

# CARE MANAGEMENT

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What is Care Management & how can it benefit you and your family?

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## Care Management

Care Management is available to all patients. Our care managers are Mary Jane Rolf, RN, Sarah Broschart, RD. They are part of our medical team that work with your doctor and your family to help you achieve your health goals.

## Dietician Services

Sarah Broschart is a Registered Dietician and can help you make food choices that will optimize your health and prevent disease. We apply nutrition principles to health promotion and the prevention of diet-related disease conditions such as diabetes, heart disease, obesity and many more.

## Behavioral Health

Mary Jane Rolf, RN is our Behavioral Health Care Manager and can help address behavioral needs. Behavioral Health plays a significant role in your overall well-being. It impacts how you think, feel, and behave. We can help give you the insights and tools to better cope with life's challenges.

## Services

Care Management, Dietician and Behavioral Health visits are done in our office and/or by phone calls. We answer questions about your health, medications, and diet. We enhance communication with your physician and make referrals to other resources in the community for additional support for you and your family. We offer support and tools to address behavioral needs. We care about you and want to provide support so that you can lead a happy healthy life.



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Ask your doctor if you would benefit from Care Management!

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