

## **TOURNAMENT TEAM GUIDELINES**

- A) The tournament team will only be compromised of members from the Papertown Pinners organization.
- B) Wrestlers from the organization will wrestle off to determine the dual team prior to the first dual match.
- C) Wrestlers may choose to wrestle off at two weight classes. Wrestlers must list the weight classes that they wish to wrestle, and once submitted no changes will be made.
- D) A wrestler may only try out for the second weight after he/she is defeated in their first choice of weight and it was listed on their submitted sheet.
- E) Once the tournament team has been wrestled off, only the coaching staff may make a weight change.
- F) After the first dual and for any dual that follow, a wrestler may challenge the incumbent wrestler. When challenging a weight class, you may only select one weight to challenge and must defeat the incumbent wrestler two consecutive times.
- G) Wrestlers must weight in **EACH** night of wrestle offs. Wrestlers must weigh in wearing shoes, shorts, and t-shirt or singlet. **NO EXCEPTIONS!** Under these terms a two-pound allowance will be given. The coaching staff does not recommend the cutting of weight at any weight class; this is at the parents' discretion.
- H) Wrestle offs will consist of three (3) one-minute periods. If no winner is determined after regulation, subsequent one-minute periods will follow with the winner being determined by first takedown.
- I) Wrestle offs will be refereed, timed, and scored by individuals with no interests in the match.
- J) The alternates will be chosen by the dual Team Coordinators.
- K) All dual team members will receive a warm up suit that must be returned washed **AFTER EACH DUAL.**
- L) All questions should be directed to the president of the organization.
- M) No person with an interest in the outcome of a wrestle off is permitted in the wrestling room during said wrestle-off. Additionally, no coaching of any kind is permitted during wrestle-offs.
- N) In the interest of safety, a wrestler is not permitted to wrestle more than one weight class up from his accrual weight. (Example: A wrestler weight 68.5 lbs. would be permitted to wrestle at either 70 or 75. **NOT ANY HIGHER**)
- O) If a wrestler misses a dual for a reason other than bereavement of a close family member or being medically unable to participate, that wrestler will lose his/her spot and will become the spot of the second in line. Should the original wrestler wish to challenge for the spot in the next dual, he/she will have to win twice as in a regular challenge (see F).