

## A DAY IN THE LIFE

### Junior Camp: Lower: Completed K through 2<sup>nd</sup> Grades

Leave camp every day with a smile

Campers are grouped by age/grade and participate in a diverse range of fun activities that are designed to encourage discovery, creativity, and teamwork, while under the watchful eye of their caring counselors and always in a safe environment.

- Experimentation of arts and crafts
- Coordination-building skills of games and sports,
- Developing social and problem-solving skills on the playground
- Participating in special events that build bonding and camp spirit

**Note:** Please be advised that Langford Farms is a large, social, and athletic activity program. We provide structured and varied activities for the entire camp day. If you'd like to discuss if our program is a good fit, please feel free to contact the club at 615/754-8650



### Junior Camp: Upper: Completed 3<sup>rd</sup> through 5<sup>th</sup> Grades

Explore new activities and fun challenges

Campers are grouped by age/grade and activities are centered around a schedule that offers an activity-based program full of fun and challenging camp experiences, led by our highly trained counselors who provide guidance and encouragement.

- Activities that enhance their developing coordination
- Opportunities to explore their creativity
- Time to bond with their friends and counselors
- Theme days and events that unite campers in a spirit of friendship, bonding, and teamwork
- Additional opportunities to customize their schedule with electives, majors and minors.



Camper of the week

### Senior Camp: Teen Club: Completed 6<sup>th</sup> through 8<sup>th</sup> Grades

Enjoy great activities with great friends

The goal for our middle school campers is to offer a program that adapts to meet their social and developmental needs. They will spend time each week on challenges and activities that bring them together in the spirit of competition and teamwork, leadership opportunities to gain self-confidence and independence, and down time in their own separate teen club room to chill with their friends. (Phones are permitted during certain down-times but will be kept safe when not in use. Please contact the camp office if you wish to speak with your child). In addition, campers in this group have activities and privileges all their own:

- They have time to swim in the pool, bond with their friends and counselors, and participate in special events
- Sports time on the athletic fields lets campers continue to play their favorite games and sports
- Working together as a group and leading camp service projects helps encourage campers to give back to the community
- Campers go on exciting field trips away from camp where they can challenge themselves individually and as a group



### OPTIONS THROUGH THE CLUB

Opportunities to participate in Langford Farms Club programs such as swim and tennis lessons are available while at camp, for an extra cost. Check the website for more information at [www.langfordfarmsclub.com](http://www.langfordfarmsclub.com). Participation on the Langford Farms Swim Team requires a membership to the club. If interested, please contact the office for more information at 615-754-8650.

