

## Job Description

### Regenerative Urban Farming & Equitable Healthy Food Access Internship with Hope Farms and Recipe for Success Foundation

Hope Farms Showcase and Training Center operates on 7-acres in the historic Sunnyside neighborhood of Houston, Tx, which is considered one of the city's largest food deserts.

A limited number of Internships are offered Summer Term; 35-40 hours per week for 8 weeks. Selected based on the strength of your application and personal interview, successful Intern candidates are offered a financial award upon execution of their minimum work hours and their culminating Service Project and will be provided with documentation to satisfy academic service and learning requirements.

Our seasonal internship program is focused on empowering individuals to become more active in their communities with an emphasis on urban farming and food justice, and provides a hands-on leadership development opportunity for young people while in college. Interns will learn how to grow thousands of pounds of produce while also growing core professional development skills and completing an in-depth service project. Youth will also learn a variety of urban farming skills and gain a deeper understanding of the causes of food access disparities and solutions.

Interns will shadow a member of our farm staff in daily operations at Hope Farms HTX. Interns gain direct experience across the entire process of growing food, from building soil health to planting and harvesting crops. Interns will be involved in: planting and maintenance of vegetable and flower production; market operations; customer deliveries; site maintenance and our work to establish our sustainable operation as a best practice for a small scale urban farming on the Gulf Coast.

Each intern will be responsible for creating one service project for the public with guidance and oversight provided by staff.

Applicants will be judged based on their understanding of

#### *Health and Food Access:*

+ The importance of equitable food access and consumption of fresh fruits and vegetables to maintain good health along with knowledge of farming on the general ecosystem. Obesity and other diet-related illnesses are ravaging communities and impact quality of life, health of the social and economic systems. Access to affordable produce plays a critical role in transforming the health and well-being of children, adults and society at large.

+ The power of food and community as the tenets to maintaining physical, emotional and spiritual health.

+The intersection of sustainable food production to empower healthy people and a healthy planet

#### *Community and Relationship Building:*

+ Hope Farms is an integral part of Recipe for Success Foundation's work to combat childhood obesity with programs that teach, empower and inspire healthy eating. Cultivating good relationships with neighbors and supporters is fundamental to the success of the farm.

+The ability to interact in a sensitive and understanding way with a diverse range of individuals from many backgrounds, experiences and a broad range of ages who visit, from local community members, school groups, volunteers, veterans and funders .

+ A commitment and desire to serve others and do positive work in the world with kindness, compassion, patience, openness, clear communication, self awareness and ability to listen to others.

**To apply, complete the form at the link below:**

<https://forms.gle/zPTQ9nAfxLhjGE5C9>