



# NORBERT NEWS

ISSUE #157

Norbert Personal Care Home

E-Mail: [info@Norbertpersonalcare.com](mailto:info@Norbertpersonalcare.com) and on [Facebook](#)

PH# 412-885-5202  
FX# 412-885-5203  
2413 St. Norbert Street  
PGH. 15234

Norbert PCH

## NOVEMBER NOBILITY

This month is full of many favorites. Events for folks everywhere. Of course, Thanksgiving is at the top of the list, which always involves football. We have shopping days on Black Friday, small Business Saturday, and Internet shopping Monday. There is daylight savings time on Sunday, November 6<sup>th</sup>. That means moving the clocks back 1 full hour. And who could forget Election Day.... This year's elections have been, if nothing else, a HUGE pain the neck. The commercials, the attacks, the changing of laws and people's rights... Our Country is on a constant battle ground. Who can we trust? Who truly understands a battle ground? THE PEOPLE WHO UNDERSTAND FIGHTING FOR WHAT IS RIGHT & STANDING UP FOR OUR COUNTRY ARE OUR VETERANS. The Veterans who were and are TRULY on the Battle Fields. Fighting for our rights, freedom, and security. Putting their lives on hold and at risk every day to protect this country, our flag, our families, our simpler modern ways of life. VETERAN'S DAY. Veteran's Day. The NOBILIST of these holidays.

## VETERANS DAY

HONORING ALL THOSE WHO SERVED



All Our Nobile & Loving Veterans!

### YOU ARE GOING OUT FOR THANKSGIVING?

HAPPY TURKEY DAY IS COMING AND COMING UP QUICKLY. IF ANY RESIDENT IS GOING OUT WITH LOVED ONES FOR THANKSGIVING, PLEASE LET US KNOW BY FRIDAY 11/18/22. INFORMATION NEEDED WOULD BE THE TIME THEY ARE BEING PICKED UP, AND AN APPROXIMATE TIME/DAY BACK. WE WILL HAVE THEM READY TO GO AND MEDICATIONS PROPERLY HANDLED FOR THEIR TRIP OUT THAT DAY.

FALL BACK



### Daylight savings time changes

Keep an eye on your calendars. It will be coming this month. Sunday, november 6<sup>th</sup> is the official fall back date to turn your clocks back 1hour. SOOOOOO... Before you fall asleep on Saturday, November 5<sup>th</sup>, change your clocks & watches. Turn them back 1 hour. This means darker hours for the evening will come earlier but morning sun will be a little sooner to start your day off in a good way.



A GREAT BIG THANK YOU...



## PAGE #2 SCOOP TO ENTER THE FACILITY

ADMINISTRATION

### VISITATIONS

THE 1<sup>ST</sup> FLOOR MAIN LOBBY ENTRY DOOR IS THE ONLY DOOR OPEN FOR VISITORS.

\*YOU MUST SIGN IN!

\*TEMP TAKEN!

\*\*THE 2C ENTRY IS ONLY FOR 911 ENTRY. THERE ARE STILL PROTOCOLS THAT NEED FOLLOWED. Page 02

## PAGE #3 SCOOP OUTINGS

Activities Department

2 Outings to pick from or choose both. Our 1<sup>st</sup> outing is on Saturday, Nov. 5<sup>th</sup>. Our 2<sup>nd</sup> outing is on Monday, Nov. 21<sup>st</sup>. All information is on page 3, right side column. ANYONE CAN JOIN IN BUT, YOU MUST SCHEDULE WITH ME AHEAD OF THE DATE

## PAGE #2 SCOOP The Latest Meet & Greet

Facility News

LOVE HAVING NEW FRIENDS TO DINE WITH, CHAT WITH AND SHARE MEMORIES WITH. IT IS AN HONOR THAT YOU HAVE COME AND CHOSEN TO BE WITH US HERE.

Page 02





Norbert PCH

## A MEET & GREET IS ALWAYS SOMETHING SWEET

Welcome Residents, Personnel and Other Friendly Faces To Norbert.

Here are some wonderful *new Residents* joining us in our home. Residents here are whom we adore, work for, take care of and make new friends with. Let's meet some lovely new folks.

**On 1A:** *Mr. John B.* a very kind soul. He sits with Mark, and Nora in the dining area. Stop by and say Hello!

**On 2A:** *Ms. Georgie* is neighbors next to Ms. Rosemarie. Glad to have you join our home.

**ON 2B:** *Mr. Dennis L.* has gladdened us with his move in. Very sweet gentleman who sits with Mr. Dale at meals.

**On 3A:** *Ms. Carolyn* has joined us and hopes to get herself stronger. Welcome, we are so glad you have come to our home. We also share that hall with *Ms. Mary Mc.* who moved into the end of the hall.

**On 3C:** At the far end of 3C live *Mr. William (Bill)* and his lovely wife *Kathleen.*



### STAFF IN THE SPOTLIGHT!

*Caring For Our Residents Makes You A Shining Star In Our Book & Theirs! Long Standing Staff Recognitions:*

#### LET US WELCOME:

##### IN DIETARY:

**JAMES** – New Cook  
**DAASAUN (D.J.)** – New Server

##### IN HOUSEKEEPING:

**SCHQUILLE (Lulu)** – New Housekeeper  
**MONSANZA (San)** – New Housekeeper

##### IN NURSING:

**ALEXIS** – New Aide On 3-11 Shift



HOW MANY OF US CAN YOU FIND? WE ARE DISGUISED TO NOT BE EATEN THIS THANKSGIVING... TELL JUDY YOUR ANSWER AS SOON AS YOU CAN TO WIN A PRIZE!!  
**\*\*ONE PRIZE FOR RESIDENTS AND ONE PRIZE FOR STAFF!**



## 5 & 10 Ticket Market Giveaway! Thanks To Holly's Hallmark Store!



**WE WERE BLESSED AND ARE TRULY GRATEFUL FOR HOLLY'S HALLMARK STORE IN CASTLE VILLAGE!**

With the donations the community of shoppers dropped off to Holly's, we were able to set up the 5 & 10 Ticket Market Giveaway Store. **ALL & ANY Resident's** were allowed to start with 2 items of need or importance to grab. The workers also grabbed things for residents who could not help themselves and were in dire need of personal care items. After the pick over, it was free grabbings for the taking. **THE RESIDENTS WERE THRILLED!!** The manager set this all up for us. **AMY HOWARD, THANK YOU!!**



## VISITATION GUIDELINES

#1. **ALL VISITORS WILL WEAR A MASK, THIS IS NOT AN OPTION!**



#2. **ALL VISITORS WILL SIGN IN AT MAIN LOBBY ENTRY AND TAKE TEMPERATURE.**

#3. **NO VISITATIONS DURING MEALTIMES PLEASE.**



**GOOD TIMES FOR VISITATIONS ARE:**  
**BETWEEN 9:30 AM - 12 NOON**  
**BETWEEN 1 PM - 4 PM**  
**AFTER 5:30 PM - 7 PM/7:30 PM**

#4. **ALL VISITORS MUST VISIT IN THE RESIDENT'S ROOMS.**

**\*\*NO 2C ENTRY DOOR! 2C DOOR ENTRY IS FOR 911 ONLY!**  
**\*\*NO CHILDREN, AT THIS TIME, FOR VISITATIONS INSIDE THE FACILITY.**  
**\*\*NO COMMON AREAS INCLUDING DINING AREA.**

THANK YOU, IT IS APPRECIATED.





### **Here is what to do if you would like to go on one of our OUTINGS with us.**

#1.) Look at the calendar of events to see where and when we are going. Info also on page #3.

#2.) *LET JUDY KNOW* that you would like to participate in that outing so I can sign you up for our Access group account. [The charge to ride access gets billed onto your next month's billing/rent cycle. It is cheaper as a group.]

#3.) Money for the event is either a "Pay On Your Own" OR ticket events need to be paid for in advance to Judy in Activities. That's it... easy peasy.



### **Some outings may require family support.**



There may outings that the resident needs a family chaperone who would be present to help push the resident. Volunteers are NOT allowed to push our residents and I am only one person. I Do Love getting them out and about to experience new and wonderful days, so I am asking for your assistance in those matters when your loved one is interested in going on a large excursion. Many, Many Great Thanks in advance of your understanding of this.



### **VETERANS GET FREE RIDES TO THE V.A. HOSPITAL**

If you are a Veteran and have appointments at the V.A. Hospital, you can schedule for your free ride to and from there. Please dial #412-360-6000 then press "0" to ask for "Transportation Services" for you V.A. appointment.

### **UPCOMING OUTINGS SCHEDULED FOR OCTOBER...**

#### **OUTING #1:**

**FAMILY HELP WILL BE NEEDED TO PUSH WHEELCHAIRS FOR THIS EVENT**

#### **OUR LAST TRIP THIS SEASON TO THE LOCAL FARMER'S MARKET!**

**BRING YOUR OWN \$\$**

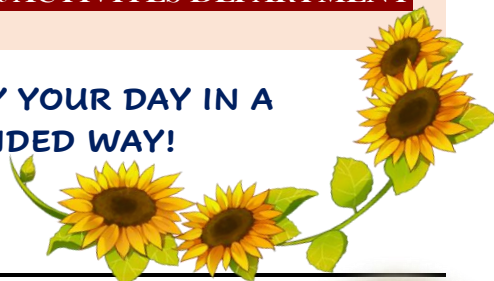
Only pay for something you may want to purchase. Enjoy the event to go out for a bit. Entertainment at the sites, fruits, veggies, pastries and more to check out. Date Saturday, November 5<sup>th</sup>. 9:15am leave time. It will be between meals.

#### **LUNCH OUTING #2**

**OLIVE GARDEN (\$25.00-\$30.00 should cover meal, drinks, dessert, tax & tip with change left over) contact JUDY in ACTIVITIES PLEASE. (Access Added To Rent Invoice Following Month)**

**contact ACTIVITES DEPARTMENT**

**ENJOY YOUR DAY IN A SPLENDED WAY!**





**AUTUMN IN THE COUNTRY...AND WITCHY DOLLS**


## **Activities! Autumn Art In Acrylic & More**

**We Love To Explore New Ideas and Thoughts**

### **Painting Autumn In The Country.**

My classroom full of potential Picassos and they are not afraid to try and put it on canvas. I am so very proud of all who do just that... Try! Art is meant to be different, make it your own. But, with that being said, we always work as a group. One step at a time. This way there is no confusion as to what is coming up next. It also makes it easier to work together, help each other, and follow the Art Instructor with simpler steps. In my class, ANYONE can follow along. When you get stuck, we assist.  **That is what Assisted Living is... you try the best you can until you need our assistance. GREAT WORK EVERYONE!** Until the next art project. Keep Color In Your Life!

**Bottle Witchy Gnome Dolls** were new for us. This was the 1<sup>st</sup> time we had real legs on any of our bottle doll crafts. We are truly grateful for all the pre-prep sewing done ahead of time by our Volunteer Ms. Nadien. She is gifted in the sewing and crafting area of ALL Crafts and Clothing... what would we do without her?! We would have not so nice crafts, that's what. 

I would like to throw out there that **We are always in need of is Tacky Glue and Hot Glue Sticks Thin and Thick sized.** If you're out and about and spot these items for a cheap price, I would be most grateful for the grab. 







## The latest breaking news of the day MORE INFO TO SHARE...



Resident Roundabout Form to go out; INFORMATION NEEDED:

- #1. Name of Resident Going?
- #2. What Time Is Pick-Up?
- #3. Who's Picking Up & A Good Phone #?
- #4. Roundabout Time Resident Will Return?
- #5. What meals are not needed by Norberts?

**THIS HELPS WITH MEDICATIONS & SAFETY IS A CONCERN**



### LUNCH AT WILLOW STATION RESTAURANT & BAR

ON WEDNESDAY, OCTOBER 26<sup>TH</sup>, WE HAD A MAKE-UP LUNCH OUTING. IT WAS A BIT CHILLY OUT. A BIT DRIZZLY OUT. BUT, WOW, IT WAS WORTH IT: THE FOOD & SERVICE WAS GREAT! WILLOW STATION IS IN CASTLE SHANNON, NEAR WILLOW STATION STOP VIA THE TROLLEY SYSTEM. IT IS BEHIND THE BACKSIDE OF ICE CASTLES. WE MISSED OUT ON THE OUTING 2 WEEKS PRIOR DUE TO ILLNESS. I AM SO GLAD WE MADE UP A NEW DATE. THE BOTTLECAP ARTWORK MADE BY ONE OF THE OWNERS IS NIFTY, COLORFUL AND FUN, THE PITTSBURGH ART IN THE MAIN BAR AREA IS SUPER FUN AND EYE CATCHING. WE LAUGHED, SHARED APPETIZERS, TALKED, LISTENED TO MUSIC, AND ENJOYED THE SCENERY OUTSIDE OF BEING AT HOME HERE AT NORBERT'S. IT IS A GREAT WAY TO GET SOME FRESH AIR AND ENJOY SOME GOOD COMPANY OUTSIDE OF THE FACILITY. TRY SOMETHING NEW... WE DID! HOW ABOUT SMORES' NACHOS FOR DESSERT? I KNOW, RIGHT! THANK YOU TO KIMMY AND MIKE FOR JOINING US ON OUR ADVENTURE. THE COMPANY WAS GREAT TO HAVE!



ON ANOTHER SPECIAL THANK YOU NOTE...  
ONCE AGAIN BRENDAN FROM COMMONWEALTH HOSPICE HAD MEN'S CLUB THIS MONTH. IT WENT SMASHINGLY. HE ALSO CAME TO OUR HOWLING HALLOWEEN HAPPY HOUR AND HELPED AGAIN BRINING US OUR 6 PACKS OF BEER AND WINE TO SHARE WITH YOU ALL. WE HAD COCKTAIL WEINIES IN CRESCENT PASTRY, PRETZEL BITES, MAC-N-CHEESE BITES AND LOADED NACHOS MADE TO ORDER. OF COURSE, WE HAD CANDY... IT'S HALLOWEEN TIME. THANK YOU, BRENDAN, FOR YOUR HELP. THANK YOU, SANDY, AND EDDIE, FOR MAKING SURE OUR GOODIES WERE A HIT FROM THE KITCHEN! GRATEFUL TO ALL!!!



## ENJOY YOUR BIRTHDAY AND PLAY FOR THE DAY!



- JOHN W. 11/03
- ALICE H. 11/15
- KATHLEEN Mc. 11/17
- NANCY P. 11/18

