



Kathleen Norton

HHS/BMHS Athletic Hall of Fame

Class of 2025

Kathy Norton is one of the most well-deserving athletes to ever join the Howe High School/BMHS Athletic Hall of Fame. As a 12-letter winner, she earned the title “Best Athlete” for her class of 1983 while also being recognized as an honor student and serving as part of the ROTC program.

Her dozen varsity letters were earned as a member of the Cross Country Team as well as the Indoor and Outdoor Track Teams, totaling five captaincies in 12 varsity season. For BMHS, Kathy medaled 21 times in state meeting events, placed fifth in javelin in the Class A State Championship and was selected as an MVC All-Star in Cross Country, Indoor Track, and Outdoor Track all four years of her high school career.

In 1980, Kathy was part of the Billerica High School state championship Cross Country team as a sophomore. For the 1981 indoor track season, she was named a 1981 Lowell Sun All-Star, beaten only one time, and placed fifth at the Falmouth Invitational Meet and second in the MVC Championship Meet. The following fall, Kathy was named to 1981 Boston Globe All-Scholastic Team for cross country and followed it up with being named the 1982 Lowell Sun Long Distance Track Woman of the Year in Indoor Track. Kathy established new MVC records in the 1-mile at 5:15 and the 2-mile at 11:20, winning the MVC Championship 1-mile race. She set a course record on both Chelmsford and Lowell courses. Later in the same season, Kathy competed with her teammates in the girls distance medley at the Eastern Track Championships at Harvard University. Her squad came in third behind Virginia and New Jersey but ran the seventh fastest high school time up until 1982.





Kathy went on to run for Westfield State University where she was named three times to the All-New England Team and was a two time National Track Qualifier All-American. In 1987, she finished eighth in the 5,000 meter NCAA National Championship. She is a member of the Westfield State Athletic Hall of Fame, and we are happy to now welcome her to our Hall of Fame.

Kathy lives in Maine and has had a long successful career with United Parcel Service. She still runs and loves to travel.

