

# DERMAPLANING | *POST TREATMENT*

## **AFTER THE TREATMENT**

Follow a simple skincare routine for 2 weeks. Twice daily cleanse the treated area with a post- treatment cleanser, followed by a moisturizing cream, and then with SPF 30+ sunscreen. Cool water during rinsing is highly advised.

Avoid sun exposure 3 days post treatment; hat, sun umbrella + SPF30 is a must.

Avoid excessive heat 3 days post treatment, i.e. heavy workouts, steam rooms or saunas, etc.

Do not pick the skin.

Avoid chlorine for 24 hours.

Avoid facial waxing for 7 days.

Avoid Dermal Fillers or Botox for 2 to 4 weeks.

No scrubs, polishers, or aggressive brushes should be used for 7 to 14 days.

Apply serums as absorption levels will be elevated. Do not use any products that contains aggressive ingredients like Retinol or harsh acids.

You may experience slight peeling for the first few days. Slight windburn sensation and/or blotchiness are normal for the first few days. Skin care products may tingle or slightly burn for the first 2 days.

For best results, Dermaplaning treatments are recommended every 3-5 weeks.

Please contact your Cosmetic Professional with any post Dermaplaning questions or concerns you may have.

## **RECOMMENDED PRODUCTS**

---

---

---

---

---

---

---