



Good Genetics  
Aesthetics  
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# Fat Dissolving Injections

## AFTERCARE

Following these aftercare guidelines is essential to reduce the risk of complications, improve your comfort and healing, and achieve the best possible results from your Fat Dissolving treatment.

- It is important to **drink plenty of water** to help your body eliminate excess waste. We recommend consuming 2 litres of water per day.
- **Avoid sun exposure, sunbeds, or heat treatments** for one week post-treatment to minimize the risk of hyperpigmentation.
- **Do not apply makeup** to the treated area in the first 24 hours.
- **Refrain from touching the area** or applying excessive pressure while it is healing.

**You may experience any of the following side-effects in the first week:**

- You may experience itching, stinging, redness, or warmth in the treatment area. These sensations can last from a few hours to a couple of days.
- Swelling and bruising are normal and may persist for several days. Swelling can last up to 4 weeks, gradually decreasing each week. A second session cannot be scheduled before the 4-week mark.
- The skin may feel tender to the touch and heavy, especially under the chin area.

**IT IS IMPORTANT TO FOLLOW THE SPECIFIC AFTERCARE INSTRUCTIONS PROVIDED TO ENSURE THE BEST POSSIBLE HEALING AND RESULTS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE AFTERCARE PROCESS, BE SURE TO ASK YOUR PRACTITIONER FOR MORE GUIDANCE.**

## **Medical Attention**

- Contact your practitioner immediately if you experience any signs of infection, such as hot, red, shiny skin, pus formation, fever, or feeling generally unwell.
- Seek emergency medical attention if you experience severe allergy symptoms, including rash, facial swelling, or difficulty breathing.
- Contact your practitioner as soon as possible if you notice any other unwanted side effects.