

Coaching Introduction to Client

To help you become more familiar and comfortable with my coaching process:

- You set the agenda for our coaching partnership based on your priorities and goals. As your coach, I will hold you accountable.
- I will ask thoughtful questions, provide focus, structure, encouragement, and support.
- My role is to support, motivate, challenge, and guide you. Your role is to take the actions necessary to create the changes you desire.
- I will encourage you through difficult seasons and celebrate your successes.
- You may be invited to try new perspectives and practical strategies that promote growth.
- Coaching is not a substitute for counseling, psychotherapy, legal, financial or medical advice. When appropriate I may recommend consulting a qualified professional.
- Confidentiality is essential. Your information will remain confidential unless you provide written permission to share or disclosure is required by law or necessary to protect your safety or the safety of others.
- If you choose to end our coaching relationship, a 30-day notice is appreciated.
- Your feedback is always welcome and valued.
- My coaching is grounded in Biblical principles. My prayer is that you experience the abundant life Jesus spoke of in John 10:10.
- Coaching sessions are approximately 45 minutes. Focused and honest conversations help make each session productive.

At Love Aligned International, my desire is to build a coaching relationship build on trust, grace, accountability and Biblical truth. Together, we will pursue practical growth and God-centered wisdom to help you move forward with confidence, purpose, and hope. I look forward to partnering with you on your journey toward the abundant life Christ has promised. John 10:10

Theania Spence-Clouden

Founder & Christian Life & Relationship Coach

Love Aligned International

www.lovealignedinternational.com

theania@lovealignedinternational.com

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