

# The Unredeemed Conscience

In Psychotherapy and  
Spiritual Development

by

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FOR

God Beyond All Understanding

The Holy Spirit and Jesus Christ



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# FORWARD

This work describes a large number of psycho-imaginative interventions using a spiritual methodology. All of them were developed in a clinical psychology setting using active imagination to explore and treat a wide range of clinical issues. The methodology involves a luminous sphere of *Light*, which the client uses to express willingness, and the evocation of a Christ image or comparable higher power able to channel the Holy Spirit. The interventions have proven effective for the redemption of conscience, the removal of its shaming enthrallments, and the correction of gender distortions in the images of self and others.

I confess the book is inordinately long. Some chapters are easily the equivalent in size of many books published today. But each chapter follows the other in what I hope is an organic whole. I could have shortened them greatly by offering abbreviated verbatims. But those capture the ‘nitty-gritty’ of actual practice; and hopefully provide the reader a realistic sense of what takes place when a client goes inside. You can skip through them on the initial reading, but I expect the practitioner will want to read them more closely if s/he ventures to offer the methodology to clients.

I am deeply indebted to my clients who have received positive benefits from these methodologies and allowed me to publish their results. They are the true authors of this book.

I am also indebted to my ‘first editor,’ Dr. Peg Hess, whose suggestions and enthusiasm were instrumental in helping me to finalize the work.

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*J.W. Vreeland  
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