MAKING ROOM FOR LOVE

Romance - February 2009

by Michelle Luongo

Yes, love does make the world go round! Love is the <u>energy</u> we all need for our well-being. We learn the most valuable lessons as human beings and grow the most through our intimate relationships. Love and Marriage go together like a horse and carriage. Or do they? If you are single and looking for that special someone, what better time than with the approaching Valentine's Day to set your Feng Shui environmental affirmations. After all, <u>Feng Shui</u> can be described as the art of arranging your space in order to bring about desired changes in one's life and circumstances.

If you want to attract a new romantic partner you need to ask yourself one question. Am I willing to make room in my life for this person? Having your closet jam-packed is a sign that you're not ready to share your life with someone else. Look at your closets, shelves, and

dressers, especially in the bedroom; if they are all filled to capacity, making some room for your future partner is a priority. Put last season's items into storage, donate clothes that don't fit to charity and rid your wardrobe of things you don't love. Empty out one of your dresser drawers, and leave some empty hangers in the closet. Stock the medicine cabinet with a spare toothbrush, razor, and deodorant for an overnight visitor will expand your romantic prospects. When you demonstrate you are willing to share your space with someone special, your romantic prospects will soar.

Don't stop there! Is there a parking space once he or she arrives? Do you park your car in the middle of the driveway, or do you leave space for a guest. Do you live in a condo or townhouse with reserved and guest parking? Why not park in the guest parking spot so there is always a space for that special someone.

In Feng Shui, there are several areas in your home that need your attention. Your bedroom, the <u>southwest area</u> and the far right corner of your home as you face into your home according to the <u>Bagua</u> Map is the relationship <u>gua</u>. Therefore, you want to make this area as romantic as possible. Consider building a "shrine to love" in that spot. Accessorize a table, dresser or shelf with a photo of you and your mate (or other art depicting your ideal relationship), a pair of candles, a book of romantic poetry and a heart-shaped box. It becomes an environmental affirmation of your relationship goals.

One is indeed the loneliest number - even when it comes to furnishings and decor. Having only one nightstand or space on only one side of the bed to climb in and out is very symbolic of solitude. Consider the message - "one night stand" that can actually hold you in single status. Symmetry is crucial, so position nightstands and lamps on both sides of the bed. Accessorize in pairs or multiples, too: Place a bunch of flowers in a vase and hang art depicting romance and unity, which in Feng Shui creates a "couples' energy" as well as a sense of balance and abundance in the room.

Have you found closure with past relationships? Go through your home, especially your bedroom and remove anything that reminds you of past failed relationships. No matter how incurable a romantic you may be, do NOT keep old love letters anywhere in your bedroom.

Your bed is the most important object in your bedroom. Get rid of stuffed animals, dolls, and excessive pillows. These items send the message to a prospective partner that the bed is already taken. You'll want to remove childhood toys and family pictures. If your love life is going to thrive, this space is exclusive for you and your partner. Pets that sleep on your bed can really hinder your romantic life, consider the message you are sending would-be partners by giving your pets such a prime spot.

Although some of these changes require a lifestyle adjustment, you'll be surprised at how effective they are. And once your love life starts gathering steam, these changes will seem very small indeed.

Enjoy!

Find out more about Michelle...