



PERMANENT MAKEUP AND PMU TRAINING



## *Permanent Make-up*

# AFTERCARE

1. Keep the area clean: It is important to keep the treated area clean to help prevent infection and ensure proper healing. Gently clean the area with provided cleanser and mix with water. Let brows air dry for 5 minutes. Do this before bed, night of procedure and following morning only!
2. Avoid picking or scratching: Do not pick or scratch at the treated area, as this can lead to infection and may cause the pigment to fade or become uneven or even scar.
3. Avoid direct sun exposure: Avoid exposing the treated area to direct sunlight or tanning beds for at least two weeks after the procedure. Sun exposure can cause the pigment to fade or become discolored.
4. Protect the area with Aquaphor: 1/2 size of grain of rice!! We recommend using a specific ointment or cream to keep the area moisturized and protected. But only according to your skin type. Do Not use vaseline.
5. Avoid strenuous activities that may cause sweating or irritation to the treated area, such as exercise or hot showers, until all flaking or peeling has stopped.
6. Avoid makeup: Avoid wearing makeup on the treated area until all flaking & peeling has stopped.
7. Make your 6-8 week Perfecting appointment online today, Do not wait until its time to have them done again.

IT IS IMPORTANT TO FOLLOW THE SPECIFIC AFTERCARE INSTRUCTIONS PROVIDED TO ENSURE THE BEST POSSIBLE HEALING AND RESULTS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE AFTERCARE PROCESS, BE SURE TO ASK YOUR PRACTITIONER FOR MORE GUIDANCE.