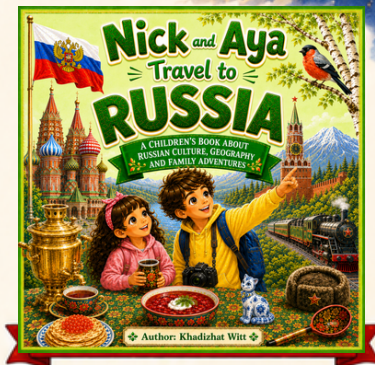


RUSSIA

JUNIOR ADVENTURE PACK!



Get ready for a fun adventure across the largest country in the world!
Explore amazing places, learn new things, and discover the people, nature, and traditions of Russia.



2

GEOGRAPHY

Learn about Russia's land, mountains, rivers, lakes, and regions.



3

NATURE: PLANTS & ANIMALS

Discover amazing plants and animals that call Russia home.



4

TRADITIONS AND CULTURE

Explore Russian traditions, food, art, music, and special celebrations.



5

RUSSIA IN THE WORLD

See how Russia connects to other countries and shares great ideas with the world.



6

LEARN RUSSIAN

Learn fun Russian words and phrases!

Привет!
(Privet! – Hello!)



7

CERTIFICATE

You did it!
Celebrate your adventure through Russia!



Every page is a new adventure!
Let's explore Russia together!



GEOGRAPHY ADVENTURE

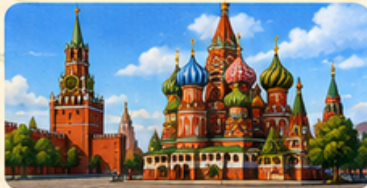
EXPLORE RUSSIA!

AGES
5-7



★ Check each place after you discover it in the book! ★

- ☐ **MOSCOW**
Russia's capital, famous for Red Square and the colorful St. Basil's Cathedral.



- ☐ **TATARSTAN**
A republic where Tatar and Russian cultures have lived together for centuries.



- ☐ **SIBERIA**
A vast land of forests, rivers, snowy winters, and amazing wildlife.



- ☐ **KAMCHATKA**
Home to volcanoes, geysers, brown bears, and wild salmon.



- ☐ **SAINT PETERSBURG**
Known for beautiful canals, grand palaces, and the Hermitage Museum.



- ☐ **THE CAUCASUS MOUNTAINS**
One of Russia's highest and most spectacular mountain regions.



- ☐ **LAKE BAIKAL**
The deepest and one of the oldest freshwater lakes on Earth.



- ☐ **VLADIVOSTOK**
A Pacific Ocean city at the end of the famous Trans-Siberian Railway.



DRAW & DISCOVER

Draw one of these in each box!



A famous building



A mountain



A train



A volcano

RUSSIA FUN FACTS



Russia is the largest country in the world.



It stretches across 11 time zones!



Russia shares borders with 14 countries.



Russia has coastlines on 12 seas and 3 oceans (the Arctic, Pacific, and Atlantic through the Baltic and Black Seas).



The Trans-Siberian Railway is one of the longest train journeys in the world.

MINI CHALLENGE

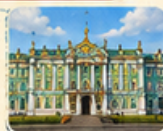
Can you find these in the book? ♥



☐ A volcano



☐ A frozen lake



☐ A palace



☐ A mosque



☐ A mountain village



☐ A train

Russia is full of forests, mountains, lakes, and tundra. Many plants and animals call it home!

NATURE

PLANTS & ANIMALS

Meet Russia's Wild Neighbors!

ANIMALS – WHO AM I?

1



Brown Bear

- Loves berries, fish, and honey.
- Can stand taller than most people.
- Sleeps through much of the winter.

2



Baikal Seal (Nerpa)

- Lives only in Lake Baikal.
- Can stay underwater for a long time.
- One of the world's only freshwater seals.

3



Siberian Tiger

- The largest wild cat on Earth.
- Thick fur keeps it warm during snowy winters.
- Usually hunts alone.

4



Reindeer

- Both males and females grow antlers.
- Walk easily across snow with wide hooves.
- Some people in northern Russia raise them.

5



Moose

- The largest member of the deer family.
- Excellent swimmer.
- Eats leaves, twigs, and water plants.

6



Steller's Sea Eagle

- One of the world's biggest eagles.
- Lives near the Pacific coast.
- Loves catching salmon.

TREES & PLANTS



Birch Tree

Russia's national tree. Its white bark makes it easy to recognize.



Siberian Pine

Produces large pine cones with tasty pine nuts.



Larch Tree

One of the few pine trees that turns golden and drops its needles every autumn.



Wild Blueberries

Grow across forests and are enjoyed by both people and bears.



Edelweiss

A small mountain flower that grows high in the Caucasus Mountains.



Moss

Creates soft green carpets across many forests.

WHAT DOES ENDEMIC MEAN?

A plant or animal is **ENDEMIC** when it lives only in one place in the world and nowhere else naturally.

Example: The Baikal seal (nerpa) is endemic to Lake Baikal. That means you can't find it in any other lake or ocean!



TRUE OR FALSE?

Circle True or False.

1. A moose is smaller than a rabbit. True False
2. Baikal seals live in freshwater. True False
3. Birch trees have white bark. True False
4. Siberian tigers live in the desert. True False
5. Reindeer can walk easily on snow. True False
6. Steller's sea eagles catch fish. True False
7. The taiga is a very dry place. True False



NATURE FACTS



Russia is home to the largest forest on Earth, called the taiga.



The Siberian tiger is the largest tiger in the world.



Lake Baikal is the deepest freshwater lake on Earth.



Brown bears can smell food from several kilometers away!

DRAW YOUR OWN FOREST!

Imagine you are walking through a Russian forest. Draw one animal, one tree, one flower, and one bird.



Give your forest a name:



LOVE NATURE • PROTECT ANIMALS • CARE FOR OUR PLANET

TRADITIONS & CULTURE

DISCOVER RUSSIA'S TRADITIONS!



MATCH THE TRADITION

Draw a line to match each picture with its description.



Matryoshka Dolls



Samovar



Balalaika



Blini



Karavai Bread



Khokhloma

- Wooden dolls that fit one inside another.

- A special urn used to heat water for tea.

- A traditional three-string musical instrument.

- Thin pancakes often served with honey, jam, or sour cream.

- A beautifully decorated loaf of bread used to welcome honored guests.

- Bright red, black, and gold folk art painted on wooden bowls and spoons.

WHICH ONE BELONGS TOGETHER?

Draw a line to match the tradition with its use.



Samovar



Balalaika



Matryoshka



Blini



Khokhloma



Karavai Bread

- Tea time

- Music

- Toy & souvenir

- Food

- Folk art

- Welcoming guests

PEOPLE & BELIEFS

People in Russia follow different religions. Many families celebrate different holidays and traditions.

✝ CHRISTIANITY



Many people in Russia are Orthodox Christians. They often visit churches with colorful domes and celebrate holidays like Christmas and Easter.

🕌 ISLAM



Many Tatars, Bashkirs, Chechens, Dagestanis, and other peoples are Muslims. They gather in mosques to pray and celebrate holidays such as Eid.

🌀 BUDDHISM



Some people in places like Buryatia, Kalmykia, and Tuva follow Buddhism. They may visit peaceful Buddhist temples, called datsans, to pray and learn.

❤️ LIVING TOGETHER



Russia is home to more than 190 different ethnic groups. People speak many languages, enjoy different foods, celebrate different holidays, and help make Russia a diverse country.

DESIGN YOUR OWN MATRYOSHKA!

Draw a face, add flowers, shapes, or patterns, and design colorful traditional clothing.



LOOK CLOSELY!

How many can you find?

- ☐ A samovar
- ☐ A balalaika
- ☐ A matryoshka doll
- ☐ A loaf of bread
- ☐ A wooden spoon with Khokhloma painting

NEW WORD

HOSPITALITY

means making visitors feel welcome and treating them with kindness.



RUSSIA IN THE WORLD

HOW RUSSIA HAS HELPED SHAPE OUR WORLD

Russia is a large and diverse country that has contributed many great ideas, discoveries, art, and achievements that people enjoy all around the world.



GREAT IDEAS & DISCOVERIES



Yuri Gagarin

First person to travel into space.



Dmitri Mendeleev

Created the first periodic table of the chemical elements.



Pyotr Tchaikovsky

Wrote beautiful music performed around the world.



Russian Ballet

Famous for graceful dancers and exciting performances.



DID YOU KNOW?



Russia helped begin the Space Age when it launched Sputnik, the world's first artificial satellite.



The periodic table that students learn in science classrooms today was created by Russian scientist Dmitri Mendeleev.



Russian stories, music, and ballet are enjoyed by people all over the world.



Many athletes from Russia have won Olympic medals in sports such as gymnastics, figure skating, wrestling, and fencing.

WHERE DOES RUSSIA CONNECT?

Draw a line to match each place.



China



Asia



Japan



Across the Sea of Japan



United States



Across the Bering Strait



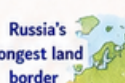
Finland



Europe



Kazakhstan



Russia's longest land border



Mongolia



South of Siberia

WHICH ONE BELONGS?

Circle the item that does not belong.



CIRCLE THE CORRECT ANSWER

1 Russia is in...

- ☐ Europe only
- ☐ Asia only
- ☐ Both Europe and Asia

2 How many time zones does Russia have?

- ☐ 3
- ☐ 7
- ☐ 11

3 Which lake is the deepest freshwater lake on Earth?

- ☐ Lake Victoria
- ☐ Lake Baikal
- ☐ Lake Titicaca

4 What was the name of the first artificial satellite?

- ☐ Apollo
- ☐ Voyager
- ☐ Sputnik

NEW WORDS

Scientist

A person who studies how the world works and discovers new ideas.



Astronaut

A person who travels into space.



IMAGINE THE FUTURE!

If you could invent something to help people around the world, what would it be?

Draw your invention in the box and give it a name.

My invention is called _____

BIG IDEAS CAN COME FROM ANYWHERE. WHAT WILL YOU DISCOVER?

LEARN RUSSIAN!

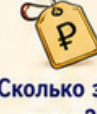
Hello! Let's learn some words and phrases.



1. HELLO & GOODBYES

	Привет! (Privet!)	Hello!
	Пока! (Poka!)	Goodbye!
	Доброе утро! (Dobroye utro!)	Good morning!
	Добрый вечер! (Dobryy vecher!)	Good evening!
	Спокойной ночи! (Spokoynoy nochi!)	Good night!

2. USEFUL WORDS

		
Спасибо (Spasibo) Thank you!	Пожалуйста (Pozhaluysta) Please / You're welcome	Да (Da) Yes
		
Нет (Nyet) No	Извините (Izvinite) Excuse me / I'm sorry	Я не понимаю (Ya ne ponimayu) I don't understand
		
Хорошо (Khorosho) Good / OK	Давайте! (Davayte!) Let's go!	Сколько это стоит? (Skol'ko eto stoit?) How much is it?

3. NUMBERS 1-10

1 один (odin)	2 два (dva)	3 три (tri)	4 четыре (chetyre)	5 пять (pyat')
6 шесть (shest')	7 семь (sem')	8 восемь (vosem')	9 девять (devyat')	10 десять (desyat')

4. MATCH IT!

Draw a line to match the Russian word to the picture.

- дом (dom)
- яблоко (yabloko)
- книга (kniga)
- кошка (koshka)
- мяч (myach)



5. MINI CONVERSATION

Read the conversation with a friend or family member!



Привет! Как тебя зовут?
(Privet! Kak tebya zavut?)
Hello! What is your name?

Меня зовут Аня.
(Menya zavut Anya.)
My name is Anya.



Очень приятно!
(Ochen' priyatno!)
Nice to meet you!

И мне приятно!
(I mne priyatno!)
Nice to meet you too!



6. WRITE IT!

Practice writing these Russian words.

Привет
(Privet)

Привет Привет

Спасибо
(Spasibo)

Спасибо Спасибо

Дом
(Dom)

Дом Дом

Кошка
(Koshka)

Кошка Кошка



Practice a little every day, and you'll speak Russian one day! ♥

RUSSIA

JUNIOR EXPLORER

This certificate is proudly presented to

Congratulations!

You've completed your adventure through Russia!
You discovered amazing places, learned new things,
and celebrated the traditions and culture of this
incredible country.

★ Keep exploring, keep learning, and
never stop being curious! ★

Date: _____

Explorer Signature: _____

