

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am	Breakfast	>	>	>	>	>	>
9am	Orientation Part II	Polarity/ Yoga Exercises	Load up for Airport				
10am	Orientation Cont'd and Overview	Planning Your Retreat	Leave for Airport				
11pm	Hike to Yoga Camp	Planning Scheduling Forms	"				
12pm	>	>	>	>	>	>	
1pm	Explore Olivine Pools	Explore Ohai Trail					
2pm Airport Pickup	Explore Twin Beachs	"	"				
3pm Kanaha Beach Time	Explore Corrals	Explore Nakalele	"				
4pm Incidentals Shopping	Back to camp and refresh	Back to camp and refresh					
5pm Dinner and Orientation	>Dinner and free time	>	>	>	>	>	
6pm Orientation and Fireside	Firesides Affirmations Ceremony Free time	Firesides Affirmations Ceremony Free time	>	>	>	>	

Times / events are approximate and may vary based on each unique and special experience we are gifted with