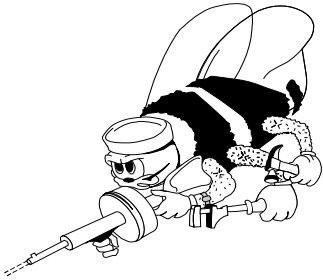


MCB 2 Reunion Association

Volume 12, Issue 7 - Online Only

Web site: <http://mcb2seabeereunion.com/>

June 20, 2019



SEABEES

A Newsletter for Former US Naval

Mobile Construction Battalion 2 Personnel

and host to CBD 1802, CBD 1804, CBMU 1, CBMU 101, CBMU 553 and CBMU 577

Lots of News

and a

Tribute to Bill Knight

Thanks to all who have helped to keep MCB 2 / CBMU 1/101 on-line!

I had to ask for some help when a large order for flags and pins came in to cover costs until those items were sold and generated income. But you can still help. Please send your dues if you see you have fallen off the Good Guy List or if you have an extra \$10 or \$20 you could send. It all helps keeps the MCB 2 Newsletter and web page operating.

In fact, I still have Seabee ball caps of all kinds. If you need a ball cap for when you go to Home Depot, let me know and I can help! E-mail me and I can send you pictures of the different Seabee caps. \$10 each plus shipping and all the quality as those sold for double that.

I hope you enjoy this issue and cannot wait until the next one! Enjoy the 4th of July celebrations! - Scott

Free Veteran ID Cards Can Take 6 Months to Process

– source Military.com

A verification of military service required for veterans to receive their free ID card from VA can still take up to six months from the time of application for those who separated before 1980, VA officials have reported. Veterans who served after 1980 can be verified through an automated process rolled out late last year, said Curt Cashour, a VA spokesman. But other veterans, primarily those who served before 1980, require manual verification before the ID card can be processed and produced, he added.

The card is available to any honorably discharged veteran through a problem established in

See *Free Vet Card* (Continued on page 2)

The Commander and Staff

Our leadership consists of:

Commander Pete Elliott

Staff:

Paul D'Angelo

Vic Jaccino

Don McLain

Rich Nelson, Vice Commander

Malcolm Pearson

Stoney Serrett, Commander Emeritus

Scott Williams, Sec'y/Treas./Publisher

See our web page:

<http://mcb2seabeereunion.com/>

SEABEES

March - June

Dates to Remember

June 1, 1950	MCB 2 commissioned
June 6, 1944	D-Day - Normandy Beaches
June 9, 1952	MCB 2 left Port Hueneme, CA for Cubi Point, Subic Bay, P.I.
June 25, 1950	Korean War begins
June 29, 1952	MCB 2 arrives Cubi Point for first time.
June 30, 1945	Seabee manning at its peak, 258,872 officers and men.
July 4	Independence Day
July 25, 1956	Cubi Point, Subic Bay NAS Commissioned.
August 9, 1956	MCB 2 Decommissioned never to be re-commissioned.
Aug. 11, 1942	USNCTC Camp Endicott, Davisville, R.I. commissioned. Original home of the Seabees.
Aug. 20, 1942	OIC, 6th NCB, arrives at Guadalcanal. First CEC Seabee officer to enter a combat zone.
Sept. 1, 1939	Germany invades Poland. WWII begins.
Sept. 1, 1942	6th NCB Seabees arrive at Guadalcanal; first Seabees to enter a combat zone.
Sept. 2, 1945	Formal surrender of Japan. WWII ends. V-J Day!
Sept. 13, 1966	CMA 3 Marvin Shields presented with Medal of Honor, posthumously.
Sept. 14, 1892	Birthday of ADM Ben Moreell, founder of the Seabees.
Sept. 15, 1950	Seabees land at Inchon, Korea.
Sept. 20	National POW/MIA Recognition Day.
Sept. 23, 1950	CPO and eight Seabees liberate steam switch engine at Yong Dong Po, Korea and successfully return to 1st Marine Division lines. Search "Great Seabee Train Robbery" for the full story.
Sept. 25, 1942	6th NCB Made Henderson Field, Guadalcanal, operational for B-17s 24 days after arrival.

(Continued from page 1) **Free Vet Card**

2017. Ordered by Congress in 2015, the IDs are meant to serve as proof of military service at private businesses. The cards are not considered official forms of federal or state ID, do not entitle veterans to any federal benefits and cannot be used to access military bases.

To receive the card, veterans must apply through Va.gov, complete the application and upload a photo. Once military service is verified, the card is sent by mail within 21 days, Cashour said. Since November 2017, about 204,230 veterans have applied for the card, he said. Of those, 143,324 have been approved and 143,084 had been mailed as of May 8.

**Life isn't tied with a bow . . .
but it's still a gift.**

Tribute to William E. “Bill” Knight



Bill enlisted in the U.S. Navy in August 1952 volunteering for duty with the Seabees as a mechanic before graduating high school but received his high school diploma in 1954. Bill was sent to Korea and joined with CBMU 1 there after Class ‘A’ Mechanics School in Port Huene. After Korea, Bill was sent to Adak, Territory of Alaska, and was married in October 1956 when he came home for annual leave. Bill advanced steadily through the Construction Mechanics rate as CM 3, CM 2 and CM 1. Along the way, Bill attended Class ‘B’ Construction Mechanics School and served in many units, including time in Naha, Okinawa in 1956 then into MCB Six then MCB Seven as a CM 1 in the Atlantic Fleet. In 1963, Bill was stationed in Trinidad, West Indies then to Ferndale, California where he was promoted to Construction Mechanic Chief. He was then transferred to Gulfport with MCB 121 in August 1967, which was his first tour of duty in Vietnam. Bill was then sent to Yokosuka, Japan for a couple of years shore duty. Then, in 1971, he was again attached with Gulfport and NMCB 133 when he was promoted to CMCS. Bill received a purple heart for wounds in action against enemy forces 18 Sept 1968. In all, Bill was authorized to wear the United Nations Service Medal, Korean Service Medal, National Defense Medal, Vietnam Service Medal, Vietnam Campaign Medal, the Fleet Marine Force Combined Operations Medal, Purple Heart, Civic Action Medal, Meritorious Unit Commendation, Navy Unit Commendation and Navy Good Conduct with three stars.

Bill was released from active duty into the Fleet Reserve on 5 January, 1973.

Bill passed from this life January 26, 2018.

Gold for all: Navy ending use of red 'misconduct' uniform stripes

stripes – source Stars and Stripes

The Navy is doing away with “misconduct” red stripes for senior sailors, among other changes outlined in a new uniform policy. The 13 changes are a result of feedback received from the fleet, according to the message signed by Chief of Naval Personnel Vice Adm. Robert Burke. Starting June 1, all sailors over the 12-year service mark will be authorized to wear gold chevrons on their dress and service uniforms, a stark contrast to the red stripe worn by some senior enlisted sailors as a visible sign of misconduct from some point in their careers.

The current policy mandates that sailors who have received nonjudicial punishment or court-martials within the past 12 years wear red stripes. Sailors who already have reached the milestone had to restart the 12-year clock if they had further infractions. Each stripe represents four years of service, with the gold previously indicating good conduct.

While multiple enlisted sailors welcomed removal of the stigma associated with red stripes, others online cried foul on the CNP Facebook page, viewing their gold stripes as a badge of honor. “Gold stripes mean something,” one user commented. “Some traditions are worth keeping, this was one of them,” another said.

“It says you did the right things for over a decade and it was reflected on your uniform,” Chief Petty Officer Steve Owsley, who has gold stripes and has been in the Navy just shy of 20 years, told Stars and Stripes. “Many times, when servicemembers make a mistake in the Navy, the most important part is to own that mistake and accept responsibility for it.”

Another change is the authorization of the command patch to replace the left-shoulder “Don’t Tread On Me” patch, currently a standard across the fleet since the Navy transitioned to the Type III green digital camouflage uniform in 2016. Although the command patches will be considered optional, sailors have pushed for this change as a source of pride and distinction between commands. The design of a command logo patch must be approved by the unit’s commanding officer, the message said.

Meanwhile, the all-too common occurrence of E-4 sailors receiving salutes now has a potential remedy. Navy captains will have the option to purchase silver-thread O-6 rank insignias for the Type III uniform to distinguish them from 3rd class crowns, which have a strong resemblance to the black O-6 eagle when seen at a distance. Other items will affect female uniforms, including new slacks and skirts for chiefs and officers, flat shoes for dress uniforms and a clarification on the use of ponytails, previously ambiguous for both style and use in uniform.

VA to Announce Decision on New Agent Orange Presumptive Conditions

- source Military.com

Three years after the National Academy of Medicine recommended VA consider adding three conditions - bladder cancer, hypothyroidism and Parkinson's-like symptoms - to the list of qualifying diseases tied to AO, affected veterans may soon find out whether they are eligible for disability compensation and VA health care. During a March Senate Veterans Affairs hearing on the VA budget, Dr. Richard Stone, executive in charge of the VHA, said a decision on the three illnesses likely would come in the next 90 days. Stone said VA is working "through this right now, and it would be my hope" to have a decision within three months. The announcement brought hope to thousands of veterans living with bladder cancer and thyroid problems, as well as those who have essential tremors and other

symptoms similar to Parkinson's, but who haven't been diagnosed with the disease. In November 2018, the National Academies of Sciences, Engineering and Medicine also released a report finding sufficient evidence to link high blood pressure with exposure to AO. High blood pressure, or hypertension, previously had been designated as having limited or suggestive evidence that it is related to contact with AO. A National Academies committee, having reviewed new studies, upgraded the association to say there is "sufficient" evidence that ties the disease to exposure. But high blood pressure is so common among older Americans that it has never been added to the presumptive list, even though the suggested evidence shows it may be tied to exposure. The U.S. military sprayed millions of gallons of herbicides, including AO, in Vietnam to clear the jungle of foliage that obscured enemy movements. More than 2.7 million veterans served in Vietnam. Veterans with health conditions connected to serving on the ground in Vietnam and inland waterways are eligible for health care and compensation from VA.

VA to Drop Fight Against Blue Water Navy Veterans

– source Military.com

VA will not appeal a January court ruling that ordered it to provide health care and disability benefits for 90,000 veterans who served on Navy ships during the Vietnam War, likely paving the way for "Blue Water Navy" sailors and Marines to receive Agent Orange (AO)-related compensation and VA-paid health care benefits.

Last year, the House unanimously passed a bill, the Blue Water Navy Vietnam Veterans Act, to provide benefits to affected service members. But VA objected, saying the science does not prove that they were exposed to AO. Veterans and their advocates had argued that the ships' distilling systems used AO-tainted seawater, exposing sailors on board to concentrated levels of dioxin. However, the bill failed in the Senate when Republicans, Sen. Michael Enzi of Wyoming and Mike Lee of Utah, said they wanted to wait for a vote pending the outcome of a current study on AO exposure.

The U.S. Court of Appeals for the Federal Circuit in January ruled a Vietnam veteran, 73-year-old Alfred Procopio, and other Blue Water Navy veterans qualified for benefits currently given to service members stationed on the ground in Vietnam or who served on inland waterways and have diseases associated with AO. Procopio, who served on the aircraft carrier Intrepid, suffers from prostate cancer and diabetes, illnesses presumed to be related to exposure to the toxic herbicide.

VA has contended that any herbicide runoff from the millions of gallons sprayed in Vietnam was di-

luted by seawater and would not have affected off-shore service members. It also objected to the cost of providing benefits to Blue Water Navy veterans for illnesses common to all aging patients, not just those exposed to AO. The proposed act had estimated the cost of providing benefits to these veterans at \$1.1 billion over 10 years. VA officials say the amount is roughly \$5.5 billion.

VA Secretary Wilkie told members of the Senate Veterans Affairs Committee during a hearing on the VA's fiscal 2019 budget that the department has started serving 51,000 Blue Water Navy veterans. He cautioned, however, that while he is recommending the Justice Department drop the case, he "didn't know what other agencies would do." Lawmakers praised Wilkie's announcement, urging him to ensure that the DoJ drops the case. Sen. Richard Blumenthal, D-Connecticut, said it would "bring fairness" to these veterans. "I am grateful for you in making these considerations," Blumenthal said, adding that he'd like to see the VA do more research on toxic exposures on the modern battlefield. "The potential poisons on the battlefield are one of the greatest challenges of our time."

The diseases considered presumptive to Agent Orange exposure, according to the VA, are AL amyloidosis, chronic B-cell leukemia, chloracne, Type 2 diabetes, Hodgkin's lymphoma, ischemic heart disease, multiple myeloma, non-Hodgkin lymphoma, Parkinson's disease, early onset peripheral neuropathy, porphyria, prostate cancer, respiratory cancers and soft tissue sarcomas.

Amyotrophic lateral sclerosis, or Lou Gehrig's disease, in a veteran who served 90 days or more in the military is automatically considered service connected, regardless of date of service.

Vermont National Guard sergeant charged with selling equipment on eBay

– source Army Times

A Vermont National Guard supply sergeant Ammon Yule has been indicted by a federal grand jury on charges that he sold military equipment online that had been shipped to the Rutland armory. The

six-count indictment on fraud and embezzlement charges says that from March 2017 until March 2018 Yule ordered equipment, including dozens of duffel bags, parkas and boots, from a military equipment distribution center in Kentucky and then sold them on eBay. Guard Capt. Mikel Arcovitch says the guard has investigated the allegations against Yule and has "taken appropriate action." He would not release Yule's current duty status.

REMEMBER.... POLITICIANS AND DIAPERS SHOULD BE CHANGED OFTEN AND FOR THE SAME REASON

No more just snapping to attention for the Marines' Hymn - commandant has directed Marines to sing it out loud

- source Marine Times

As of April 15, Marines better make sure they remember all the words to the Marines' Hymn, because the top Marine has ordered you to sing it out loud when it's played. That's one of a slew of changes in the Corps' new drill and ceremonies manual. "It is now directed that Marines, present and who have served honorably, who are not in formation or part of an actual ceremony, or marching in a parade or review, who when they hear the playing of the Marines Hymn will stand at attention, face the music and sing the words to the Hymn," the updated manual reads. Previously Marines were directed to stand at attention during the playing of the Corps' official song - a tradition that dates back to just after World War II.

Other major changes include the removal of the complicated drill movement known as "stack arms," various modifications to the Marine birthday ball ceremonies, and added language that the Marine ball ceremony include a reference to fallen comrades. Stack arms is a difficult drill movement where Marines skillfully stack their rifles in groups of five without dropping a rifle. That maneuver has now

been removed.

The task to overhaul the drill manual was spearheaded by Gunnery Sgt. Zane Moorman, a former regimental drill master aboard the recruit depot at Parris Island, South Carolina. Moorman worked with other drill masters at Parris Island, San Diego, and Officer Candidates School aboard Quantico, Virginia, for more than one and half years to refine the drill manual.

There's roughly 300 pages of changes in the nearly 600 page manual, but a lot those changes include updating photographs that display Marines in outdated uniforms. For example, the old manual included photographs that showed Marines in the old tricolor woodland utilities. The updated manual displays Marines in the digital camouflage utilities. The updating of the drill manual is important: Drill is about self-discipline that creates unit pride, Training and Education Command Sgt. Maj. William J. Grigsby said. "Drill and ceremonies are the cornerstone of Marine Corps customs, courtesies and traditions," he said. Drill "teaches an immediate obedience of orders. A well drilled unit is going to be a pretty disciplined unit."

The updated drill and ceremonies manual has been approved by Sgt. Maj. of the Marine Corps Ronald Green and the commanding general of Training and Education Command Maj. Gen. William F. Mullen.

Military Retirees Flock to Federal Dental and Vision Program

- source Military.com

Military retirees seemed to get the message to sign up for federal dental benefits before the TriCare Retiree Dental Program ended Dec. 31, with nearly 1.2 million of those eligible making the switch, according to data released by DoD. As of March 15, 1,424,521 TriCare beneficiaries were enrolled in the Federal Employees Dental and Vision Insurance Program, including 1,197,158 beneficiaries who were previously enrolled in TRDP. The remainder - more than 225,000 retirees and family members -- were new enrollees to FEDVIP.

At its peak, TDRP had roughly 1.5 million enrollees. It's not clear, defense officials said, why some beneficiaries previously enrolled in TDRP didn't sign

up for FEDVIP. Possibilities include already being in FEDVIP or simply deciding to drop dental insurance. What is known, according to DoD, is that TriCare officials have received few complaints.

Before TDRP expired last year, military retirees and family members became eligible to enroll in a dental plan through FEDVIP. But for the first time, eligible beneficiaries were required to sign up during an open season period, which ran Nov. 12 through Dec. 10. With about 78% of eligible military retirees having signed up by the cutoff date, the Office of Personnel Management extended the period for initial enrollment to mid-March.

Now, those wishing to sign up for FEDVIP must have a qualifying life event such as military retirement; marriage; loss of a spouse or family member; or a move, or they must wait until the enrollment season in late November. To learn more about FEDVIP go to: benefeds.com.

The military leads all other professions in the number of days spent drinking per year, study claims

– source Military Times

Whether it's shutting down an entire country's beer supply, going on a beer-only diet for Lent, or reaching a state of intoxication so severe that one breaks into someone's home, gets naked and takes a shower, the association between service member and alcohol is well established. It should come as no surprise, then, that data pulled from the Centers for Disease Control and analyzed by the Delphi Behavioral Health Group revealed that service members consume alcohol on more days of the year than any other profession.

Close to 27,000 people across 25 different industries responded to surveys on alcohol consumption during the period of 2013 and 2017, with the average person reportedly consuming at least one drink 91 days per year. Service members, meanwhile, led all other professions, with an average of 130 days of drinking - or, over one-third of the calendar year. Miners and construction workers were not far behind, drinking 112 days and 106 days per year, respectively.

Despite these elevated numbers, the overall rate of drinking in the U.S. has reportedly decreased over the course of the last two years. Noting that trend, Delphi analyzed which industries were scaling back their intake and contributing to the drop. The organization also looked at which professions were moving against the grain, and once again, service members led the way.

Over the course of just four years - 2013 to 2017 - the average number of days military personnel spent

drinking per year went up by 34, a number that has continued climbing without any dip since 2014. Industries like arts and entertainment were on the opposite end of that spectrum, decreasing the number of drinking days per year by nine during the same four-year span.

While military-related booze trends may not shock service members or veterans, the surging rate of alcohol consumption can ripple into a number of other problematic areas, researchers say. The rate of binge drinking, for example, has been highlighted by DoD as an area to address after a Rand report, using data from 2015 and 2016, indicated 30% of service members reported binge drinking in the month leading up to being surveyed. For Marines, that number skyrocketed to 42.6%. Rates of binge drinking, defined as "consuming more than four drinks within a two-hour period for women and five drinks for men," have climbed as well among the veteran population, up from about 14% in 2013 to just under 16% in 2017. Veteran drunk driving has also surged as a result, up nearly 60% since 2014.

A wealth of research points to PTSD, specifically the depression resulting from trauma, as one of the primary contributors of binge drinking among veterans and active duty personnel. For nearly three million service members who have been deployed in support of American war operations in Iraq or Afghanistan, approximately 11 to 20% suffer from PTSD. Some studies suggest that number is as high as 30%. Rand researchers argue that such alarming trends should be sharply addressed through command disapproval of alcohol abuse.

Despite the recommendation, however, a dozen military commissaries across the country began selling beer and wine last year. Up to that point, alcohol had only been sold only at exchanges.

New legislation would recognize nine more diseases caused by Agent Orange

– source Stars and Stripes

A group of lawmakers have introduced legislation that would add nine more diseases to a list of conditions presumed to be caused by Agent Orange, giving veterans who suffer from them a fast-track to VA disability compensation and health care.

The Keeping Our Promises Act adds prostate cancer, bladder cancer, hypothyroidism, hypertension, stroke,

early-onset peripheral neuropathy, AL amyloidosis, ischemic heart disease and Parkinson-like syndromes to a list of diseases presumed to be caused by AO exposure during the Vietnam War. Researchers with the National Academy of Medicine released findings in November that there was "suggestive" evidence that eight of the diseases could be caused by AO. For hypertension, researchers found that "sufficient" evidence exists.

"American heroes affected by Agent Orange deserve the peace of mind knowing that the federal government recognizes the existing link between their exposure and illness," said Rep. Brian Fitzpatrick, R-PA, one of eight lawmakers who banded together to introduce the legislation.

Odds AGAINST Winning the Lottery

– a bit of information included in the Newsletter from time to time

Your actual odds of winning the lottery depend on where you play, but single state lotteries usually have odds of about 18 million to 1 while multiple state lotteries have odds as high as 120 million to 1. About one out of every three people in the United States think that winning the lottery is the only way to become financially secure in their life. This is a frightening statistic when you consider what the above odds really mean.

Take a look at a number of remote occurrences that you probably wouldn't like to have happen to you - and probably don't think will ever happen to you - but are still much more likely to happen to you than winning the lottery.

- Being struck by lightning. The actual probability of this happening varies, but the National Safety Council says between 70 and 120 people a year die in the US by lightning - so let's take 100 as our base. With the US population being approximately 325 million people, that means that the chances of being killed by lightning are roughly 3,250,000 to 1. Not very likely. However you are still 6 to 45 times more likely to die from a lightning strike than you would be to win the lottery.
- Now nobody really wants to die from Ebola, the flesh eating bacteria, and with odds at about 1 million to 1, the chances that you will die that way are pretty slim. Then again, you are 18 to 120 times more likely to die this way than to win the lottery.
- What are the chances that if you're playing with a group of four that two of you will get a hole-in-one on the exact same hole? At 17 million to 1, they're better than the chances of you winning the lottery.
- What about dying from a snake bite or bee sting? You're a whopping 180 to 1,200 times more likely to die from one of these incidents than win the lottery. That's because the probability of dying from a snake bite or bee sting is about 100,000 to 1.
- Now I know you are not a bad person and you don't imagine finding yourself on death row for a crime you committed anytime soon. Still, it's a

lot more likely that you will be legally executed than win the lottery. In fact, you are 30,000% to 200,000% more likely to die in a legal execution than to win the lottery. You are also 450,000 to 3,000,000 times more likely to die in an asteroid collision in the year 2029 than to win the lottery.

- If none of the above has convinced you to stop playing the lottery, consider that if you drive 10 miles to purchase your lottery ticket, it's three to twenty times more likely for you to be killed in a car accident along the way than to win the jackpot.
- In a typical 6 from 49 lotto, 6 numbers are drawn from 49 and if the 6 numbers on a ticket match the numbers drawn, the ticket holder is a jackpot winner – this is true regardless of the order in which the numbers are drawn. The odds of being a winner are approximately 1 in 14 million (13,983,816 to be exact). To put this in context, suppose you buy one lottery ticket per week. 13,983,816 weeks is roughly 269,000 years. In the quarter-million years of play, one would expect to win the jackpot only once, or if one person bought a ticket every second of every day for one year, one would win the jackpot on average about 2.25 times.
- Mega Millions is a popular multi-state lottery known for jackpots that grow very large. This feature is made possible by designing the game to be extremely difficult to win: 1 chance in 175,711,536. That's over twelve times higher than the example above. Mega Millions players pick six numbers, but two different "bags" are used. The first five numbers come from one bag that contains numbers from 1 to 56. The sixth number – the "Mega Ball number" – comes from the second bag, which contains numbers from 1 to 46. To win, a player's five regular numbers must match the five regular numbers drawn and the Mega Ball number must match the Mega Ball number drawn. In other words, it is not good enough to pick 10, 18, 25, 33, 42 / 7 when the drawing is 7, 10, 25, 33, 42 / 18. Even though the player picked all the right numbers, the Mega Ball number at the end of the ticket doesn't match the one drawn, so the ticket would be credited with matching only four numbers (10, 25, 33, 42). Powerball odds are always 1 in 292.2 million.

Falling for phone scams could be an early sign of dementia, study says

- source cnn.com

The woman lives alone, but she's rarely lonely. Friends stop by and a niece looks in weekly. Still, most of her afternoons and evenings are spent sitting in her chair, looking at the clouds and sky through a picture window. The caller sounded nice. "Good afternoon," he said in a cheery voice. She couldn't remember entering the sweepstakes, but he assured her she had and that it didn't matter: What matters, he said, is that she'd won, "A unique investment opportunity." If she sent \$200, she'd receive \$2,000 in return. "She transferred \$200 from her bank to them, and it just kept escalating, and they started calling her daily," said Dr. Angela Sanford, who practices geriatric medicine at St. Louis University Hospital. "She was probably \$10,000 or \$12,000 in before the niece became aware."

Every year, \$3 billion is stolen or defrauded from millions of seniors, according to the Department of Justice. Sometimes good judgment amounts to hanging up the phone: Older adults who find it difficult to end a conversation with bogus telemarketers may be at risk for dementia, new research suggests. Within a large group of older people showing no signs of dementia, those with little to no awareness of possible telephone fraud proved to be at higher risk for mild cognitive decline and, in some cases, Alzheimer's disease compared with those with a greater consciousness of potential cons, according to the study.

Patricia Boyle, lead author and a neurological psychologist at Rush University's Alzheimer's Disease Center, said the research "adds to our understanding of elder fraud in general. This work would suggest that, in fact, many cognitively intact older people also may be at risk of financial and other forms of fraud and abuse and really sheds new light on the scope of this problem." Easily swindled seniors may not be only those who are obviously forgetful or confused.

To test this, researchers enlisted 935 older people in the Chicago area who had not been diagnosed with dementia. Participants completed a "scam awareness questionnaire" of five statements: "I answer the telephone whenever it rings, even if I do not know who is calling." "I have difficulty ending a telephone call, even if the caller is a telemarketer, someone I do not know, or someone I did not wish to call me." "If something sounds too good to be true, it usually is." "Persons older than 65 are often targeted by con artists." "When telemarketers call me, I usually listen to what they have to say." They also completed traditional neuropsych-

chological tests during the six-year study. Over the course of the study, 151 (16.1%) developed Alzheimer's, and 255 (34.2%) developed mild cognitive impairment. The researchers found participants who showed low scam awareness had higher risk for Alzheimer's, dementia or mild cognitive impairment. Low scores on the fraud consciousness test were also associated with symptoms of Alzheimer's disease in the post-mortem brain studies of those who died.

"Social cognition - social judgment - involves a diverse array of functions," Boyle said. This "complicated behavior involves cognition, emotion regulation, making inferences and perceptions about others' behavior as well as of course regulating one's own impulses." The ability to discern whether someone is trustworthy is one example of social cognition. "Poor financial decision-making or deficiencies in complex daily living tasks may occur before the appearance of obvious cognitive symptoms such as memory loss," she said. "We don't do enough screening in this country, and we don't have any guidelines that tell [physicians] to do it," she said. "A lot of patients are not diagnosed, and bad things, such as scams, happen before we are aware of it." With many doctors, a screening test is not administered until someone comes in and talks about memory trouble, she explained. "In geriatrics, we argue for universal screenings," she said.

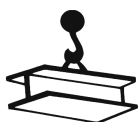
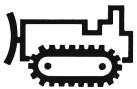
"Mild cognitive impairment is often harder to pick up than dementia because it's often much more subtle," she said, noting that many people with cognitive impairment may be high-functioning in their homes. Understanding that a patient struggles with mild cognitive impairment is helpful "because your approach to a patient changes when you know there's memory impairment and you can start having those conversations with family earlier and plan for the future," she said.

With the woman who thought she'd won a sweepstakes the police became involved. "The niece ended up having to change the phone number three times. They just kept finding her number; they even contacted her on Facebook," Sanford said. The woman scored high on memory tests, but the pathological changes in her brain affected her judgment, Sanford said. Boyle said that "advice for families is always to remain vigilant about the problem of elder fraud."

Look out for fraudsters and their tactics. Get a sense of the most likely scams that are ongoing at the time," Boyle said. "Banks will send out text messages to families when the debit card is being used. Or they can set limits," she said. "So there are different ways to safeguard against some of these scams. And these kinds of things can be put in place earlier on, before the crisis occurs."



Notes from our members:



From **Marilyn Knight**: As I mentioned in my e-mail to you, enclosed please find a check for dues [thank you!]. I would like to remain on your list of people who receive the Newsletter as it is most interesting and keeps me a little informed about the Seabees and various people I might know. Lisa, Joe and I are making a trip to Mississippi in Joe's RV at the end of March. I had written Stoney telling him I was coming and would like to visit with him while I am there. I will give him a call and see if we can get together. I will never forget your kindness in providing the service for Bill's memorial and I will never forget that Stoney came all the way from Mississippi for the event. What loyalty and great friends you are. It is hard to believe that it has been over a year now because I still miss him so much. On Saturday, it will be one year since the memorial. I have been to the cemetery at least twice since then and plan to go whenever I can get away to go that far. It is hard for me to travel with this oxygen tank. Again, I thank you for your service, your kindness, your friendship and also for your Newsletters. I also enjoy all your emails and send most of them out to many of my friends. It is going to be spring real soon and I look forward to that. Any time you and Rachel feel up to it, please consider a visit up here whenever you can. We could have lunch sometime or I could prepare a meal for you. It would be so nice to see you.....

from **Jim Green**: [Jim sent a check for dues—thanks!]..... from **Yvonne Fowler Meredith**: I received the letters

from CEC/Seabee Historical Foundation confirming the brick placed in honor of **Bob Fowler**. I have sent the letters to his daughter, Granddaughter and Great-granddaughter, **Susan, Rachael and Rane**. In sharing my memories of **Bob** with his family, the Seabees were a big part of his life. I know he was proud of the uniform he wore and the work he performed. He gave 110% of himself on the job every day. From all of us we want to thank you and the benefactor for this amazing gift..... from **Jack Schrader**: I received the flags over the weekend so I thought I had better get this check to you. I hope this covers everything.... If not, e-mail me and I'll make an adjustment..... I received checks from **John Wilborn** and **Stoney Serrett** for support. Thank you, it is really appreciated..... from **Ralph Bokern**: [Ralph sent a check for dues and I called him.... **Ralph** is not doing well... 1951 Fruitwood Ave., Charleston, SC 29414..... from **John Wilborn** - bought some Seabee cutout pins.... Thanks, **John**..... from **Frank Castelvechi**: Thanks for the flags. I'll call when I pay **Mike's** dues again or when I need something [that's a deal, **Frank!** Thanks!]..... from **Ralph Presson**: [sent a check for support and dues. Thanks **Ralph!**]

That's it, folks.... All the news and views that's fit to print. I'm just now getting back to doing.... I fell in the shower the Saturday night before Memorial Day. I thought I either broke my left shoulder or dislocated it. Rachel took me to the Emergency Room five miles away and they got me right in. The doc said nothing broken or dislocated except for my collar bone.... It tore loose from my shoulder and was sticking up about 2 inches. Evidently, the collar bone (clavicle) is attached at the shoulder by cartilage and that is what tore loose. The doc put my arm in a sling and gave me some ibuprofen and said don't come back unless it doesn't heal. Works for me! I still can't sleep on my left side but I can move my arm pretty well. I was bruised with a black bruise from my breast bone to the outside of my left arm and from the top of my shoulder to the bottom of my ribs..... But, I'm OK and getting better. I told my brother and he said that a previous L.A. sheriff, Peter Pitchess, died as a result of falling in his shower. Guess I am pretty lucky... it could have been worse. Send me your notes, especially the ones with Jackson on them. Have a good summer and celebrate the Fourth of July! It has been raining here for a week - maybe 1/2 an inch per day is all, tho'. Have a great summer.... Scott

The Good Guy List

For 2019

Dave Budworth, John Bloem, Ralph Bokern, Pat Carey, Frank (in memory of his brother Mike) Castelvechi, Roy Cone, Ballard Credeur, Mary Dick (for all the Good Guys), Tom Dowd, Don 'Ike' Eminhizer, Al Erb, Richard Farbo, Frank Fibich, Richard Forster, Jack Foster, Yvonne Fowler (in memory of Bob Fowler) Meredith, Claude Garcenot, Robert Graf, John Grasz, Jim Green, Gordon Gwathney, Pauline (in memory of Charlie) Hagemann, Roger Hamilton, Ruth (in memory of Alex) Hamilton, Bert Helms, Mary (in memory of Duane) Henrichson, Wayne Heple, Althea (in memory of Jerry) Herr, Juanita (in memory of Leonard [Hersh]) Hershberger, Sam Holsomback, Erling Husby, Vic Jaccino, Joe (Frenchie) Jandreau, Sharon (in memory of Larry) Jessop, Sharon (in memory of Ambrose) Johnson, Carol (in memory of my loving husband of 62 years Charles) Kangas, Duane Keech, Denise King (in memory of her Dad, Don Truskey), Marilyn Knight (in memory of Bill), John Kolasz, Betty (in memory of Emil) Krygier, H.A. 'Herb' Liverman, Ivan Majetic, Bob Markey, Don McLain, Bobby McMillan, John Petronka, Earl Presson, Gary Rawlings, Rex Roark, C. Edner Rudolph, Jack Schrader, Stoney Serrett, Dick Skillicorn, Alice (in memory of Ray) Sonnen, Ray Sorrentino, Marian (in memory of Clyde) Stenholm, Stiles Stevens, Lucy (in memory of Lee) Stevens, John Stock, Willie Struecker, Judy (in memory of Richard) Todd, Rodney White, John Wilborn, Scott Williams, R.G. 'Pete' Williams, and Bill Wisnowski.

Everyone listed here have their dues paid at least through 2019, some much longer. If you don't find your name on this list, then maybe you have forgotten to send in your dues recently. All dues are paid through the calendar year, January 1 through December 31 (no dues card sent out). This list is as of May 29, 2019 There are currently 47 paid up members through 2019. The Newsletter is sent primarily by email. If you or a son or daughter have an email address and you

wish to receive the Newsletter by email, please send an email to Scott at williash@aol.com. Online, you will get the Newsletter with color pictures if they are in the original, which is cost-prohibitive to print in the Post Office-mailed version

Everyone can read the Newsletter on-line on our Web page: <http://mcb2seabeereunion.com/>

Need a Membership Roster?

If you have a need for an up-to-date membership roster, drop me a line with a couple of bucks and I'll send you one. We currently have 713 names and addresses of former CBD 1802, CBD 1804, CBMU 1/101, CBMU 577, and MCB 2 personnel, so this is a pretty thick directory (22 pages). Glad to have all aboard! And, if you would like a directory sorted by ZIP numbers, let me know. You can see who lives close to you or use it when you travel. And keep sending those cards and letters – especially the ones with checks!
Scott Williams

Who to contact about your dues

Scott Williams, Sec'y/Treas.
MCB 2 Reunion Association
725 Summer Ridge Dr.
Villa Rica, GA 30180
(770-456-4246)

e-mail: williash@aol.com

make checks payable to:
Scott Williams/MCB 2 (or CBMU 1, etc.)

Dues are \$10/year

January - December

This is what keeps us going
and enables us to send this eNewsletter.

Web page: <http://mcb2seabeereunion.com/>

MCB 2 Reunion Association, Inc.

c/o Scott H. Williams
725 Summer Ridge Dr.
Villa Rica, GA 30180

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