

**PARTICIPATION RELEASE FORM
NAYDENOV GYMNASTICS**

1st Participant's Name: _____ Age: _____

2nd Participant's Name: _____ Age: _____

Parent's Name (participant(s) are under 18years): _____

Emergency Contact: _____ Phone: _____

RISK: I acknowledge that participation at Naydenov Gymnastics (NG) entails known and unknown risk that could result in **physical or emotional injury, broken bones, paralysis, or death.**

RELEASE: I hereby agree that myself or my child, adopted or otherwise, my heir or executors, waive and release all rights and claims that I may have at any time against NG or its representatives, whether paid or volunteer, for any injury or damages in connection with the activities offered at NG.

AGREEMENT TO PARTICIPATE: I understand that participation includes the use of trampolines and a variety of other equipment that involve a wide range of height and movement for the participant. I further understand the risk of injury from other participants and various mating and obstacles in the gym. If you or your child/ward is injured, you or your child/ward may require **medical assistance, at your own expense.** I expressly agree and promise to accept all risk existing in this activity. My participation or my child/ward participation in this activity is purely voluntary, and I elect to participate in spite of the risks.

Signature (Parent/Guardian if under 18yrs)

_____ Date _____