do you have a nervous stomach? Including ulcers, GERD, reflux, etc. | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 75. Do you have diabetes? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 76. Have you been diagnosed with cancer? (Ever?) | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 77. Have you (in the past three years) or are you currently treated with chemotherapy or radiation? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 78. Do you have a disc injury, <input type="checkbox"/> Cervical (Neck), <input type="checkbox"/> Lumbar (lower back) | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 79. Do you have osteoarthritis, rheumatoid arthritis, SLE, or other joint disease? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 80. Did you have Covid? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 81. Did or do you experience symptoms? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 82. Did you get vaccinated? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 83. Did you have any reaction? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 84. Do you have Fibromyalgia? | <input type="checkbox"/> Yes <input type="checkbox"/> No |

Where do you hurt now? (The most, or area you would like to focus on)

When did it begin? _____

What makes it better? _____

What makes it worse? _____

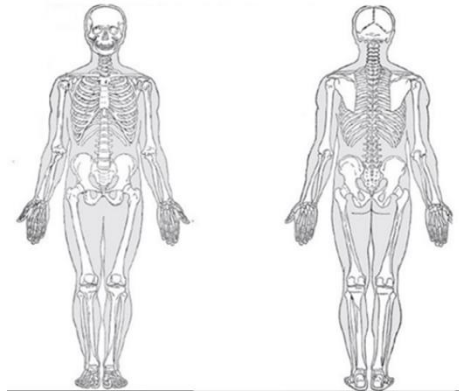
How do you describe the pain? _____

Does the pain travel? _____

On a scale of 1 – 10, ten being the worst pain imaginable, what is your pain NOW? _____

What is your pain at night? _____ What is your pain when you wake up? _____

How often do you have pain? (Circle One) Occasionally, Frequently, Often, Constantly
Feel free to mark where you have pain on the diagram below.



Do you have any?

- Missing parts (surgeries where something was removed) Please mark where-
- Extra parts (surgeries with implants) Please mark where-
- Nuts and bolts or metal plates **please mark where they are.**

A SINGLE VISIT IS NOT INTENDED TO CHANGE YOUR CONDITION DRAMATICALLY. THERE ARE NO MAGIC ADJUSTMENTS OR TECHNIQUES.

Acknowledgement and Acceptance of Treatment (the fine print...)

I understand and I am informed that, as is with all healthcare treatments, results are not guaranteed and there is no promise to cure. In the therapies practiced at Natural BodyWorks there are some risks to treatment, including, but not limited to, muscle soreness or spasms for short periods of time, dizziness, aggravating and/or temporary increase in symptoms, lack in improvement of symptoms, and on extremely rare occasions; sprains, fractures, disc injuries, strokes, dislocations, bruising, hematomas, and the possibility of a small amount of bleeding (acupuncture or dry needling only).

I do not expect the doctor to be able to anticipate and explain all risks and complications, and I will rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, and is in my best interests. I understand and have been informed that I have the right to and are encouraged to get a second opinion if I have concerns as to the nature of my symptoms and treatment options. I understand that some procedures used may be considered 'unproven'. Please contact us immediately with any increase or change in your condition after treatments.

I understand that my information is strictly private and protected here under the Health Insurance Portability and Accountability Act or HIPAA. It may only be released by this signature or under subpoena. *Details are available upon request. I also verify ALL information as true and complete as remembered or understand as complete. Any information not provided cannot be used to render an effective treatment plan and may delay recovery, referral, and relief or may render any treatment ineffective. By signing below you are also allowing us to use your contact information for advertising, emails, tweets, texts and other forms of contact. No information is ever provided to any other party without a verified legal subpoena or YOUR authorization.*

1. Services provided in this office are payable the day services are rendered. Patients are personally responsible for all charges. There are no refunds.
2. There will be a \$25.00 charge for returned checks due to nonsufficient funds (NSF). After two NSFs, checks can no longer be accepted as a method of payment.
3. Any balance remaining after 60 days with no action on the account will be charged an 18% per annual service charge.
4. *I hereby assign directly to Dr. Sean H. Thompson and or Natural BodyWorks LLC (Parker) all insurance benefits, if any, otherwise payable to me for services. I understand that I am financially responsible for ALL charges whether or not paid by insurance. I authorize the use of my signature on all insurance submissions and understand that health information may need to be disclosed to the above insurance company and their respective agents for the purpose of payment for related services. This consent will end when my treatment is completed or 5 years from the date signed.*
5. We charge for copies of records \$18.53 for up to 10 pages, 85 cents for each additional page.
6. We charge for ANY reports, opinions, or other statements other than billing receipts. \$325.00 minimum.
7. We do not work on contingency, you may prepay and a receipt will be printed for you to get reimbursement.
8. *Med-pay on Auto insurance is accepted. You are responsible for any unpaid balance by your insurance or legal case, we do not work on Lien, unless prior agreement is made.

Signed: _____ **Date** _____

We are not able to evaluate or treat you until this entire documentation is complete and signed.