

SICK OR HURT? WHERE DO YOU GO?



NPO-CIN

**CONTACT
YOUR
DOCTORS**

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I NEED MEDICAL CARE & FEEL SAFE TO WAIT A DAY.

Examples are:

- Runny nose
- Simple backache
- Sore throat or earache
- UTI
- Constipation

NOTE: Your primary care provider may have extended and /or available hours, call today.

**GO TO
URGENT
CARE**

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I NEED MEDICAL CARE TODAY & FEEL SAFE TO WAIT A FEW HOURS.

Please call your Primary Care Physician first even if after normal business hours. They may be able to provide care over the phone or in the office.

Examples are:

- Tried but could not reach my doctor
- Reached the doctor and told to go to an Urgent Care Center

**GO TO
EMERGENCY
ROOM OR
CALL 911**

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I NEED MEDICAL CARE NOW & DO NOT FEEL SAFE TO WAIT.

Examples Are:

- Trouble breathing or chest pain
- Fainting
- Sudden numbness or weakness
- Uncontrolled bleeding
- Severe pain or serious injury