

What do clients say about the self-assessments?

“Understanding how our personality traits interacted really reduced the tension in our relationship.”

AJC

“When I became aware my attachment style was causing me to say and do things that made things worse for my wife; I was able to gain some control over my non-conscious behaviors and we are a lot happier.”

DW



Who We Are

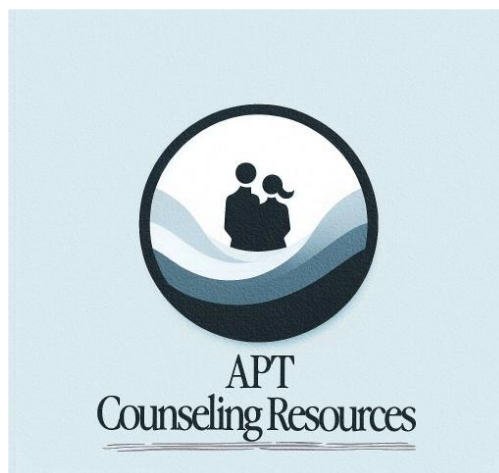
We are a small team of professionals dedicated to providing tools and resources to individuals, couples and counselors to help clarify and resolve relationship issues. We live in Southwest Florida, but serve individuals, couples and counselors across the United States. Our team leader is Dr. David Collins.

Our mission is straightforward and clear:

Our mission is to support counselors and empower individuals to heal adult romantic relationships.

How to Contact Us

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Are you dealing with relationship issues?
We can help.

APT
Counseling
Resources

*Supporting Counselors and
Empowering Individuals to Heal
Adult Romantic Relationships*



How can APT Counseling Resources help me with my relationship issues?

We offer two uniquely-structured online self-assessments that enable people like you to gain practical insights into your attachment styles and personality traits. These self-assessments provide you (and your counselor if you are working with one) with a rich source of information that will enable you to target the most problematic relationship issues as well as the non-conscious behaviors that are driving them.

Our self-assessments can be completed in stages, unlike most online “quizzes.” Our personalized reports provide a much more detailed picture of your beliefs, perceptions and behaviors than what is available from the typical assessments.

What does it cost to use the APT Self-Assessments?

- Individuals and couples pay a one-time fee of \$30 for both self-assessments and clearly-written personalized results.
- APT Partner-Counselors pay a \$30 per month fee that includes unlimited use of the self-assessments at no cost to their clients. If no clients use the self-assessments during a calendar month, there is no charge for that month. Unlike a subscription service, you pay only for what your clients actually use.
- There is a \$15 fee for facet-level analysis of self-assessments that is charged only when a deeper analysis is requested by the counselor.

What are the benefits of becoming an APT-Certified Counselor?

- Listing on the APT Counseling Resources website as an “APT-certified counselor.”
- Referrals from APT Counseling Resources
- Quick-response support from APT CR staff via text or phone that is available 24/7.
- Access to facet-level analysis of attachment styles and personality traits (a unique service of APT CR.)

How can you become an APT-Certified Counselor or APT Partner-Counselor?

1. View our 20-minute overview video presentation on how the self-assessments work.
2. Confirm your knowledge of attachment styles/attachment theory and the Big Five personality traits by responding to a brief questionnaire.
3. Demonstrate your ability to interpret both APT self-assessments by describing your perceptions of a set of self-assessment results.

Reach out to us at APT-CR@Outlook.com to discuss your interest in joining us as an APT-Certified Counselor or an APT Partner-Counselor.

Questions?

Email questions to APT-CR@Outlook.com or visit our website at APT-CR.com.

The self-assessments and support material provided by APT CR are for informational and educational purposes only. They are designed to provide insights and share experiences of individuals with similar profiles. The materials are not intended to be a substitute for working with a licensed counselor or therapist.