## Blissful Bath Salts



Immerse yourself in the healing waters of a Bath Salt ritual. These mineral—rich salts are infused with essential oils to cleanse, detoxify, and soothe your entire being. Your bath becomes a sacred space for renewal, where tension melts away and clarity emerges.

## Witchy Wisdom: Waters of Renewal

Water is a sacred element in many traditions, symbolizing purification and emotional release. When combined with salt, which has been used for centuries to cleanse and protect, your bath transforms into a healing sanctuary. Soaking in these salts is a ritual of renewal, allowing the water to wash away physical and energetic impurities.

## Why It's Helpful: Cleanse, Detox, & Rejuvenate

- Soothes sore muscles and reduces tension with magnesium-rich salts.
- Draws out toxins and impurities from the skin, leaving it soft and rejuvenated.
- Calms the mind and promotes relaxation with the therapeutic scent of essential oils

## How to Use: Sacred Soak

Add a generous handful of Blissful Bath Salts to warm running water, stirring the salts into the bath with intention. Soak for at least 20–30 minutes, letting the minerals absorb into your skin. As you immerse yourself, take deep breaths and visualize the water purifying your body and mind, carrying away anything that no longer serves you. Make this a weekly ritual of self-renewal and healing.