

BOLIVIA

AGES
5-7

JUNIOR EXPLORER PACK

Explore with Nick and Aya



¡Jallalla Explorers!

Join Nick and Aya as you explore Bolivia, a land of high mountains, vast salt flats, ancient cultures, unique wildlife, colorful traditions, and tasty foods!

Complete fun activities, learn fascinating facts, and earn your Junior Explorer Certificate!

PLACES & LANDMARKS



Discover amazing places and landmarks!

HISTORY & LEGENDS



Learn about ancient civilizations and stories!

CULTURE & TRADITIONS



Explore traditions, festivals, music, and more!

WILDLIFE & PLANTS



Get to know local flora and fauna!

LEARN SPANISH

¡Hola!
Hello!

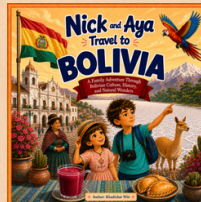
¡Gracias!
Thank you!

Learn easy Spanish words and phrases!

CERTIFICATE



Earn your Junior Explorer Certificate!



Name: _____

Date: _____



DISCOVER ♥ LEARN ♥ EXPLORE ♥ DREAM



PLACES & LANDMARKS

BOLIVIA



Bolivia is full of special places!
Discover some of its most famous landmarks.

LA PAZ

The highest capital city in the world! It sits high in the Andes Mountains.



LAKE TITICACA

The world's highest navigable lake. People have lived here for thousands of years.



SUCRE

The official capital of Bolivia. It is a beautiful colonial city with white buildings and red tile roofs.



UYUNI SALT FLATS

The world's largest salt flat. During the rainy season, it turns into a giant mirror!



POTOSÍ

Once one of the richest cities in the world because of the silver mines.



ORURO CARNIVAL

A colorful celebration with music, dancing, and amazing costumes.



TOROTORO NATIONAL PARK

Famous for its canyons, caves, waterfalls, and dinosaur tracks from long ago!



SAMAIPATA FORTRESS

An ancient site in the mountains. Nobody knows exactly who built it!



DID YOU KNOW?



Bolivia has mountains, deserts, jungles, and plains!



There are more than 20 different indigenous cultures.



Bolivia is home to llamas, alpacas, and vicuñas.



The official languages are Spanish and many indigenous languages.



LET'S EXPLORE!

Match each landmark to what makes it special.

- | | |
|--------------------------|------------------------------|
| • La Paz | • Turned into a giant mirror |
| • Lake Titicaca | • Colorful celebration |
| • Uyuni Salt Flats | • Ancient ruins |
| • Potosí | • Highest capital city |
| • Oruro Carnival | • Silver mining history |
| • Torotoro National Park | • World's highest lake |
| • Samaipata Fortress | • Dinosaur tracks and caves |



Every place has a story. Keep exploring!





HISTORY & LEGENDS

BOLIVIA

Travel Through Bolivia's Past



Bolivia has been home to many cultures for thousands of years.
Long before the Spanish arrived, people built cities,
farmed the mountains, and created roads that crossed the Andes.
Today, their stories are still part of Bolivia.



1 TIWANAKU

Look at the ancient stone city of Tiwanaku, built more than 1,000 years ago near Lake Titicaca.



Did you know?

Many of the giant stone blocks weigh several tons and were moved without modern machines!



2 THE INCA EMPIRE

The Inca people ruled much of the Andes before the Spanish arrived. They built mountain roads, bridges, and terraces to grow crops high above the valleys.



ACTIVITY

✓ Circle the foods the Incas grew:



Potatoes
☐



Corn
☐



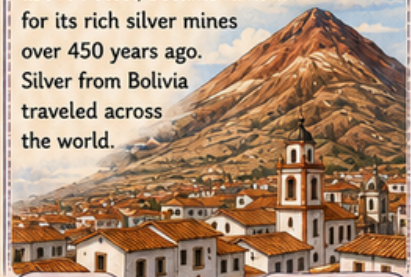
Quinoa
☐



Rice
☐

3 SILVER MOUNTAIN

Cerro Rico, the mountain above Potosí, became famous for its rich silver mines over 450 years ago. Silver from Bolivia traveled across the world.



SPOT IT!

Can you find:

- ☐ A miner's helmet
- ☐ A silver coin
- ☐ A mountain



4 LEGEND OF THE SUN ISLAND

According to an old Andean legend, the Sun and Moon began their journey from Isla del Sol on Lake Titicaca. Many families still tell this story today.



5 THE DANCING DEVILS

One of Bolivia's best-known legends is celebrated during the Oruro Carnival. Dancers wear colorful masks and costumes to tell the story of good overcoming evil.



FUN FACTS



Bolivia became an independent country in 1825.



The country is named after **Simón Bolívar**, one of South America's independence leaders.



Bolivia has 37 **official languages**, including Spanish, Quechua, Aymara, and Guaraní.

ADVENTURE CHALLENGE

Match the clue to the place!

PLACES

- Tiwanaku
- Cerro Rico
- Lake Titicaca
- Oruro

CLUES

- Ancient stone city
- Silver mountain
- Legend of the Sun
- Carnival with dancing masks

MY FAVORITE STORY

Draw or write about the legend or historical place you liked best.



Every place has a story waiting to be discovered!



CULTURE & TRADITIONS

BOLIVIA

Celebrate Bolivia!

Bolivia is home to many cultures. Families across the country celebrate with music, colorful clothing, festivals, and foods that have been enjoyed for generations.

1 THE ORURO CARNIVAL

One of Bolivia's biggest celebrations is the Oruro Carnival. Dancers wear bright costumes and detailed masks while performing traditional dances through the streets.



LOOK CLOSELY!

Can you spot?

- ☐ A feathered mask
- ☐ A trumpet
- ☐ A drum
- ☐ A colorful costume



2 WEAVING TRADITIONS

ACTIVITY

Many families weave blankets, ponchos, hats, and bags using wool from llamas and alpacas. Every region has its own patterns and colors.

Draw your own colorful woven pattern inside the textile square.



3 FOODS OF BOLIVIA

People across Bolivia enjoy many traditional foods.

Circle the foods you would like to try:

- ☐ Salteñas
- ☐ Anticuchos
- ☐ Humintas
- ☐ Quinoa soup



☐ Api
(warm corn drink)

4 MUSIC OF THE ANDES

Traditional music often includes instruments such as:

- Panpipes
- Charango
- Drums
- Quena flute



MATCH THE INSTRUMENT

Draw a line from each instrument to the musician playing it.



5 TRADITIONAL CLOTHING

Different communities wear clothing that reflects their history and local traditions.

Match each item:

- Bowler hat
- Pollera skirt
- Poncho
- Woven shawl (aguayo)



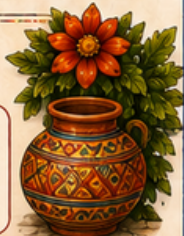
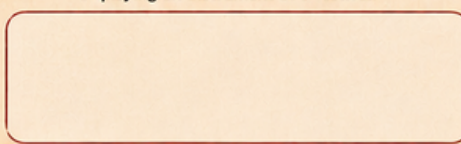
DID YOU KNOW?

- ★ Bolivia has dozens of Indigenous communities, each with its own traditions.
- ★ Many festivals include music, dancing, and colorful parades.
- ★ Quinoa has been grown in the Andes for thousands of years.
- ★ Llama and alpaca wool help make warm clothing for mountain weather.



CREATE YOUR OWN FESTIVAL

Draw yourself wearing a traditional Bolivian outfit or playing an instrument at a festival.



♥ Every tradition helps tell Bolivia's story!



WILDLIFE & PLANTS

BOLIVIA

Bolivia is home to incredible wildlife and plants in many different places, from high mountains to tropical forests!

WHERE CAN YOU FIND THEM?

THE ANDES

High mountains and cold plains.



ALTIPLANO

Vast highlands and lakes.



DRY VALLEYS

Sunny valleys and canyons.



TROPICAL FORESTS

Warm, lush jungles.



WETLANDS

Rivers, lakes and marshes.



PLANTS OF BOLIVIA

QUEÑUA TREE



Grows high in the Andes. Its bark and leaves help people and animals.

POLYLEPIS (PAPER TREE)



These trees have peeling bark and can live for hundreds of years!

GIANT CACTUS



Some cacti in the dry valleys can grow very tall and store water.

PUYA



A bromeliad plant with spiky leaves and tall flowers.

HELICONIA



Tropical plant with bright flowers that attract birds and insects.

AMAZING ANIMALS



VICUÑA

A wild relative of the llama. Its soft wool is very special.



ANDEAN CONDOR

One of the largest flying birds in the world.



SPECTACLED BEAR

The only bear species that lives in South America.



GIANT OTTER

Playful otters that live in rivers of the Amazon rainforest.



MANED WOLF

A unique animal that lives in the grasslands and savannas.



PINK RIVER DOLPHIN

Also called "buefo", it lives in rivers of the Amazon.



BLUE-THROATED MACAW

A colorful parrot found in the Bolivian forests.



JAGUAR

A powerful cat that lives in the jungle.



ANDEAN FLAMINGO

Lives in lagoons high in the mountains.

SPOT & CHECK!

Can you find these animals or plants in the book?



Vicuña

☐

Giant otter

☐

Queñua tree

☐

Andean condor

☐

Puya

☐

Spectacled bear

☐

Pink river dolphin

☐

Polylepis

☐

Blue-throated macaw

☐

Giant cactus

☐

★ FUN FACTS! ★



Bolivia is one of the most biodiverse countries in the world.



More than 1,400 species of birds live in Bolivia.



Many plants and animals in Bolivia are endemic, which means they are found only here!



Protecting nature helps protect the future for wildlife and people.



Many communities work to care for the land and live in harmony with nature.



DRAW & LABEL

Draw your favorite animal or plant from Bolivia and label it!

DID YOU KNOW?



Llamas and alpacas are very important in the Andes. They help people by carrying loads, giving wool, and even helping fertilize the soil!



Let's explore and protect the wildlife and plants of Bolivia!



LEARN SPANISH

BOLIVIA

Learn some useful Spanish words and phrases to use on your adventure!

1. GREETINGS & POLITE WORDS

¡Hola!	(OH-lah)	Hello!
Buenos días	(BWEH-nos DEE-as)	Good morning!
Buenas tardes	(BWEH-nas TAR-des)	Good afternoon!
Buenas noches	(BWEH-nas NOH-chess)	Good evening / Good night!
Por favor	(por fah-VOR)	Please.
Gracias	(GRAH-see-as)	Thank you!
De nada	(deh NAH-dah)	You're welcome.
Perdón	(per-DOHN)	Excuse me / Sorry.
¿Cómo estás?	(KOH-moh es-TAHS)	How are you?
Estoy bien, gracias	(es-TOY bee-en, GRAH-see-as)	I'm good, thank you.



2. TRAVEL & PLACES

	¿Dónde está ...? (Don-deh es-TAH ...?)	Where is ...?
	Derecho (deh-REH-cho)	Go straight.
	A la izquierda (ah lah ees-KEER-dah)	To the left.
	A la derecha (ah lah deh-REH-chah)	To the right.
	Cerca (SEHR-kah)	Near.
	Lejos (LEH-hos)	Far.
	¿Dónde está el baño? (Don-deh es-TAH el BAH-nyo?)	Where is the bathroom?

3. FOOD & DRINKS

	Quiero una salteña. (KEE-eh-roh oo-nah sal-TEH-nyah.)	I want a salteña.
	Quiero sopa de quinua. (KEE-eh-roh SOH-pah deh kee-NWAH.)	I want quinoa soup.
	Quiero un api. (KEE-eh-roh oon ah-PEE.)	I want an api.
	Agua, por favor. (AH-gwah, por fah-VOR.)	Water, please.

4. NUMBERS (1-10)

1	uno	(OO-noh)	6	seis	(sehs)
2	dos	(dohs)	7	siete	(SYEH-teh)
3	tres	(trehs)	8	ocho	(OH-cho)
4	cuatro	(KWAH-troh)	9	nueve	(NWEH-veh)
5	cinco	(SEEN-koh)	10	diez	(dyehs)

5. MATCH IT!

Draw a line to match the Spanish phrase to the picture.

¡Hola!	•	•	
Gracias	•	•	
¿Dónde está el baño?	•	•	
Quiero una salteña.	•	•	
Agua, por favor.	•	•	

6. FILL IN THE BLANK

Choose the correct Spanish word from the box.

Gracias Por favor Buenos días De nada

- _____ when you ask for something.
- _____ when someone thanks you.
- _____ to say "good morning".
- _____ to say "thank you".

7. FUN CHALLENGE!

Practice with a friend or family member! Try this mini conversation.

- A: ¡Hola! ¿Cómo estás?
B: Estoy bien, gracias. ¿Y tú?
A: Muy bien. ¿Dónde está el baño?
B: Está cerca. Ve derecho y luego a la izquierda.
A: ¡Gracias!
B: ¡De nada!



Keep practicing! Every new word helps you connect with new friends and places.



EXPLORER OF BOLIVIA

THIS CERTIFICATE IS PROUDLY PRESENTED TO



for showing curiosity, learning about
Bolivia's places, people, culture,
wildlife, and history.

Keep exploring the world!

DATE

SIGNED



Great explorers respect, protect,
and care for our beautiful planet!

