



BELIZE

AGES
5-7

JUNIOR ADVENTURE PACK

Explore with Nick and Aya



Hello Explorer!

Join Nick and Aya as you discover Belize,
home to the amazing Barrier Reef,
ancient Maya cities, lush jungles,
and incredible wildlife!

.....
Complete fun activities, learn fascinating facts,
and earn your Junior Explorer Certificate!



Name: _____

Date: _____



LET'S
EXPLORE
TOGETHER!

YOUR JUNIOR ADVENTURE MISSIONS



☐ CORAL REEF



☐ MAYA CITIES



☐ WILDLIFE



☐ BEACHES



☐ CULTURE



☐ CERTIFICATE



DISCOVER • LEARN • EXPLORE • DREAM





BELIZE'S AMAZING CORAL REEF

AGES
5-7

A LIVING TREASURE

The Mesoamerican Barrier Reef is the second-largest barrier reef in the world and a home to thousands of sea creatures!

1 THE BELIZE BARRIER REEF

- Home to hundreds of fish species
- Colorful corals build the reef
- Protects our coastlines
- Provides food and jobs for many people

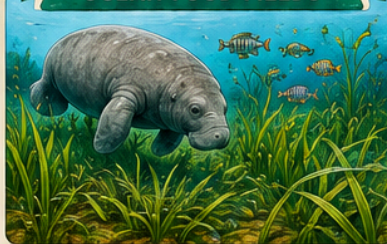


2 MANGROVES: NATURE'S NURSERIES



- Protect coastlines from storms
- Shelter baby fish and other animals
- Filter and clean the water

3 SEAGRASS MEADOWS: OCEAN FOOD FIELDS



- Provide food for animals like manatees
- Home for tiny sea creatures
- Help keep the ocean healthy and clean

4 WHY CORAL REEFS NEED OUR HELP



Less pollution
Keep our oceans clean.



Responsible farming
Healthy land keeps
rivers clean.



Healthy mangroves
Strong mangroves protect
our reefs.



Clean rivers
Clean water flows to
the ocean.

= Healthy Reefs! ❤️

DID YOU KNOW?



Coral reefs are made by tiny living animals called polyps. They build reef slowly over thousands of years!



HOW NATURE IS CONNECTED



Rainforest
Plants and trees keep soil in place.



Rivers
Clean water flows to the mangroves.



Mangroves
They clean water and protect the coast.



Seagrass
It keeps the water clear and healthy.



Coral Reef
A healthy ocean is home to amazing life!

ACTIVITY: CONNECT THE OCEAN

Draw arrows to show how nature is connected!



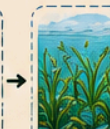
Rainforest



River



Mangrove



Seagrass



Coral Reef



THINK & TALK

- Why are coral reefs important?
- How do mangroves help the ocean?
- What can we do to protect Belize's reefs?

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AMAZING MAYA CITIES!

♥ ANCIENT CITIES IN THE JUNGLE ♥



The ancient Maya built incredible cities deep in the jungle over 1,000 years ago! They were expert builders, astronomers, and storytellers. Let's explore their amazing world!



COMPLETE THE ACTIVITIES!

- 1 Match each Maya structure to what it was used for.



PYRAMID / TEMPLE



BALL COURT



OBSERVATORY



PALACE

- Watched the stars and planets
- Where games and ceremonies were held
- Houses for Maya leaders and families
- Places for ceremonies and offerings

- 2 Help Nick and Aya find their way through the jungle to the Maya pyramid!



- 3 Find and circle these hidden items in the picture above.



MACAW



JAGUAR



CEIBA TREE



STONE MASK



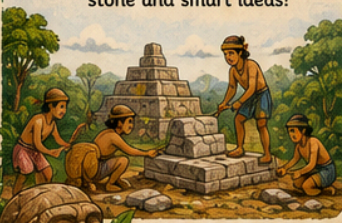
TOUCAN



MAYA VASE

DID YOU KNOW?

- 1 The Maya had no wheels or metal tools, but they built huge cities using stone and smart ideas!



- 2 They observed the stars to create calendars and plan farming, celebrations, and ceremonies.



- 3 Many Maya cities, like Caracol and Xunantunich in Belize, are still hidden in the jungle today!



★ WELL DONE, EXPLORER! ★

You discovered the incredible Maya cities and the amazing people who built them!

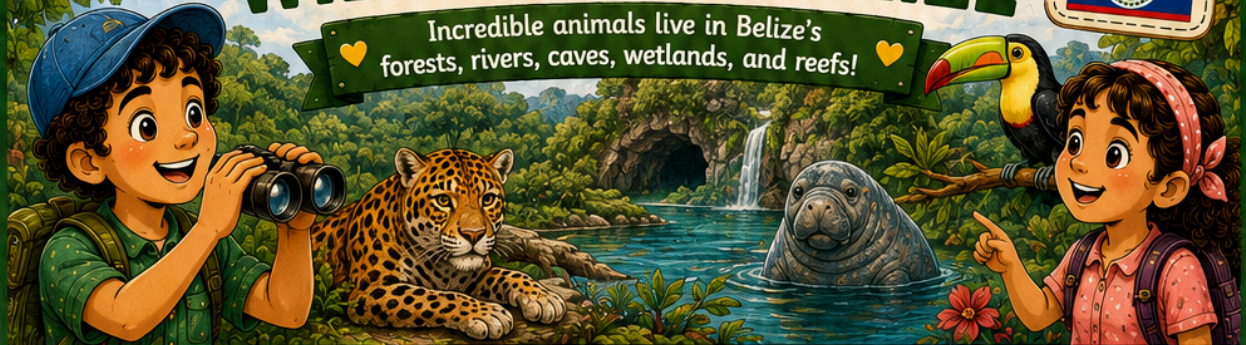


AMAZING WILDLIFE OF BELIZE

NICK & AYA
JUNIOR
ADVENTURE
PACK



Incredible animals live in Belize's
forests, rivers, caves, wetlands, and reefs!



RAINFOREST



JAGUAR

A powerful cat
with beautiful
spots.



HOWLER MONKEY

Known for its loud
morning calls.



KEEL-BILLED TOUCAN

Belize's national bird
with a colorful beak.



BAIRD'S TAPIR

Belize's national
animal.

RIVERS & WETLANDS



AMERICAN CROCODILE

One of the largest
reptiles in the
Americas.



GREEN IGUANA

Often seen basking
in the sun near
rivers and trees.



JABIRU STORK

The tallest flying
bird in Belize.



MANATEE

Gentle giants that
eat seagrass and
love warm waters.

CAVES



FRUIT BAT

Helps pollinate
plants and spread
seeds.



CAVE CRICKETS

Live in dark caves
and help break
down leaf litter.



CAVE FISH

Small fish that
live in underground
rivers and lakes.

Belize has one of the
largest cave systems
in Central America!

COASTS & WETLANDS



ROSEATE SPOONBILL

Uses its spoon-shaped
bill to find food in
shallow waters.



MORELET'S CROCODILE

Lives in coastal
lagoons and
mangrove swamps.



BLACK NECKED STILT

Wades in shallow
water looking for
small animals.

CORAL REEF



NURSE SHARK

Gentle sharks that
rest on the ocean
floor.



SPOTTED EAGLE RAY

Graceful swimmers
that glide over the
coral.



SEAHORSE

Tiny and unique
creatures found
in seagrass.



PARROTFISH

Help keep the reef
healthy by eating
algae.

ACTIVITY TIME!

1 MATCH IT!

Draw a line to match each animal
to its home.



Jaguar



Coral Reef



Manatee



Rivers &
Wetlands



Toucan



Rainforest



American Crocodile



Coasts &
Wetlands



Nurse Shark



Caves

2 WHO AM I?

Read the clues and write the name
of the animal.

- I have a long beak that looks like a spoon. _____
- I am a big reptile that lives in rivers and can swim. _____
- I glide over the ocean with wide wings. _____
- I have spots and am a powerful cat of the jungle. _____
- I am a gentle sea mammal that eats seagrass. _____

3 COLOR & LEARN!

Color your favorite Belize animal!



DID YOU KNOW?

Belize is home to over 500
species of birds and more
than 1,500 kinds of plants!



THINK & DISCUSS

- Which animal would you most like to see in Belize? Why?
- How do different habitats help animals survive?
- What can we do to help protect Belize's wildlife?

BE A WILDLIFE HERO!

Never feed wild animals.
Keep our forests, rivers,
and reefs clean.
Protect their homes!

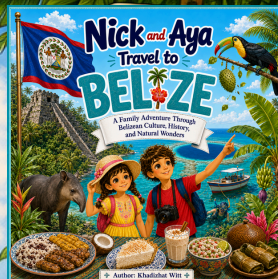


DISCOVER • LEARN • EXPLORE • DREAM



AMAZING BELIZE'S BEACHES!

♥ SUN, SAND & SEA ADVENTURES ♥



Belize is home to beautiful beaches along the Caribbean Sea!

From sandy shores and swaying palms to crystal-clear waters and colorful reefs, our beaches are perfect for relaxing, exploring, and having fun!

LET'S
EXPLORE
TOGETHER! ♥

1 BEACH MATCH!

Match each beach with its description.

Placencia



A small island with a relaxed, "go slow" vibe and clear blue waters.

Ambergris Caye



A long, sandy peninsula with calm waters and beautiful sunsets.

Hopkins



A friendly beach village known for Garifuna culture.

Caye Caulker



Belize's biggest island, great for snorkeling and diving near the Barrier Reef.

2 WORD SEARCH!

Find these beach words in the puzzle.

SAND
OCEAN
PALM
SHELL
SUN
WAVES
REEF
SNORKEL
RELAX
BEACH

B	E	A	C	H	S	U	N	V
O	C	E	A	N	R	E	E	F
P	A	L	M	W	A	V	E	S
S	H	E	L	L	R	E	L	A
N	S	N	O	R	K	E	L	X
D	T	G	K	B	E	A	C	H
R	E	L	A	X	S	A	N	D



3 OCEAN LIFE!

Write the name of each sea creature.



4 WHAT BELONGS AT THE BEACH?

Circle the items you would take to the beach.



Sunscreen



Beach Ball



Winter Jacket



Snorkel Gear



Flip Flops



Books



Sandcastle Bucket



Raincoat



Water Bottle

5 DRAW YOUR PERFECT BEACH DAY!

Draw a picture of your perfect day at the beach in Belize.



DID YOU KNOW?

The Belize Barrier Reef is the second-largest barrier reef in the world! It protects our beaches and is home to thousands of sea creatures.



THINK & DISCUSS

- What is your favorite thing to do at the beach?
- How do our beaches help animals and people?
- What can we do to keep our beaches clean?

BE A BEACH HERO! ♥

Use the 3 Rs to protect Belize's beaches:

REDUCE, REUSE, RECYCLE!



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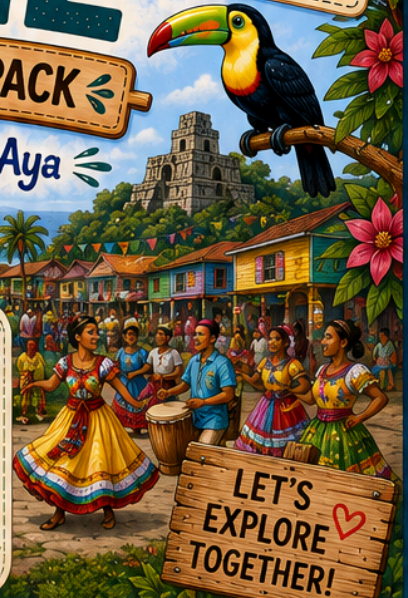
Explore with Nick and Aya



Hello Explorer!

Belize has a rich and diverse culture shaped by Maya traditions, Garifuna rhythms, Creole flavors, and many other influences. From music and dance to food and festivals, let's discover what makes Belize unique!

Complete fun activities, learn fascinating facts, and earn your Junior Explorer Certificate!



THE MANY CULTURES OF BELIZE

MAYA HERITAGE



The Maya are Belize's ancient people.

- Built amazing cities and pyramids
- Created calendars and artwork
- Their traditions continue today



GARIFUNA CULTURE



The Garifuna people bring vibrant traditions.

- Famous for music and drumming
- Love dance and storytelling
- Celebrate with food and festivals



CREOLE HERITAGE



Creole culture blends African, European, and Caribbean roots.

- Colorful language and customs
- Delicious dishes and drinks
- Unique homes and lively communities



OTHER CULTURES



Many other cultures make Belize special.

- Mestizo, East Indian, Mennonite, Chinese, and more
- Share traditions, foods, and values
- All live together in harmony



FESTIVALS & MUSIC



We love to celebrate with music, dance, and joy!

- Carnival and September Celebrations
- Parades, costumes, and live music
- Memories that last a lifetime!



1 MATCH IT!

Draw a line to match each culture with something it is known for.

Maya

- Drumming and punta music
- Ancient pyramids and calendars

Garifuna

- Colorful parades and costumes
- Blending many traditions

Creole

- Delicious food and unique language

Other Cultures

Festivals & Music

2 WHO AM I?

Read the clues and write the name of the culture.

- 1 My ancestors built great cities like Caracol and Xunantunich. _____
- 2 My music, drumming, and dance are famous! _____
- 3 I speak a Creole language and love rice and beans! _____
- 4 My roots come from many countries and traditions. _____
- 5 We celebrate with festivals full of color and music! _____

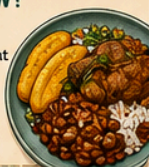
3 DRAW & COLOR!

Draw a picture of a festival or traditional dance in Belize.



DID YOU KNOW?

Belize is home to people from more than 12 different cultures speaking many languages. That makes Belize truly beautiful!



THINK & DISCUSS

- Why is it important to respect different cultures?
- How do traditions help people stay connected to their history?
- What is your favorite part about Belize's culture?



BE A CULTURE CHAMPION!

Learn, respect, and celebrate differences. Be kind, be curious, and help keep Belize's culture strong for the future!



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BELIZE

JUNIOR EXPLORER CERTIFICATE

This certificate is proudly presented to

for completing the Junior Adventure Pack
and showing amazing curiosity, learning,
and a love for exploring Belize!



DISCOVERED
NATURE



EXPLORED
ANCIENT CITIES



LEARNED ABOUT
WILDLIFE



ENJOYED OUR
BEACHES



CELEBRATED
CULTURE

★ WELL DONE, EXPLORER! ★

Date

Explorer Leader

FUTURE
PROTECTOR OF
BELIZE

