

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8am	Breakfast>	>	>	>	>	>
	9am	Orientation Part II	Polarity/ Yoga Exercises	Polarity/ Yoga Exercises	Polarity/ Yoga Exercises	Polarity/ Yoga Exercises	Load up for Airport
	10am	Orientation Cont'd and Overview	Planning Your Retreat	Planning Scheduling	Planning Forms	Wrap up	Leave for Airport
	11pm	Hike to Yoga Camp	"	"	"	Lahaina	
	12pm	Lunch>	>	>	>	>	
	1pm	Explore Olivine Pools	Explore Ohai Trail	Explore Waihee Ridge	Explore Mokule'ia Beach	Lahaina	
	2pm Airport Pickup	Explore Twin Beachs	"	"	"	"	
	3pm Kanaha Beach Time	Explore Corrals	Explore Nakalele	"	"	"	
	4pm Incidentals Shopping	Back to camp and refresh	Back to camp and refresh	Back to camp and refresh	Back to camp and refresh	Lahaina Dinner Cruise or Luau	
	5pm Orientation	>Dinner and free time	>	>	>	>	
	6pm >	Firesides Affirmations Ceremony Free time	Firesides Affirmations Ceremony Free time	Firesides Affirmations Ceremony Free time	Firesides Affirmations Ceremony Free time		

Times / events are approximate and may vary based on each unique and special experience we are gifted with