

NORBERT  
PERSONAL CARE  
HOME

PH# 412-885-5202  
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ISSUE # 152  
JUNE 2022

VISITATIONS  
THE DOOR TO THE MAIN  
LOBBY ENTRY IS OPEN  
FOR YOU TO VISIT.  
THERE IS STILL  
PROTOCOL THAT NEEDS  
TO BE FOLLOWED.  
**PAGE #4 PLEASE.**



2 OUTINGS IN 1 MONTH!! HOW LUCKY ARE WE TO ENJOY THE GREAT OUTDOORS! CHOOSE THE BRASS BAND & PICNIC LUNCH IN THE PARK. CHOOSE THE PIRATE GAME AGAINST THE CUBS. WHAT THE HECK... CHOOSE BOTH!!



**PERFORMED!**  
MORE IN THE NEWSLETTER.

LOVE HAVING NEW FRIENDS TO DINE WITH, CHAT WITH AND SHARE MEMORIES WITH. IT IS AN HONOR THAT YOU HAVE COME AND CHOSEN TO BE WITH US HERE. PAGE # 4.

True Words Are Rare  
Birds In A Court Like  
This

You only have one life...the question is, how are you going to live it.?. Enjoy each day and be Grateful to live it.

**Try new things. Don't be bored. Find Enjoyment in the environment around you.** Never believe you can't teach an old dog new tricks...**ONLY Believe you have yet to experience it all and want to Have the Adventure Into Tomorrow.**

### Things YOU may have missed out on in MAY...

We went to the PGH Brown Bag Lunch Opera Event and enjoyed an outing from here for the afternoon. AND IT WAS FREE! We had the RMU Jazz band. We had the Brentwood HS Jazz Band. We had DJ Ray & Laura perform. There was a Mother's Day/All Ladies Day Event in a Wonderland Garden. We had our Resident Monthly Picnic Luncheon. We had Men's Club with pizza, drinks and PGH Sports Legends. REMEMBER... Your rooms & T.V.s will still be there. BUT the chance to ENJOY AND SMILE at something away from the T.V. screen is WONDERFUL! You Should Try It!

We were EXTREMELY Fortunate and Grateful to have a Young Man, Mr. Gary, from Boy Scout Troop #6 BROOKLINE, earn his Eagle Scout Award thru a Norbert Project. Mr. Gary was kind enough to ask if we could use his assistance in any projects. After much discussion about our Garden Club, He chose to format, lead a team, fend for materials, draft, and construct not just 1 but 2 beautiful, handicap-accessible, herb box planters for our facility. He finished both, with plants & soil, in time to be awarded his Eagle Scout Award! The Highest Honor in Scouts!



TAKING OUR SEATS

OUR BROWN BAG, PGH OPERA EVENT, WAS SO MUCH FUN & WE LEARNED A LOT TOGETHER!



MEETING THE CAST WAS FANTASTIC!



THANK YOU FOR JOINING ME ON OUR 1<sup>ST</sup> OUTING IN 2 YEARS!

## NORBERT PERSONAL CARE HOME

2413 St. Norbert Street PGH., PA.

CHECK OUR WEBSITE | [JUNE 2022](#) | #152

[E-MAIL: Norbertpersonalcare.com](mailto:Norbertpersonalcare.com)



### **WATER COOLERS ARE HERE!!**

#### **PLEASE HYDRATE.**

WE HAVE BRAND NEW WATER COOLER SYSTEMS ON THE PREMISES. THEY ARE LARGE BLACK SQUARE MACHINES. NOT LIKE THE OLD-FASHIONED ONES YOU ARE USED TO.

THE **BLUE LITE-UP RIGHT SIDE** IS THE COLD-WATER SIDE.

THE MACHINE IS ANTI-MICROBACTERIAL AND IS SAFER FOR SANITATION PURPOSES WITH VIRUSES RUNNING A MUCK. USING THE BATHROOM IS A NECESSARY EVIL ANYWAY, SO DRINK, DRINK, DRINK & STAY HEALTHY!

INFORMATION THROUGH COMMUNICATION IS KEY...



#### **DINING ROOM MEALTIMES**

The residents socialize and dine together which is so important for mental and emotional health. It helps to fight depression and great to spread their wings into the building.

#### **Mealtimes:**

**Breakfast:** 7:30 am – 9:15 am

**Lunch:** 11:45 am – 1:00 pm

**Dinner:** 4:30 pm – 6:00 pm



Information NEEDED to fill out Resident Roundabout Form to go out:

#1. Name of Resident Going?

#2. What Time Is Pick-Up?

#3. Who's Picking Up & A Good Phone #?

#4. Roundabout Time Resident Will Return?

**SAFETY IS A CONCERN THESE DAYS AND OUR 1<sup>ST</sup> PRIORITY IS THE RESIDENTS WE CARE FOR.**

### **INFO FOR VA MEMBERS**

If you are a VA member, you are eligible for free rides to the Dr's by reaching out to the Transportation Department at the VA OR call the front desk at: [#412-360-3620](tel:412-360-3620)



Thank you Bob! Any info that helps guide us in a good direction I will gladly add to the newsletter.

Face-Times on iPhones and iPads /or/ Google-Duos on Android and tablets can be scheduled *around* their mealtimes and activities.

E-mail me at: [wecare4family1776@gmail.com](mailto:wecare4family1776@gmail.com)



SYLVESTER K. 06 / 02

LONAE. 06 / 03

JOAN J. 06 / 09

EDWARD D. 06 / 10

JANET O. 06 / 18



# A Meet & Greet



## Welcome

Resident, Personnel, and Others Come To Norberts

Here are some wonderful **new Residents** joining us in our home. Residents here are whom we adore, work for, take care of and make new friends with. Let's meet some lovely new folks.

**On 1A:** We are happy to meet **Ms. Sandra!** She has a Lovely Fashion Style and looks amazing in her sun dresses. Glad you're part of our community! **On 3B:** You can give a "How do you do and Nice to meet you" to **Mr. John!** Fun guy with a great personality and Lucky at Bingo! We Welcome You with open arms!

**On 3C:** It's a pleasure to meet **Ms. Josie,** who is looking for new friendly faces and lots of new adventures to join into. Sounds Fun-tastic to us!

### STAFF IN THE SPOTLIGHT!

You Are Special Indeed! To work with us of course you are **BUT Caring For Our Residents Makes You A Shining Star!** We are proud to say Hello & meet:

**Ms. Carin in Housekeeping.** A delight to have on the 3<sup>rd</sup> floor. Her you will adore! Willing to help at the drop of a dime. She is around all the time. **Ms. Dawn & Ms. Tina** missed us all so much, they returned to the **med-room** as our **ADON** and **+Med-Tech** without any fuss. There when you need them & LOVE their laughs so! Keeping up they are always on the go, go, go! **Ms. Sydney,** so sweet, such a wonderful treat, to have a little lady on the 3-11 taking us under her wing! Give her a Tweet! **Ms. Lydia,** a day shift aide, has come back to the team. She remembers the scene and is plenty keen on keeping things neat and clean. **Ms. Chloe** who came back on the team. On break from her Notre Dame schooling for the summer scene... **Ms. Rosemary** is a dear! As you have all met, she works in the kitchen and wears her hair net. She is busy at work and smiles right along, even after she has worked at Wendy's all day long. **Ceneada,** as you can see, works at 3. As happy as can be being busy as a bee with thee!

## OUTINGS!!! WHAT A SPECIAL MONTH!

**DO YOU LOVE THE PIRATES??** We would LOVE to go to the **SENIOR DAY EVENT** at PNC Park. Pirates vs. Cubs on Thursday, June 23<sup>rd</sup>. **PLEASE Contact Judy in Activities** to get on the list. **ENJOY An AFTERNOON OUT With US & Your PGH Pirates!**

**FREE!!!** We are scheduling for an **OUTING** on **SUNDAY, JUNE 12<sup>TH</sup>** at Mellon Park for **BACH, BEETHOVAN & BRUNCH IN THE PARK.** Music is supplied by the Brass River Band. We would leave around 9:45 and return around 1:30 **contact Judy** (Access Added To Rent Invoice Following Month)



## GUIDELINES FOR VISITATIONS

- #1. ALL VISITORS WILL WEAR A MASK, THIS IS NOT AN OPTION!**
- #2. SIGN IN AT MAIN LOBBY ENTRY AND TAKE TEMPERATURE.**
- #3. NO VISITATIONS DURING MEALTIMES PLEASE.**

**GOOD TIMES FOR VISITATIONS ARE:**  
**BETWEEN 9:30AM UN TIL 12 NOON;**  
**BETWEEN 1PM TIL 4PM;**  
**AFTER 5:30 TIL 7PM/7:30PM.**

- #4. ALL VISITORS MUST V NO COMMON AREAS, FOR THE TIME BEING. NO CHILDREN, AT THIS TIME, FOR VISITATIONS INSIDE THE FACILITY. THANK YOU, IT IS A PPRECIATED. YOUR COOPERATION IN THESE GUIDELINES WILL HELP US WITH MOVING FORWARD AND HELPING TO KEEP THE DOORS OPEN. VISITS ARE ONLY IN THE RESIDENT'S ROOM OR OUTDOORS.**