DON'T LOOK AT THE FISH WHEN CASTING

This may seem counter-intuitive for beginners, but do not aim for the fish which you are targeting with a dead drift. Whatever you are looking at, that is where you will likely cast your fly. Look at a point 3-6 feet upstream of the fish. With the water very low and clear, you may need to target even further ahead.

TARGET PRACTICE
THE FLY FOLLOWS THE EYE

Drill to cast ahead of the fish:

Set a hula hoop or paper plate in your practice field or yard, 20-30 feet from you. Cut out a piece of cardboard the rough size of a fish. Place it 3-6 feet on your side and to the right or left of the hoop.

Practice looking at and casting to the hoop target, while not looking at the fish. Vary the distance and practice different types of cast.