

What do clients say about the self-assessments?

“Understanding how our personality traits interacted really reduced the tension in our relationship.”

AJC

“When I became aware my attachment style was causing me to say and do things that made things worse for my wife; I was able to gain some control over my non-conscious behaviors and we are a lot happier.”

DW



Who We Are

We are a small team of professionals dedicated to providing tools and resources to individuals, couples and counselors to help clarify and resolve relationship issues. We live in Southwest Florida, but serve individuals, couples and counselors across the United States. Our team leader is Dr. David Collins.

Our mission is straightforward and clear:

Our mission is to support counselors and empower individuals to heal adult romantic relationships.

How to Contact Us

Text: 407-341-6384

Email: APT-CR@Outlook.com

Web: APT-CR.com

Mail: P O Box 8 Placida, FL 33946

APT Counseling Resources



Serving counselors and couples



Are you dealing with relationship issues?
We can help.

APT Counseling Resources

*Supporting Counselors and
Empowering Individuals to Heal
Adult Romantic Relationships*



How can APT Counseling Resources help individuals and couples with relationship issues?

We offer uniquely-structured online self-assessments that provide practical insights into your attachment styles and personality traits. These self-assessments provide a rich source of information that will enable you to target the most problematic relationship issues as well as the non-conscious behaviors that are driving them.

Our self-assessments can be completed in stages, unlike most online “quizzes.” Our personalized reports provide a much more detailed picture of your beliefs, perceptions and behaviors than what is available from the typical assessments. We charge individuals and couples on a sliding scale. Most pay little or nothing for our products and services.

What does it cost for counselors to use the APT Self-Assessments?

Participating counselors pay a \$25 per month fee that includes use of up to six self-assessments. Unlimited access for high-volume counselors is \$50 per month. If no clients use the self-assessments during a calendar month, there is no charge for that month. Unlike a subscription service, you pay only for what your clients actually use.

There is a \$50 fee for facet-level analysis of self-assessments that is charged only when a deeper analysis is requested by the counselor. This analysis includes counseling recommendations for use by counselors in planning relevant sessions.

Counselors are billed quarterly by APT-CR. Payment is accepted by PayPal or check.

What are the benefits of becoming a Participating Counselor?

- Listing on the APT Counseling Resources website as a “Participating Counselor.”
- Referrals from APT Counseling Resources
- Quick-response support from APT CR staff via text that is available 24/7.

How can you become a Participating Counselor?

1. View our brief overview video presentation on how the self-assessments work. Request a link to the video via email at APT-CR@Outlook.com.
2. Demonstrate your ability to interpret both APT self-assessments by describing your perceptions of a set of self-assessment results. Notify us via email when you’ve completed the overview video and we’ll send you a set of results for you to review and interpret. Questions are provided to guide your responses.

Reach out to us at APT-CR@Outlook.com to discuss your interest in joining us as a Participating Counselor.

Questions?

Email questions to APT-CR@Outlook.com or visit our website at APT-CR.com.

The self-assessments and support material provided by APT CR are for informational and educational purposes only. They are designed to provide insights and share experiences of individuals with similar profiles. The materials are not intended to be a substitute for working with a licensed counselor or therapist.