



**CHB**

*CountryHouseBeauty.co.uk*

# Skin Treatments



## Skin Analysis

FREE

*This is a complimentary service you will receive as part of every facial and can be booked separately, this is an in depth skin analysis.*

## 30 minute facial

£30

*This includes face mapping, cleanse, exfoliate, tone and masque with a facial massage and a moisturiser suited to your skin type.*

## 60 minute facial

£40

*This includes face mapping, double cleanse, exfoliate, steam with extractions (optional), masque, full face neck, shoulder and arm massage, tone and moisturise all using tailored products to your skin type for the ultimate skin experience.*

# Manicure and Pedicure



## File & Polish 15 minutes

*Hands or feet using OPI polish.*

£10

## Manicure 45 minutes

*File, cuticle care, exfoliation, hand and arm massage and OPI polish.*

£20

## Deluxe manicure 55 minutes

*File, cuticle care, exfoliation, hand and arm massage, masque, heated mitts & OPI polish.*

£25

## Pedicure 50 minutes

*Foot soak, File, cuticle care, hard skin removal, exfoliation, foot and leg massage & OPI polish.*

£23

## Deluxe pedicure 60 minutes

*Foot soak, file, cuticle care, hard skin removal, exfoliation, foot and leg massage, masque, heated boots & OPI polish.*

£28

# Waxing

*This is a quick and effective hair removal technique, every treatment is accompanied by calming skin soothing products, can last 3-6 weeks depending on hair re growth.*

*Full leg 45 minutes*

£20

*Half leg 30 minutes*

£15

*Under arm 15 minutes*

£10

*Bikini 15 minutes*

£10

*Brazilian 30 minutes*

£20

*Hollywood 45 minutes*

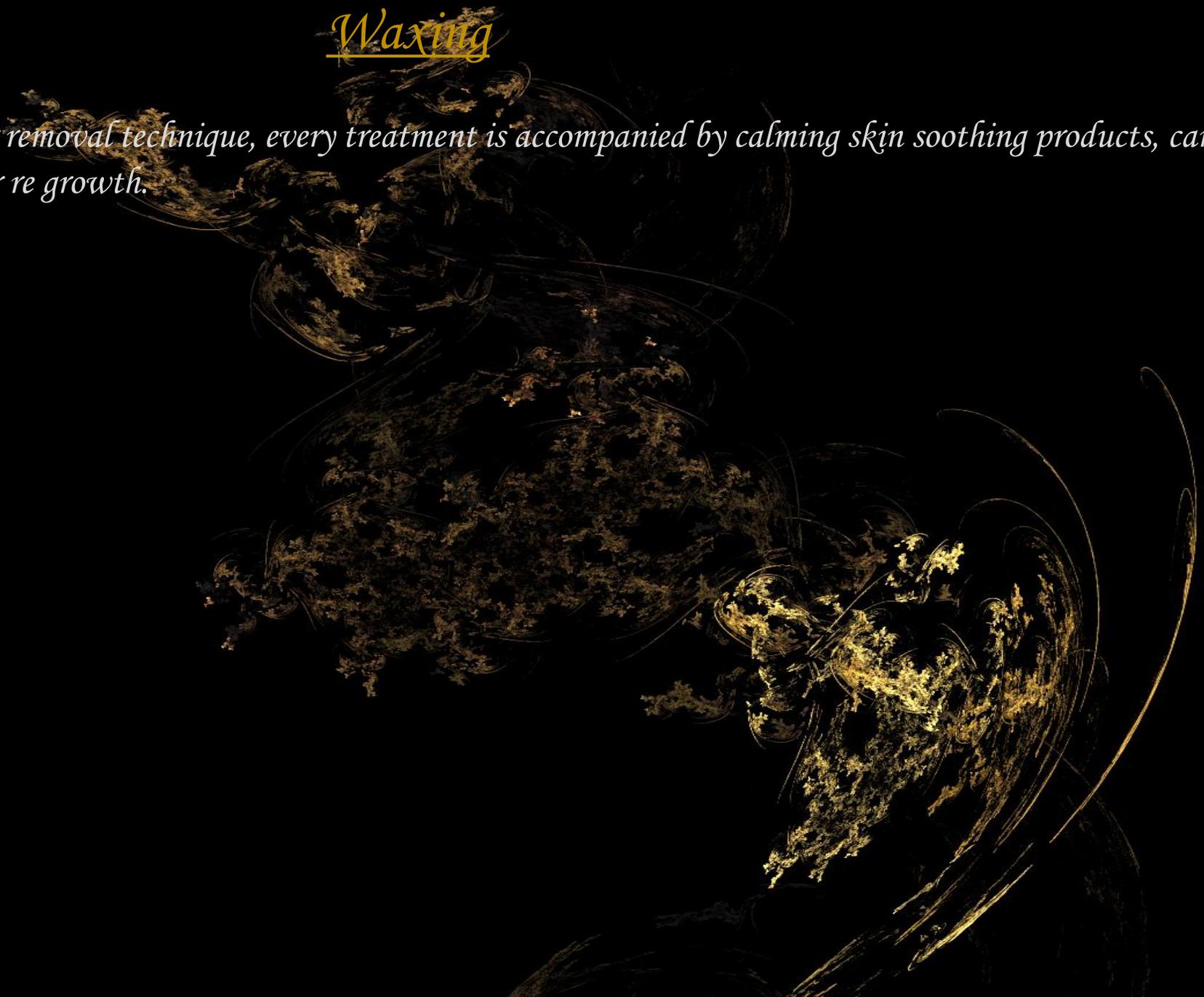
£25

*Brows 15 minutes*

£7

*Lip or chin 15 minutes*

£7



## Eye Treatments

*\*Please note a skin test is required 24hrs before any tinting.*

*Eyebrow Tint 15 minutes*

*£7*

*Eyelash Tint 20 minutes*

*£10*

*Lash & Brow Tint 30 minutes*

*£15*

*Brow wax & Tint*

*£12*

*Eyebrow reshape*

*£20*

*This includes consultation on shape and expectations, wax, tweezing and tint to achieve a new flattering shape and perfectly defined brow. \*Please note for this clients must let the hair grow and not tweeze.*

## Spray Tanning

*LA tanning*

*Full body spray tan 30 minutes*

*£12*

## Hot Stone Massage

*Hot stone massage therapy melts away tension, eases muscle stiffness and increases circulation and metabolism. A hot stone massage therapy session promotes deeper muscle relaxation through the placement of smooth, water-heated stones at key points on the body.*

*Back Only 30mins*

*£25*

*Full Body 1hr 15mins*

*£40*

## Swedish Massage

*Swedish massage is a deeper massage that really works on areas of tension; it increases oxygen flow in the blood and release toxins from the muscles. Swedish massage can promote the body to remove metabolic waste more quickly and effectively.*

*Back Only 30mins*

*£25*

*Full Body 1hr 15mins*

*£40*

## Indian Head Massage

*This is a much more soothing slower massage and concentrates on the head, neck and shoulders; it is derived from the Ayurvedic system of healing which has been used in India for many years.*

*1 hour*

*£30*

## Aromatherapy Massage

*Aromatherapy massage has many benefits. Aromatherapy affects the body in two main ways. The inhalation of aromatherapy oils affects the nervous system, changes heart rate, breathing, digestive functions, stress levels, and triggers memory.*

*Back Only 30mins*

*£25*

*Neal's yard aromatherapy oils*

*100% natural, organic, no animal testing*

*Full Body 1hr 15mins*

*£50*

*Neal's yard aromatherapy oils*

*100% natural, organic, no animal testing*

## Galvanic Facial

*A galvanic facial involves the use of mild electric currents consisting of positive and negative ions to refresh, stimulate and rejuvenate the skin. Reduces dullness and makes skin glow, minimizes fine lines and wrinkles, improves the elasticity of your skin, detoxifies your skin.*

*1hour*

*£40*

## High Frequency Facial

*The High frequency facial is very good for people who are prone to pimples and blemishes. It improves lymphatic drainage and eliminates toxins, mild acne scars, improves the blood circulation, encourages cell renewal and increased the production of collagen and elastin. These are essential for healing the scars.*

*1hour*

*£35*

## *Microdermabrasion Facial*

*Microdermabrasion is the process of using tiny crystals to exfoliate the skin and then drawing out debris and impurities with suction. It uses no chemicals and is not invasive. The procedure removes the dead and dry outer layer of the skin's surface to reveal fresh, healthy skin underneath. It rejuvenates the surface, resulting in a brighter complexion.*

*1hour*

*£35*

*All major credit & debit cards accepted*

# *CHB*

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