



Good Genetics
Aesthetics
BY NATALIE FACCINI



Chemical Peel **AFTERCARE**

Following these aftercare guidelines is essential to reduce the risk of complications, improve your comfort and healing, and achieve the best possible results from your Chemical Peel treatment.

- **Sun Protection:** Use a sunscreen with a minimum SPF of 30 during the day and avoid high sun exposure. If you are traveling to a warmer climate, you should use a higher SPF. Avoid sunbeds for at least 2 weeks before and 4 weeks after your treatment.
- **Heat and Sweating:** Refrain from hot baths, exposing your face to hot water, and excessive sweating for at least 48 hours after the procedure.

Post-Peel Sensations

- Depending on your skin's sensitivity, you may experience tingling, burning, itching, dryness, redness, or tightness after a chemical peel. Peeling or flaking typically begins within a week.
- Many clients notice results immediately after a peel. However, for some, **it may take up to 6 weeks**, depending on factors such as skin type, condition, targeted treatment, age, and how your skin reacts post-peel. A series of sessions may be required to achieve the desired results.
- Although rare, some clients might experience mild sloughing, which could include weeping or scabbing. **Avoid picking at any cuts or flakes** as this could lead to scarring or discoloration.

IT IS IMPORTANT TO FOLLOW THE SPECIFIC AFTERCARE INSTRUCTIONS PROVIDED TO ENSURE THE BEST POSSIBLE HEALING AND RESULTS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE AFTERCARE PROCESS, BE SURE TO ASK YOUR PRACTITIONER FOR MORE GUIDANCE.

Medical Attention

- Contact your practitioner immediately if you experience any signs of infection, such as hot, red, shiny skin, pus formation, fever, or feeling generally unwell.
- Seek emergency medical attention if you experience severe allergy symptoms, including rash, facial swelling, or difficulty breathing.
- Contact your practitioner as soon as possible if you notice any other unwanted side effects.