

(506) 471-0633

anne-drea@waypointcounsel.com

151D Brunswick Street, 2nd Floor,
Fredericton, New Brunswick
E3B 1G7

Anne-Drea Allison

BA (Hons), BSW, MSW, RSW

Education:

Master of Social Work

Dalhousie University
2016

Bachelor of Social Work

St. Thomas University
2010

Bachelor of Arts (Hons)

University of New Brunswick
2008

Certificate, Human Resource Management

University of New Brunswick
2005

Professional Affiliations:

Registered Social Worker with the New Brunswick Association of Social Workers (NBASW)

Professional Experience:

Instructor | St. Thomas University,
2016-Present
Fredericton, NB

Owner/Operator | Waypoint Counselling & Therapeutics
2012-Present
Fredericton, NB

Forensic Clinical Coordinator | Horizon Health, Mental Health & Addictions
2020
Saint John, NB

Clinical Social Worker, Psychiatry Unit | Horizon Health

2019
Saint John, New Brunswick, Canada

Clinical Coordinator | Horizon Health, Mental Health & Addictions
2017 – 2019
Fredericton, New Brunswick

Mental Health Counsellor | Women in Transition
2015 - 2016
Fredericton, New Brunswick

Probation Officer | Department of Justice & Public Safety, Government of New Brunswick
2015 – 2015
Fredericton, New Brunswick

Coordinator, Court Diversion Program | Department of Justice & Public Safety, Correctional & Community Services/John Howard Society
2012 –2017
Fredericton, New Brunswick

Executive Director | Oromocto Training & Employment Program
2011 – 2012
Oromocto, New Brunswick

Program Coordinator/Facilitator | John Howard Society
2010 – 2017
Fredericton, New Brunswick

Child & Youth Advocate Investigator | Child & Youth Advocate Office of New Brunswick
2010 – 2011
Fredericton, New Brunswick

Social Worker | Kingsclear Child & Family Services
2010
Kingsclear First Nation

Coordinator, Homelessness | Community Action Group on Homelessness Contract
2010
Fredericton, New Brunswick

Student Services Coordinator | St. Thomas University
2009
Fredericton, New Brunswick

Intervenor | Canadian Deafblind Association
2008 –2010
Fredericton, New Brunswick

Mental Health Counsellor | River Valley Health, Mental Health & Addictions
2009

Fredericton, New Brunswick

Professional Training/Skills:

Putting Attachment Theory into Practice (Certificate)

EMDR - Eye Movement Desensitization & Reprocessing (Dr. Phillip Manfield, Part 1&2, Certificate).

Gottman Connect (approved member, Gottman Institute)

Psychology (B.A., Major ('08), & Diploma, Child Psychology '94)

Anti-Oppressive Practice (M.S.W.)

Family Violence Issues (University of New Brunswick);

PTSD (various Certificates, TEMA, Toronto)

Military Culture: Core Competencies for Healthcare Professionals (Certificate)

MicMac Maliseet Social Work Standards of Practice

Sweat lodge, smudging, drumming: (Sitansisk Wolastoqiyik Community).

Canadian DeafBlind Association, Intervenor training

Psychiatric Disorders: Schizophrenia, Autism, BiPolar Disorder (various trainings & experience).

Sexual Assault (OCRCC)

Treating Depression (Certificate)

Treating Anxiety (Certificate)

Telemental Health Counselling (Board Certified Provider)

Cognitive Behavioural Therapy, Cognitive Processing Therapy (Certificates)

Motivational Interviewing (Train the Trainer)

Using Art in therapy settings for adults, youth & children (Certificate)

Counselling w/ LGBTQ2S populations (Certificate)

Counselling children with O.D.D. (Certificate)

Sensory Motor Arousal Regulation Treatment, S.M.A.R.T. (Certificate)

Zones of Regulation (Certificate)

Ethically sound Therapy for Couples (Workshop)

Acceptance & Commitment Therapy (Certificate)

Non-Violent Crisis Intervention (Certificate)

Crisis Intervention & Debriefing (with individuals & groups, Certificate)

Client care within Community Correctional settings (Conference)

Restorative Justice Process (Certificate)

Forensic: Risk Assessments, LSC/MI & YLS (Certificates)

Mental Health Assessments & Screenings (various Certificates),

Internal Family Systems: Clinical Applications of the Model (Certificate)

Certified Mental Health Integrated Medicine Provider (2021-candidate)