

What do clients say about the self-assessments?

“Understanding how our personality traits interacted really reduced the tension in our relationship.”

AJC

“When I became aware my attachment style was causing me to say and do things that made things worse for my wife; I was able to gain some control over my non-conscious behaviors and we are a lot happier.”

DW



Who We Are

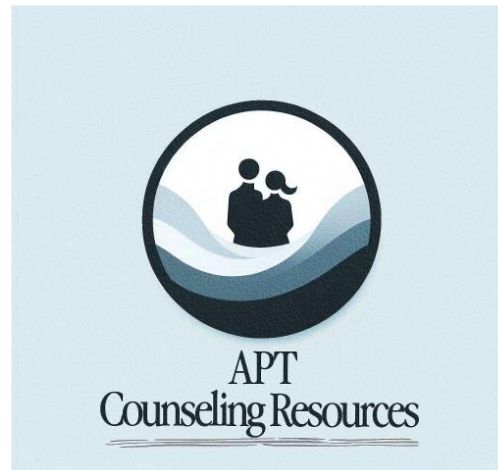
We are a small team of professionals dedicated to providing tools and resources to counselors and therapists to increase their impact in the lives of their clients. We live in Southwest Florida, but serve counselors and therapists across the United States. Our team leader is Dr. David Collins.

Our mission is straightforward and clear:

To support counselors and individuals in healing adult romantic relationships.

How to Contact Us

Phone or Text: 407-341-6384
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Do you have clients with relationship issues? We can help you help them.

APT Counseling Resources

*Supporting Counselors and
Individuals in Healing Adult
Romantic Relationships*



How can APT Counseling Resources help me help my clients?

We offer two uniquely-structured online self-assessments that enable clients to gain practical insights into their attachment styles and personality traits. These self-assessments provide you, as their counselor, with a rich source of information that will enable you to target your guidance and support on the most problematic relationship issues as well as the non-conscious behaviors that are driving them.

Our self-assessments allow clients to complete them in stages, unlike most online “quizzes.” Our setup also allows you to see your client’s responses; providing a much more detailed picture of their beliefs, perceptions and behaviors than what is available from the typical assessments.

What does it cost to use the APT Self-Assessments?

Counselors pay a \$30 per month fee that includes unlimited use of the self-assessments. If no clients use the self-assessments during a calendar month, there is no charge for that month. Unlike a subscription service, you pay only for what your clients actually use.

There is a \$15 fee for facet-level analysis of self-assessments that is charged only when a deeper analysis is requested by the counselor.

What are the benefits of becoming an APT-Certified Counselor?

APT-certified counselors have unlimited access to the APT Self-Assessments and:

- Listing on the APT Counseling Resources website as an “APT-certified counselor.” A great way to get new clients who have relationship issues.
- Quick-response support from APT-CR staff via text or phone that is available 24/7.
- Additional support in the form of facet-level analysis of attachment styles and personality traits (a unique service of APT Counseling Resources).

How can you become an APT-Certified Counselor?

There are two paths...

1. Participate in an afternoon “lunch and learn” session with APT staff.

These 2 -hour sessions are free and include a box lunch and soft drink. Email us for the date, time and location of the next session.

2. View the video series “Using APT Self-Assessments” and complete a brief certification exam.

You can find the videos in the Resource Room of our website. Then, request the exam at APT-CR@Outlook.com.

Counselors with a strong background in attachment styles and personality traits may use the self-assessments without becoming an APT-certified counselor.

Questions?

Email questions to APT-CR@Outlook.com or visit our website at APT-CR.com.

The self-assessments and support material provided by APT CR are for informational and educational purposes only. They are designed to provide insights and share experiences of individuals with similar profiles. The materials are not intended to be a substitute for working with a licensed counselor or therapist.