

Weigh In/Photo Regulations:

1. Weigh ins and photos will take place at Powerhouse Troy.
2. Each contestant will wear the same outfit at each weigh in and each photo session.
3. Women are not to wear high waisted pants in photos
4. Photos & weigh ins are to be fasting for a minimum of 12 hours, no liquids the morning of weigh in
5. The goal is to weigh in/take photos under as similar conditions as possible to track your progress

Weigh In/Photo Regulations:

1. CONTESTANTS AGREE TO AN ONSITE WEIGH IN AT POWERHOUSE TROY TO BEGIN THE CONTEST
2. CONTESTANTS AGREE TO 4 INBODY ASSESMENTS TO TAKE PLACE IN PERSON AT POWERHOUSE TROY, OCCURING DURING THE FIRST WEEK OF EACH MONTH OF THE CONTEST
3. CONTESTANTS AGREE TO HAVING BEFORE, AFTER & MONTHLY PHOTOS TAKEN THROUGHOUT THE CONTEST, KNOWING THAT NAMES/FACES & INFORMATION WILL NEVER BE SHARED ONLINE
4. CONTESTANTS AGREE TO 'THE WEIGHT IS OVER CHALLENGE PLLC' OWNING ALL PHOTO & VIDEO MATERIAL SHOT THROUGHOUT THE CONTEST, WHILE PRESERVING ALL CLIENT CONFIDENTIALITY IN SHARED BEFORE/AFTER PHOTOS
5. CONTESTANTS AGREE TO FOLLOW THE PRESCRIPTION WEIGHT LOSS DOSING EXACTLY AS INTENDED, **IF FOR WHATEVER REASON THE MEDICATION IS LOST/DAMAGED THROUGHOUT THE CONTEST, THEY WILL BE ELIMINATED. THIS IS TO BOTH ENSURE PATIENT SAFETY AND FAIRNESS TO ALL CONTESTANTS.**
6. CONTESTANTS AGREE TO FOLLOWING THE MEDICATION GUIDELINES EXACTLY AS DESCRIBED BY DR. ZAYID, UNDERSTANDING THAT INCREASING THE DOSING WILL RESULT IN RUNNING OUT OF MEDICATION THAT WILL NOT BE REFILLED PRIOR TO COMPLETING THE COMPETITION.