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**NORBERT PERSONAL CARE HOME**  
**2413 St. Norbert Street PGH., PA.**  
UNDERSTANDING | OCTOBER 2021 | #144  
E-MAIL: info@Norbertpersonalcare.com

**Love & Patience We Are Thankful & Grateful**

Smell that? That is life! Eating socially, delicious meals in the dining area, smells terrific. Activities varieties are exciting and sometimes exotic! Smell the intrigue! Visitations smell like home, feels like family... **Feels** like *LOVE*.

**OCTOBER...  
Is It Near The End  
Or Near The Beginning?**

\*Isn't it funny how the year falls... Falls? That is now. Autumn is upon us. Autumn gives us falling leaves, crazy frantic squirrels, pumpkins, and a chill in the air. Football games for Friday Night Lights and Steeler Sundays. Pumpkin treats and Halloween sweets.

\*But many feel it leads to the end. End of the year...? Maybe. But then it's a Whole New Year.?? Right? Winter season blankets the Earth with snow and cold, killing everything in its path. Except Pine trees, Holly, and Holidays full of Joy and presentations. Which leads us into a rebirth of *Many Kinds*. Including spring around the corner.

\*SO, as I see it Autumn is a Fresh-Spice-Filled, Colorful-Glowing Season, leading us right into tranquility, hope and of Tidings and Good Joy. **HAPPY FALL YA'LL!**



. Face-Times on iPhones and iPads /or/ Google-Duos on Android and tablets can be scheduled *around* their mealtimes and activities.

E-mail me at: [jtkacs@norbertpersonalcare.com](mailto:jtkacs@norbertpersonalcare.com)



INFORMATION THROUGH COMMUNICATION IS KEY...

One can only guess how another feels. We have not walked in their shoes. Nor have we been in their minds eye of "what life should be". I do know that we all wear shoes, and we all have a picture in mind of what life was supposed to be for us. We need more so, to have a thought, that we are given in life what The Mighty knows we can handle. It may not always be easy, and it may not be sprinkled in chocolate, but we got this! We excel, have worth, stay strong by leaning on each other and lending that ear, hand, or shoulder to get each other through.

Thank you, Residents, Families, Co-Workers, and Management Team... Thank you Nurses, Doctors, Venders and Therapists... Thank you to our wives, husbands, children, and friends for being our Leaners!

### DINING ROOM MEALTIMES

The residents socialize and dine together which is so important for mental and emotional health. It helps to fight depression and great to spread their wings into the building.

#### Mealtimes:

#### **Breakfast:**

7:45 am – 9:15 am

#### **Lunch:**

11:45 am – 1:00 pm

#### **Dinner:**

4:30 pm – 6:00 pm



Do You A Family FRIENDLY Pet Pooch, Fur-Baby, and Family Pawed Addition That Would Like To Visit?

SU"PAW"-DU"PAW"!

All we need is a copy of their latest vaccinations/rabies shots. We will keep it on file so they can visit their Loved Ones Here!



**NOTE:**  
NO DOGGIE IN THE DINING AREA...  
SORRY

### RESIDENT OUTING

**THE RESPONSIBLE PARTY PICKING UP THE RESIDENT MUST HAVE A MASK ON AND WILL HAVE THEIR TEMPERATURE CHECKED.**

**PLEASE LET US KNOW AHEAD OF TIME SO THEY ARE PROPERLY READY TO ENJOY YOUR COMPANY.**

**IF GOING OUT FOR LONG PERIODS OF TIME OVER MEALS, MEDS WILL BE GATHERED & HANDED TO THE RESPONSIBLE LOVED-ONE. THANK YOU FOR YOUR PATIENCE AND COOPERATION.**



*Sometimes, what a person needs is not a brilliant mind that speaks, but a patient heart that listens.*





**TO SCHEDULE  
FOR VISITS...**

**Go onto our **Norbert Personal Care** website, go to Visits on the top header bar, click & schedule your next visit with us. If you have any issue, please do not hesitate to reach out.**

The Scheduling Calendar is getting a reboot and being slightly modified. Adding time-slots, changing to every other Saturday visits and No Holiday scheduled visits. We also have added an extra Outdoor slot making it 3 sets of scheduled visits while the weather is still lovely out.

**ALL** visitations **WILL BE OUTDOORS** during the nice weather days, (except circumstances approved by administration).

For visits on the main entry **1A porch** near the main offices, please contact:  
Jill at [jzotter@norbertpersonalcare.com](mailto:jzotter@norbertpersonalcare.com)  
Roseann at [rrosnick@norbertpersonalcare.com](mailto:rrosnick@norbertpersonalcare.com)  
Michelle at [mamlund@norbertpersonalcare.com](mailto:mamlund@norbertpersonalcare.com)  
or call 412-885-5202 any time!

For any other Visitations, (including 2C porch or Gazebo area, Facetimes or Google-Duo video chats), Schedule on our Norbert Personal Care website. Top header-bar under Visits **OR** please contact **Judy** at: [jtkacs@norbertpersonalcare.com](mailto:jtkacs@norbertpersonalcare.com)

**INDOOR** visits are now available to be scheduled on our website. **ONLY 2** sets of visits per half hour time slots permitted for now.

**ALL non-vaccinated visitors and in-door visits will be with face-coverings for all visitors.**

