

Mint Oreo

Nutrition Facts

30 servings per container

Serving size 2/3 cup (146mL)

Amount Per Serving

Calories 420

% Daily Value*

Total Fat 25g **32%**

Saturated Fat 14g **70%**

Trans Fat 1g

Cholesterol 90mg **30%**

Sodium 180mg **8%**

Total Carbohydrate 45g **16%**

Dietary Fiber 0g **0%**

Total Sugars 28g

Includes 5g Added Sugars **10%**

Protein 5g

Vitamin D 0mcg **0%**

Calcium 290mg **25%**

Iron 0.4mg **2%**

Potassium 0mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MILK, CREAM, SUGAR, CORN SYRUP, WHEY, NONFAT MILK, STABILIZER (MONO & DIGLYCERIDES, CELLULOSE GUM, GUAR GUM, CARRAGEENAN, DEXTROSE, SILICON DIOXIDE TO PREVENT CAKING), SUGAR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), PALM AND/OR CANOLA OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, PEPPERMINT OIL, ARTIFICIAL COLOR (YELLOW 5 LAKE, BLUE 1 LAKE), CHOCOLATE, ARTIFICIAL FLAVOR, CREME DE MENTHE FLAVOR (WATER, PROPYLENE GLYCOL, XANTHAN GUM, FD&C YELLOW 5, FD&C BLUE 1)

CONTAINS: MILK, WHEAT, SOY

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