

Team Rules

- While attendance is not required for SOT games and practices, it is expected that you notify your coach / team coordinator as soon as possible if you are running late or cannot attend a game
- All playing time for players will be determined by the coach and is merit based. This includes placement in the field, batting order, number of innings played, and rotation on the bench. No player will sit the bench for more than half the game unless disciplinary issues create this need. All players will bat.
- No arguing with the umpire, coaches, or fans at any time during, before or after a game. Displaying self-control is a critical attribute that glorifies Christ, displays sportsmanship, and sets an example for our players and our opponent. If appropriate, the coach will address an umpire regarding issues that may arise.
- Music may be played before and during the game, but it must be appropriate and approved by the head coach of the team. At any point, music must be turned off if asked to be by a coach, team coordinator, or umpire.
- The use of alcohol or tobacco products is strictly prohibited at any game, practice, or event involving any Sons of Thunder team