Karla Benson Rutten

info@calexanderassociates.com





Specialties

- Training & Facilitation
- Executive & Life Coaching
- Leadership Development
- Strategic Planning
- Organizational Development
- Program Management
- Team Development
- Diversity & Inclusion Training

Industries

- Higher Education
- Nonprofit
- Small Business
- City & Local Government

Certifications

- Community Coaching
- Personal Development
- Green Dot, Etc. Strategy
- Racial Justice Facilitator

Education

- BS Iowa State University
- MA University of Maryland, College Park

"Karla has an incredible way of holding space to discuss issues that invite people to both be heard and take responsibility for their actions. She inspires people to accountability and to connect more fully with their humanity. If you want to level up as a leader and build capacity with your team, Karla is the one for the job."

Career Background

Karla's life and work are rooted in creating spaces and opportunities for people to be their best selves. She excels in identifying and cultivating the talents in others and is a strong communicator, leader, and coach.

A dynamic professional with 20 years of experience as a higher education practitioner and small business owner, Karla has deep experience in diversity and inclusion program development, intercultural communication, facilitation and training, building community partnerships, and creating strong multicultural communities.

Karla is highly skilled in building alliances, motivating people to succeed, and facilitating positive cultural and institutional change.

In all that she does, Karla's ultimate goal is to motivate and inspire people to love who they are; believe in and value the beauty and power of their identities, humanities, and worth; and create the change they seek in themselves and their communities.

Noted Accomplishments

- 2018 Featured Speaker at the MN College Professionals Association Inclusion Institute
- 2018 & 2017 Panelist at the Minnesota Council of Nonprofits Annual Conference
- 2017 Linda Schrempp Alberg Outstanding Contribution to Minnesota Higher Education Award from the MN College Professionals Association
- 2015 Staff Outstanding Service Award at Macalester College
- Founder of the Kente Summit for Collegiate Black Men in Minnesota
- Founding director of the Lealtad-Suzuki Multicultural Center at Macalester College